



Brunswick Street  
Mission

# COVID-19 RESPONSE

## State of Emergency: Feeding the Homeless During COVID-19

Brunswick Street Mission spent the past week adjusting services to keep staff, volunteers and clients safe. Many organizations across Canada are in similar situations, communicating program changes but, “we may have been holding out on you – quietly had to ADD to what we do!” Executive Director Sandra Nicholas stated.

Shelters and food programs across the province, who help the most vulnerable members of our society, have had to make a lot of changes. Everyone is struggling with shortages and being pushed to financial and staffing breaking points, but we can’t stop doing what needs to be done.

How serious is the shelter situation? Shelters are filled to capacity, short staffed and overworked and now they are working with the knowledge that the virus will impact them soon enough. Too many people are living in shelters and struggling with low immunity and other health challenges, putting everyone at a higher risk.

Nicholas confirms “an important and essential way we are helping shelters is to have our professional kitchen prepare daily meals for the shelters!” The idea is simple; we receive food deliveries, our volunteers cook in a lower-risk environment and deliver to each shelter, while maintaining safe distances, giving overworked shelter staff one less thing to worry about.

People, social media sites and news outlets are calling medical, grocery, pharmacy and public transit staff heroes. They truly are but let’s not forget the heroes at: [Shelter Nova Scotia](#), [Out of The Cold Shelter](#), [Adsum for Women & Children](#), [Bryony House](#), [Salvation Army](#).

Keep watching for more details, make a donation to support the meal program or leave a message for us at 902-423-4605.