



## Communiqué

Date: October 31, 2023

### **ATLANTIC MINISTERS OF EDUCATION AND TRAINING TO PROMOTE SKILLS DEVELOPMENT AND WELL-BEING IN SCHOOLS, UNIVERSITIES, AND COMMUNITY COLLEGES**

Students in schools, universities, and community colleges in Nova Scotia, New Brunswick, Newfoundland and Labrador, and Prince Edward Island will benefit from additional resources to support career development and well-being. These resources can be found at <https://careersatlanticcanada.ca/> and were launched today by the Council of Atlantic Ministers of Education and Training (CAMET) in conjunction with the 2023 Atlantic Canada Career Week running from October 30 to November 3, 2023. The theme for the 2023 career week is *Your Skills, Your Success Your Well-being*.

The new website is an expansion of the 2022 Atlantic Canada Career Week website and now contains relevant information and resources that can help youth understand the relationship between skills for success and the skills needed to support well-being as they navigate the labour market and make career decisions that are appropriate for them and their needs. More specifically, the information outlined in the website will assist youth in:

- developing positive relationships with colleagues and supervisors
- feeling valued and supported
- having a sense of belonging and purpose
- managing stress and emotions, and
- building self-confidence and resilience

Atlantic Ministers of Education and Training recognize the importance of assisting students and youth to make the connection between skills for success and well-being. Ministers are committed to promoting the importance of advocacy, resiliency and adaptability as students and youth prepare to transition to post-secondary education and training and enter the workforce.

CAMET is an agency of the departments responsible for public and post-secondary education, and its purpose is to enhance cooperation in public (Entry–12) and post-secondary education in Atlantic Canada by working together to improve learning, optimize efficiencies and bring added value to provincial initiatives.

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