



Brunswick Street  
Mission

STATE OF EMERGENCY

## Providing Meals to Halifax Sheathers During COVID-19

Last week Brunswick Street Mission began to provide 55 breakfast, lunch and supper to Metro Turning Point, or 165 meals daily. By Tuesday (March 24th), we will be preparing and delivering over 200 meals to local shelters, and we expect that number to continued to climb. Our professional kitchen is run by 3 lead cooks along with a small group of volunteers.

Personal distancing is so important but we need more volunteers, healthy people who can give a couple days a week to help us prepare the food and delivery it to the shelters.

We also need a lot more food. Feed Nova Scotia is supportive of our plan but it won't be enough. "We need you to make a financial donation to help us purchase the food we need to cook over 350 meals daily", says Executive Director Sandra Nicholas. Donations can be made at [www.brunswickstreetmission.org](http://www.brunswickstreetmission.org).

So many people are staying home, self-isolated with mounting boredom, fear and stress. While Brunswick Street Mission works to keep up essential services we will do all we can to help you by keeping our Facebook, Twitter, Instagram and website up to date. Watch what we are doing, see who is helping and see how you can help us.

Keep watching for more details, considering making a donation to support the meal program or leave a message for us at 902-423-4605.

### **Background:**

There are organizations and government departments focused on helping people who struggle with poverty, homelessness and a host of related concerns. Many people believe each works independently, duplicating services or even competing but, with the highest percentage of people living in poverty in Canada, we work together and offer a continuation of care. Each organization struggles to do what they can, but COVID-19 has placed us all under circumstances we haven't seen in our lifetime, and now is the time to show that we are coming together.

Our entire society is being tried by this virus and each of us must decide how we will respond but understand this; we have all had to make changes to keep people safe; Nicholas notes that "we are all committed more than ever to meeting the most basic needs for people already at the edge of survival – namely food and a roof over their heads".