Career Development at Memorial University

It is never too early to connect with your university's career centre or make an appointment with a career advisor. A career advisor provides students with career coaching. Through career coaching, students gain self-awareness to make informed decisions about their career planning and employment goals. Career advisors are available to support students at all stages of their academic journey, whether you're a first year student, or about to graduate.

Becoming familiar with their campus' career centre can connect students with opportunities (e.g. employment programs, professional development, access to employers, networking events, etc.) that they may not otherwise be aware of. There is no wrong time to reach out to the career centre – students do not need to have a career goal in mind, or even know their program of study, to meet with an advisor. In fact, a career advisor can talk to students about their strengths and interests and provide tools and guidance they can use to shape their academic decisions and identify career goals.

To make an appointment with a career advisor at Memorial University, students can download the <u>Navigate for Students app</u> or by contacting <u>careerevelopment@mun.ca</u>.

General Overview

<u>Career Development</u> (Student Life) and faculty-specific Career Advisors provide Memorial students with career-related supports to help them increase self-awareness, make informed decisions about career planning and goals, and promote overall academic, personal, and professional success. This includes:

- one-on-one career advising
- resume/cover letter critiques
- mock interviews
- career resources and tip sheets
- career workshops and programs (including specialized career programming for international students)
- access to employers (e.g. career fairs, networking events, information sessions)
- access to career assessment tools
- on and off campus job posting boards

Student Skills & Competencies

Student Life at Memorial has developed <u>10 Student Success Competencies</u> that Memorial students gain as a result of their experiences in and out of the classroom. These competencies were developed from Memorial University's Teaching and Learning Framework in conjunction with Memorial University's School of Graduate Studies, the National Association of Career Educators, and the Conference Board of Canada. These competencies represent what students at Memorial University can gain as a result of their experiences inside as well as outside of the classroom. There are also faculty-specific competencies developed by academic programs.

Diversity Services

Career Development (Student Life) works closely and collaboratively with Accessibility Services, i.e. The Blundon Centre (Student Life) as well as the Internationalization Office. This includes shared career advisor roles for students with disabilities and international students that dual-report to the above offices respectively. This approach allows Career Development to best support Memorial's diverse student population, including those who face barriers to employment.