

PITT MEADOWS PADDLING CLUB

INFORMATION FOR SCHOOL and COMMUNITY GROUP PROGRAMS

HOW TO ARRANGE A PROGRAM BOOKING:

• Contact the Pitt Meadows Paddling Club (PMPC) Program Coordinators at program4pmpc@gmail.com to arrange a date and time for your group to experience paddling and nature exploration on the beautiful Alouette River in Pitt Meadows.

LOCATION: 14411 Harris Road, Pitt Meadows

• THE PMPC Club is located on the southwest side of Harris Road where the road crosses the Alouette River at Menzies Crossing Bridge aka Silver Bridge.

PARKING: There is ample free parking on the east side of Harris Road just before the bridge.

WHEN YOU ARRIVE ON SITE:

- Each participant (youth and adult) needs to complete a CanoeKayak BC (CKBC) waiver before accessing any watercraft at the PMPC site. We require that these forms be filled out before you arrive at the club site in order to maximize your time on the water. Waivers are available on the PMPC website and will also be emailed to you when you are arranging your booking.
- Please respect all PMPC club property.

HOW TO PAY:

• Program registration fees are due by cash or cheque, payable to PMPC, on the day of your outing.

WHAT WE OFFER:

- The Group and Community Programs offered by Pitt Meadows Paddling Club provide youth and adults an introduction to paddling along the Alouette River. Safety and paddling instruction are included with each session.
- Our group sessions can be tailored to your group and may consist of paddling in Dragon Boats, a Voyageur Canoe, Outrigger Canoes, Kayaks and Stand Up Paddle Boards.
- Participants will be able to observe nature in all its glory with possible sightings of herons, ducks, geese, sandhill cranes, swans, beavers, and a myriad of songbirds; all common sightings on the river.
- Our staff will regale you with tales of nature and local lore as they guide you along the river.

WHEN YOU LEAVE THE SITE:

• Please take home everything you bring to the site, including all garbage and recyclables.

FOR SCHOOL GROUPS: Canoe Kayak BC requires that there a ratio of 1 adult to every 7 students be maintained on the water. The PMPC club will provide at least 2 staff persons on each Dragon Boat and at least 1 staff member on each Outrigger Canoe and Voyageur Canoe. A PMPC staff person(s) will accompany kayakers.

The Pitt Meadows Paddling Club is a member of both <u>CanoeKayak BC</u> (the Provincial Sport Organization for Paddle Sports in BC) and <u>CanoeKayak Canada</u> (the National Sport Organization for Paddle Sport in Canada) as is all staff. The Club is a not for profit organization registered under the BC Societies Act. We have been serving our local communities for the past 12 years.



Paddling For All Always Paddling!

	Paddling Experience – Sample Itinerary	
9:30 am	 Arrive at the Pitt Meadows Paddling Club Hand in the Group Sign-In sheet and all completed waivers for each participant Pay registration fees Introduction and Safety Talk 	12:00 pm
9:45	 Prepare to Paddle Get outfitted with paddles and lifejackets. Participants will be organized into groups. 	12:15
10:00	Paddlers will Load into Canoes, Kayaks or onto Stand Up Paddle Boards (SUP)	12:30
10:05	 Paddling Begins! While out on the water, participants will be introduced to the technical aspects of the type of canoe or SUP they are paddling. Instructors will lead participants in a number of fun paddling games. The paddlers will enjoy possible sightings of many local animals, fish and plants. Keep your eyes peeled - you never know what you will see! 	12:35
11:05	 Return to the club dock. Unload the canoes or kayaks. Stow kayaks or SUPs, paddles and life jackets. Please take care of the Club's equipment and treat it even better than you would treat your own. Always place paddles down carefully, rest them gently on your shoe or foot to avoid chipping the tip. 	1:35
11:15	Group DebriefSharing and Reflections	1:45
11:30 am	Good-byes!Please come and join us on the water sometime soon!	2:00 pm