

Reviewed by the NSRDHDTD DH QAC to Mar 7, 2026 *As of*

Feb 7, 2026, the QAC determined they will accept a completed NSRDHDTD OR CDHA reflection document. This reflection document must be available for review when requested by the QAC or Registrar e.g., during an audit. Further, CDHA has advised that as of July 16, 2025, for consistency, all webinars that previously had post-tests, now have reflection documents. Therefore, all require a reflection doc as of that date.

Webinar Name	Credit Hours	NSRDHDTD Category
AAP Periodontal Disease Classification for Educators (originally released Apr 20, 2022)	1 credit hour	Category 1
Abuse of Older Adults Webinar Series (each webinar)	1 credit hour	Category 1
Acid Erosion: Prevention & Management	1 credit hour	Category 1
Advocacy for Dental Hygienists: Government Relations 101	1 credit hour	Category 3
Anti-Indigenous Racism in Canada's Health and Dental System -released Jan 24, 2024 (No post-test - Certificate of completion + completed NSRDHDTD Reflection document required for credit) Note: this session was also offered during the Oct 2023 AGM. You cannot submit for the same course within 12 months.)	1.5 credit hours	Category 1
Applying the Evidence Based Practice Model - August 17, 2022 (Note: this session was also offered through CDHA's virtual conference in Oct 2021. You cannot submit for the same course within 12 months.)	1 credit hour	Category 1
Baccalaureate Dental Hygiene Education	1 credit hour	Category 3
Beyond Skin Deep: Middle Age & Oral Health (Released Sept 20, 2023) (with CDHA cert of completion and NSRDHDTD Reflection doc)	1 credit hour	Category 1
Building a Sustainable Healthy Workplace - Mar 22, 2023 (Note: this session was also offered through CDHA's virtual conference in Oct 2021. You cannot submit for the same course within 12 months.)	1 credit hour	Category 3
Canada's New Food Guide: Highlights and Oral Considerations	1.25 credit hours	Category 1
Cannabis in Canada (Original Jan 30, 2019)	1 credit hour	Category 1
CDAC Accreditation Process (Original April 18, 2018)	1 credit hour	Category 3
CDHA's Virtual AGM 2023 **Attendance only confirmed & monitored Oct 21/2023	0.75 credit hours (only if attended on Oct 21, 2023)	Category 3
CDHA's Virtual AGM 2023 Pre-Session: Anti-Indigenous Racism in Canada's Health and Dental System (No post-test - Oct 21, 2023 certificate of completion + completed Reflection document required for credit)	1 credit hour	Category 1
CDHA's Virtual AGM 2022 **Attendance only confirmed & monitored Oct 22/2022	0.5 credit hours (only if attended on Oct 22, 2022)	Category 3
CDHA's Virtual AGM 2022 Pre-Session: Guided Biofilm Therapy (No post-test - Oct 22, 2022 certificate of completion + completed Reflection document required for credit OR registrant can register for CDHA's webinar released Nov 23, 2022 and complete the post-test + upload the new certificate of completion)	1 credit hour	Category 1
CDHA's Virtual AGM 2021 **Attendance only confirmed & monitored Oct 16/2021	0.75 credit hours (only if attended on Oct 16, 2021)	Category 3
CDHA's Virtual AGM 2021 Pre-Session: Cultural Safety, Bringing Cultural Sensitivity to Healthcare & Education (No post-test - certificate of completion + completed Reflection document required for credit)	1 credit hour	Category 3

Reviewed by the NSRDHDTD DH QAC to Mar 7, 2026 As of

Feb 7, 2026, the QAC determined they will accept a completed NSRDHDTD OR CDHA reflection document. This reflection document must be available for review when requested by the QAC or Registrar e.g., during an audit. Further, CDHA has advised that as of July 16, 2025, for consistency, all webinars that previously had post-tests, now have reflection documents. Therefore, all require a reflection doc as of that date.

Webinar Name	Credit Hours	NSRDHDTD Category
CDHA's Virtual AGM 2020 & Covid-19 Q&A <small>**Attendance only confirmed & monitored Oct 3/2020</small>	1 credit hour <small>(only if attended on Oct 3, 2020)</small>	Category 3
Clear the Air: Best Practices for the Management of Aerosols (Nov 20, 2019)	1 credit hour	Category 1
Community Water Fluoridation (What's all the Fuss...) (Dec. 2017)	1 credit hour	Category 1
Comfort and Career Longevity (Released Feb 16, 2022)	1 credit hour	Category 1
Dental Career Longevity: Putting The Pieces Together! (Released Jun 19, 2024) (with CDHA cert of completion and completed Reflection doc)	1 credit hour	Category 3
Dental Hygiene is a pain in the ...	1 credit hour	Category 1
E-Cigarettes	1 credit hour	Category 1
Effectiveness of fluoride varnishes and sealants for preventing caries	1 credit hour	Category 1
Emerging Trends - July 20, 2022 <small>(Note: this session was also offered through CDHA's virtual conference in Oct 2021. You cannot submit for the same course within 12 months.)</small>	1 credit hour	Category 1
Everything you wanted to know about Cochrane Resources	1 credit hour	Category 3
Exploring the new AAP Periodontal Disease Classification Part 1: Introduction	1.25 credit hours	Category 1
Exploring the new AAP Periodontal Disease Classification Part 2: Staging & Grading	1 credit hour	Category 1
Fundamentals of Educational Assessment (Original Oct 17, 2018)	1 credit hour	Category 3
Get Smart about Employment contracts	1 credit hour	Category 3
Getting Started with AI: Practice Insights for Dental Hygienists <small>(must complete and submit NSRDHDTD or CDHA Reflection Doc)</small>	1 credit hour	Category 1
Grassroots Engagement: Advocating for Oral Health	1 credit hour	Category 3
Guided Biofilm Therapy (released as webinar Nov 23, 2022)	1 credit hour	Category 1
A Hitman's Guide to Psychological Safety at Work – originally pre recorded Oct 2021 conference session - released as a stand-alone in March 22, 2023 <small>(Note: This same session was offered in CDHA's Oct 2021 virtual conference. You cannot submit for the same course within 12 months.)</small>	0.5 credit hours	Category 3
Homewood Health: Member & Family Assistance Program	0 credit hours*	N/A
Identifying Product Hazards in the Dental Setting	1 credit hour	Category 1
Independent Practice: Gearing Up and Getting Going!	1 credit hour	Category 3
Implementing the AAP Periodontal Disease Classification in Clinical Practice (Live Jan 25, 2025; recorded version released Feb 4, 2025) (Note: these sessions are identical. You cannot submit for the same course within 12 months.) Reflection doc required - live or recorded	2 credit hrs	Cat 1
Instrument Reprocessing Essentials (January 2017)	1 credit hour	Category 1
Interprofessional Education: Promoting Collaborative Care	1 credit hour	Category 3

Reviewed by the NSRDHDTD DH QAC to Mar 7, 2026 *As of*

Feb 7, 2026, the QAC determined they will accept a completed NSRDHDTD OR CDHA reflection document. This reflection document must be available for review when requested by the QAC or Registrar e.g., during an audit. Further, CDHA has advised that as of July 16, 2025, for consistency, all webinars that previously had post-tests, now have reflection documents. Therefore, all require a reflection doc as of that date.

Webinar Name	Credit Hours	NSRDHDTD Category
Key Highlights from the 2019, 2021, 2023, 2025 Job Market & Employment Survey	0 credit hours*	N/A
Keys to Synergistic Relationships in the Dental Office	1 credit hour	Category 3
Leaving your IPC Policy Up in the Air	1.5 credit hour	Category 1
Maintaining an Evidence-Based Dental Hygiene Practice <small>*brought back from "the course vault"; must be completed by April 2020</small>	1 credit hour	Category 1
Maintaining Dental Implants: It Takes Two (December 2017)	1 credit hour	Category 1
More than just a sweet tooth: Challenges with our diabetic clients	1 credit hour	Category 1
Mastering Dental Implant Maintenance (Released Mar 20, 2024) (with CDHA cert of completion and Reflection doc)	1 credit hour	Category 1
Managing Clients with Special Needs in the Dental Clinic: A Dental Hygienist's Perspective (originally released May 18, 2022) (Note: this session was also offered through CDHA's virtual conference in Oct 2021. You cannot submit for the same course within 12 months.)	1 credit hour	Category 3
Manuscript Writing for the Novice Researcher (originally released May 25, 2022)	1 credit hour	Category 3
Manuscript Writing for the Novice Researcher (original live, virtual workshop presentation Feb 26, 2022)	2.5 credit hours	Category 3
Motivating Clients to Achieve Whole Mouth Health	1 credit hour	Category 1
Naked Truth: Bare Essentials for Baby Boomer Health	1 credit hour	Category 1
Navigating Risk & Liability in Dental Hygiene Practice (must complete and submit NSRDHDTD or CDHA Reflection Doc)	1 credit hour	Category 1
Navigating the Labyrinth of procedure codes and E claims	1 credit hour	Category 3
Neuro-musculoskeletal Injuries (NMSK) Webinar 1	1 credit hour	Category 1
Neuro-musculoskeletal Injuries (NMSK) Webinar 2	1 credit hour	Category 3
Neuro-musculoskeletal Injuries (NMSK) Webinar 3	1 credit hour	Category 3
Noise Levels in the Workplace	1 credit hour	Category 1
Oral and Systemic Health : It's All Linked	1 credit hour	Category 1
Oral Health Hacks: What Helps & What Hurts (Released Nov 20, 2024) (with CDHA cert of completion and NSRDHDTD Reflection doc)	1 credit hour	Category 1
The Oral Microbiome and the Link to GI Health (Released July 19, 2023) (with CDHA cert of completion and NSRDHDTD Reflection doc)	1 credit hour	Category 1
Oral Rinsing	1 credit hour	Category 1
Ouch: Treating Dentin Hypersensitivity (October 2017)	1 credit hour	Category 1

Reviewed by the NSRDHDTD DH QAC to Mar 7, 2026 *As of*

Feb 7, 2026, the QAC determined they will accept a completed NSRDHDTD OR CDHA reflection document. This reflection document must be available for review when requested by the QAC or Registrar e.g., during an audit. Further, CDHA has advised that as of July 16, 2025, for consistency, all webinars that previously had post-tests, now have reflection documents. Therefore, all require a reflection doc as of that date.

Webinar Name	Credit Hours	NSRDHDTD Category
Pandemic Impact on Mental Health of Dental Hygienists (Released Feb 22, 2023) (with CDHA cert of completion and completed NSRDHDTD Reflection doc)	1 credit hour	Category 1
Peer Review Process	1 credit hour	Category 3
Polish Up on Rubber Cup Procedures (Original Sept 19, 2018)	1 credit hour	Category 1
Professional Whitening Solutions: Fact vs. Fiction*(Original April 2013 - brought back from the "course vault"; content is not up-to-date)	0 credit hours*	N/A
Put Your Purple On (Original Feb 20, 2019)	0 credit hours*	N/A
Ready, Set, Go! Demystifying Claims and Codes	1 credit hour	Category 3
Redefining IPAC: It's All About The New Routine	1 credit hour	Category 1
Setting the Stage (and Grade) Clinical Applications and Case Studies Utilizing the 2017 AAP/EFP World Workshop on Disease Classification	1 credit hour	Category 1
Sex and Oral Cancer: What is the Connection *(Brought back from "the course vault" - will only be accepted if completed by April 2020)	1 credit hour	Category 1
Social Media Engagement for the Dental Hygienist: Risk, Reward, and ROI	1 credit hour	Category 3
Silver Diamine Fluoride	1 credit hour	Category 1
Strategies to Supercharge students and clients	1 credit hour	Category 3
Take Control: Caries Prevention Management	1 credit hour	Category 1
The Mysteries of the peer review process	1 credit hour	Category 3
Time for Change! Evidence-based Periodontal Debridement	1.5 credit hours	Category 1
Translating Uncertainty in Evidence-Based Practice	1 credit hour	Category 1
Treatment Planning for Life- released Jan 21, 2026 (must complete and submit NSRDHDTD or CDHA Reflection Doc)	1 credit hour	Category 1
Uncovering Risk and Liability in Dental Hygiene Practice	1 credit hour	Category 3
Understanding Cardiovascular Conditions	1 credit hour	Category 1
Unravel the Truth Behind Flossing	0.75 credit hour	Category 1
Up in Smoke! The Vaping Trend	1 credit hour	Category 1
Vaping, Nicotine & Tobacco: Facts, Stats & Trends	1 credit hour	Category 1
Covid 19 Webinars		
Ask our Experts – COVID related Mask Questions for Dentists and Dental Hygienists *No post-test - does not meet the criteria in place at that time	0 credit hours*	N/A



Nova Scotia Regulator of
Dental Hygiene, Dental Technology,
and Denturism

Reviewed by the NSRDHDTD DH QAC to Mar 7, 2026 *As of*

Feb 7, 2026, the QAC determined they will accept a completed NSRDHDTD OR CDHA reflection document. This reflection document must be available for review when requested by the QAC or Registrar e.g., during an audit. Further, CDHA has advised that as of July 16, 2025, for consistency, all webinars that previously had post-tests, now have reflection documents. Therefore, all require a reflection doc as of that date.

Webinar Name	Credit Hours	NSRDHDTD Category
Controlling Aerosols in the Dental Operator: A Primary Concern <i>*Administered through Viva Learning</i>	1 credit hour	Category 1
Covid 19 Town Hall Q & A (<i>not</i> connected with CDHA's Oct 2020 AGM) <i>*Administered through Hu-Friedy</i>	1.5 credit hour	Category 1
Hand Hygiene, an E-Learning Tool	0.25 credit hour	Category 1
Mental Health and Resilience through COVID-19 <i>* Eligible for Credit only if post- test is completed & certificate is generated</i>	1 credit hour	Category 3
Traditional Indigenous Approaches to Mental Health and Well Being of Healthcare Provider <i>*No post-test; does not meet criteria set before Oct 1, 2021</i>	0 credit hours*	N/A
Update on Covid-19 & Infection Control <i>*Administered through Viva Learning</i>	1 credit hour	Category 1
WHO E-Protect: Respiratory Infections	0.75 credit hour	Category 1
WHO Infection and Prevention for Novel Coronavirus <i>*No post-test - does not meet the criteria</i>	0 credit hours*	N/A
<i>* As of February 3, 2018 CDHA, Job Market Employment survey results webinars/sessions no longer qualify for credit in any category.</i>		