

MEALS - CENTRAL HALIFAX

MEAL	MON	TUES	WED	THURS	FRI	SAT	SUN
BREAKFAST	Brunswick St Mission 7:00 - 8:00am Hot Breakfast	Brunswick St Mission 7:00 - 8:00am Hot Breakfast	Brunswick St Mission 7:00 - 8:00am Hot Breakfast	Brunswick St Mission 7:00 - 8:00am Hot Breakfast	Brunswick St Mission 7:00 - 8:00am Hot Breakfast	Brunswick St Mission 7:00 - 8:00am Hot Breakfast	St Matthew's United Church 8:00-9:30am Hot Breakfast
LUNCH	Hope Cottage 10:00-11:00am Soup & Sandwich ----- Soul's Harbour Mission 1:00-3:00pm Hot Lunch ----- St Mary's Basilica 1:30-3:30pm Drop-In Sandwiches/ Coffee	Hope Cottage 10:00-11:00am Soup & Sandwich ----- Soul's Harbour Mission 1:00-3:00pm Hot Lunch ----- St Mary's Basilica 1:30-3:30pm Drop-In Sandwiches/ Coffee	Hope Cottage 10:00-11:00am Soup & Sandwich ----- St Paul's Church 12noon-12:30 Soup/Desserts ----- Soul's Harbour Mission 1:00-3:00pm Hot Lunch ----- St Mary's Basilica 1:30-3:30pm Drop-In Sandwiches/ Coffee	Hope Cottage 10:00-11:00am Soup & Sandwich ----- Soul's Harbour Mission 1:00-3:00pm Hot Lunch ----- St Mary's Basilica 1:30-3:30pm Drop-In Sandwiches/ Coffee	Hope Cottage 10:00-11:00am Soup & Sandwich ----- St. David's Church 10:00am-12noon Lunch ----- Soul's Harbour Mission 1:00-3:00pm Hot Lunch ----- St Mary's Basilica 1:30-3:30pm Drop-In Sandwiches/ Coffee	Soul's Harbour Mission 12noon-1:00pm Hot Lunch	
SUPPER	Hope Cottage 5:00-6:00pm Hot Meal ----- Salvn. Army Halifax Citadel Church Hot Meal 5:00-6:00pm	Hope Cottage 5:00-6:00pm Hot Meal	Hope Cottage 5:00-6:00pm Hot Meal	Hope Cottage 5:00-6:00pm Hot Meal	Hope Cottage 5:00-6:00pm Hot Meal ----- Soul's Harbour Mission 6:00-7:00pm Hot Meal	St George's Round Church 4:00-5:00pm Hot Meal ----- St Paul's Parish Hall "FISH" Drop-In Coffee/Tea/ Sweets 6:00-8:00pm	St Andrew's United Church 4:00-5:30pm Hot Meal

ADDRESSES

BRUNSWICK ST MISSION

2107 Brunswick St, Ph: 423-4605
Serves Breakfast Mon-Sat 7-8am
Doors open 6am-9am
Men & Women

HOPE COTTAGE

2435 Brunswick St, Ph: 429-7968
Serves Lunch Mon-Fri 10-11 am
& Supper Mon-Fri 5-6pm
Men & Women 19yrs +

SALVATION ARMY HALIFAX

Citadel Church basement
1327 Barrington St, Ph:
422-3621 Serves Supper Mon
only 5-6pm
All welcome

SOUL'S HARBOUR MISSION

5568 Cunard St, Ph: 405-4663
Serves Lunch Mon-Fri 1-3pm
& Sat 12noon-1pm
Supper Fri only 6-7pm

ST ANDREW'S UNITED CHURCH

6036 Coburg Rd, Ph: 492-2577
Serves Supper Sun only
4-5:30pm

ST DAVID'S PRESBYTERIAN CHURCH

"DAVID'S PLACE"
1544 Grafton St, Ph: 423-1944
Serves Lunch Fri only 10am-12noon
Doors open 8:30am

ST GEORGE'S ROUND CHURCH

2221 Maitland St, Ph: 423-1059
Serves Supper Sat only 4-5pm

ST MATTHEW'S UNITED CHURCH

1479 Barrington St, Ph: 423-9209
Serves Hot Breakfast
Sun only 8:30-9:30am

ST MARYS BASILICA

Corner Barrington St & Spring
Garden Rd
Halifax, Ph: (902) 423-7574
Drop-In Centre Church basement
1:30-3:30pm
Serves Sandwiches & Coffee

ST PAUL'S CHURCH

1749 Argyle Street, Halifax
Ph: (902) 429-2240
Serves Homemade Soup & Desserts
Wed only, after 11:00am Eucharist
& 'FISH' Drop-in Sat 6:00-8:00pm
Coffee/Tea/Sweets