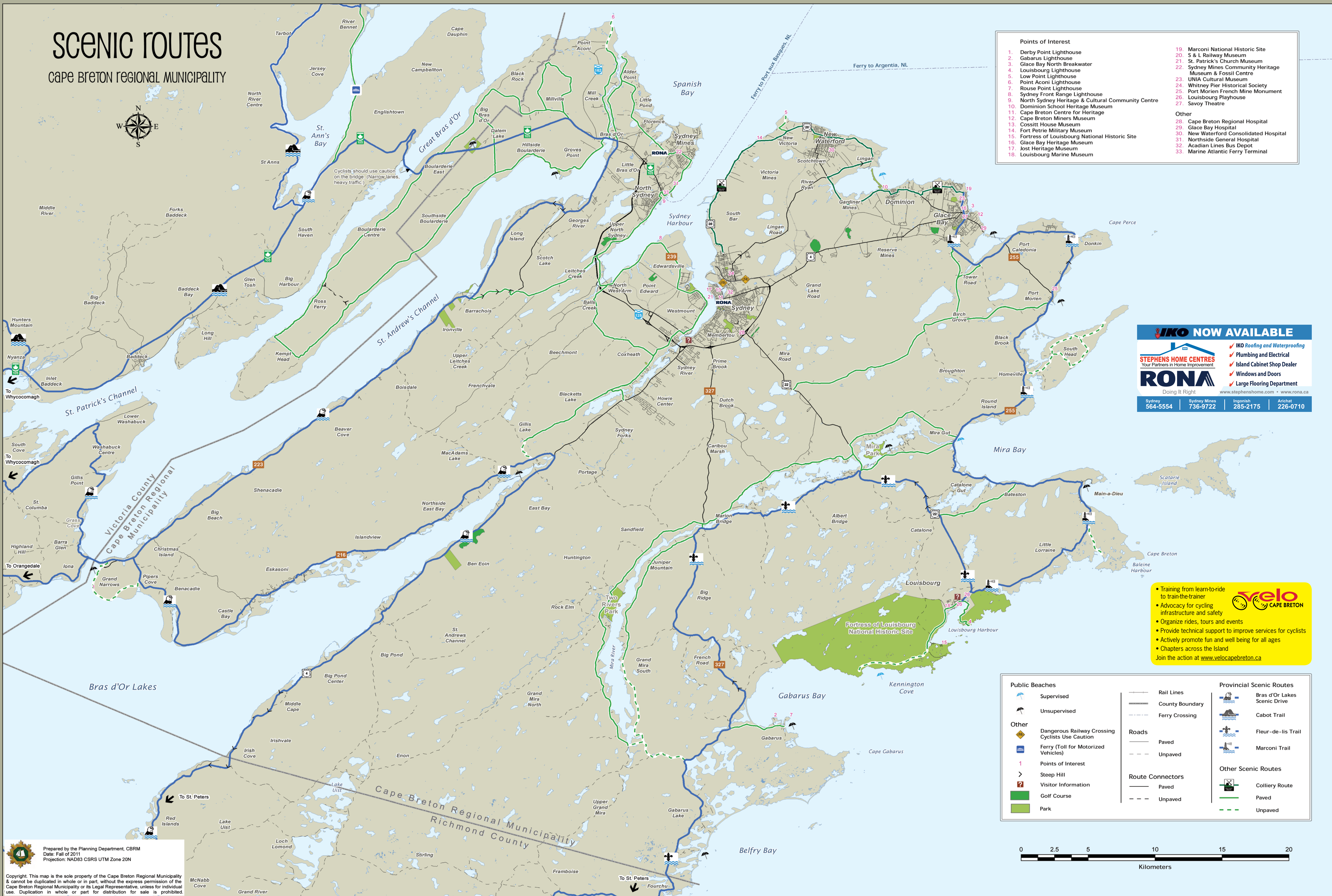


SCENIC ROUTES

CAPE BRETON REGIONAL MUNICIPALITY



Planning a cycling trip in another part of the CBRM? Why not travel part of the way on one of the CBRM transit busses? The entire bus fleet is equipped with bike racks that hold either 2 or 3 bikes. The racks come in handy when the weather unexpectedly changes for the worse, too! For more information on transit fares, routes and schedules, check out www.cbmr.ns.ca/transit.html

CBRM's Active Transportation Plan makes many recommendations to improve conditions for walking and cycling in the CBRM. Although not confirmed at the time of publication, the following improvements are planned for 2012:

- Bike lanes on George Street between Desbarres and Townsend Streets
- Paved shoulders on the SPAR Road in Sydney between Lingan Road and Garth Wilson Drive

For more information on the Active Transportation Plan, visit www.cbmr.ns.ca/active-transportation.html



Cape Breton is one of the world's most beautiful islands, and our rural roads offer great cycling opportunities in unparalleled scenic settings. For more information on visiting the island, please visit <http://www.cbisland.com/home.html>



C B R M

CYCLING ROUTES

2011-2012



ABOUT THIS MAP

This map was prepared by the Cape Breton Regional Municipality's Active Transportation Committee in partnership with Velo Cape Breton.

The CBRM has published this map to encourage cycling as a practical and healthy means of transportation and recreation. The map should not be construed as representing the absence of hazards for cyclists on any particular street, nor is it intended to suggest that cycling is only permitted on the identified streets. Cycling is allowed on all streets and roads except where expressly prohibited and the prohibition is indicated by signs.

You should use your own judgment, based on your level of experience and cycling ability in dealing with vehicular traffic, in deciding if you should take these suggested routes. Caution is advised on all routes at all times. The routes suggested in this map are not intended as a guide for children.

USERS OF THIS MAP BEAR FULL RESPONSIBILITY FOR THEIR OWN SAFETY AS WELL AS THE RESULTS OF THEIR OWN NEGLIGENCE.

FEEDBACK

It is intended that this map will be updated periodically, so map users are encouraged to contact CBRM to report errors or to suggest improvements to the map. Send all comments by email to ATMap@cbmr.ns.ca.

To report road hazards, please call: 563-5225 (Sydney)

842-1171 (Glace Bay, Dominion, New Waterford and Louisbourg)

794-6450 (North Sydney and Sydney Mines)

563-2240 (Rural and Suburban roads)



Bicycle Safety

The Cyclist - According to the Nova Scotia Motor Vehicle Act cyclists have the same rights and responsibilities as motorists. When cyclists and motorists follow the same set of rules, the chance of a collision is greatly reduced.

Cycling Strategies: Be Alert, Be Visible, Be Predictable

Where To Ride on the Road - Ride on the right side of the road with the flow of traffic. Use as much of the lane as required to be safe from roadside hazards.

Signals - Cyclists should use these hand signals to indicate a turn or a stop. An alternate right hand signal is widely recognized.

