

Delivery of Courses: Each main organization, e.g., St. John Ambulance, Heart and Stroke, Lifesaving Society, and Red Cross are taking what they feel is an appropriate, safe approach in delivering in-person courses for CPR certification during this pandemic. Further, it will be up to the individual instructors to determine when they will begin resuming services, based on the requirements approved by the government. **Consult each organization’s social media pages or their website. They are updated regularly and will advise you of any changes to CPR sessions.**

CDHNS Council reviewed some of the delivery options being proposed during this pandemic and has made the following decision on May 27, 2020: *Effective immediately, alternative deliveries during this pandemic, such as virtual evaluations completed by instructors using manikins, or other components, (e.g., AEDs) that allow for appropriate evaluation of competencies in the components approved by Council, are considered appropriate methods that meet the requirements for a practicum experience and classroom instruction. An online or in-person theory test must also be included.*

All other requirements outlined in the [CDHNS CCP Requirements](#) document must be also be met (see page 8).

Appropriate virtual evaluation of competencies would include options such as an instructor providing the manikins, barrier devices, and AED Trainer to course participants prior to the virtual session. During the virtual evaluation session, the instructor then has the participants demonstrate their ability to successfully complete each of the HCP(BLS)/AED CPR skills by using these manikins, etc. This allows for hands-on practical evaluation, which is a requirement for issuance of certification for HCP or BLS CPR level.

Courses that do not involve physical demonstration and evaluation of the required skills of the student (i.e., hands-on practicum experience) remain unacceptable.

Note: It will be up to each main CPR organization to determine what they consider appropriate hands-on evaluation.

The CDHNS will continue to monitor the situation and provide updates, as necessary.

Below are **five instructors** that previously informed the CDHNS of course offerings.

(1) Instructor Name	Rosemary Bourque (Heart & Stroke)
Email	r.b@ns.sympatico.ca
Phone	(902) 396-3152
Website	https://cpr.heartandstroke.ca
Course Zone	CPR for HCP class set up for Saturday, May 3rd, 2025 in Bridgewater. To register contact: r.b@ns.sympatico.ca

(2) Instructor Name	Kim Mundle (Red Cross)
Email	contact@kimmundlefirstaid.com
Phone	902-818-4247
Website	www.kimmundlefirstaid.com
Course Zone	HRM: Course Information: Call for further details. You also have the option to have the instructor travel to your location. Group rates available.

(3) Instructor Name	Gordon Richardson (Lifesaving Society) - Priority First Aid Training
Email	priorityfirstaid@outlook.com
Phone	(902) 456 6995
Website	www.priorityfirstaid.ca
Course Zone	HRM – but goes to other regions of NS if there are 3 or 4 interested in a course. Please contact him directly to scheduled courses. (Virtual, blended, and in-person courses)

(4) Instructor Name	Wendy Stewart (Lifesaving Society)
Email	wendy_stewart_96@hotmail.com
Phone	902-471-7313
Course Zone	HRM: Contact directly to arrange or join a class.

(5) Instructor Name	Jim Williams (Heart and Stroke)
Email	emergency_scouts@hotmail.com
Phone	902-476-5173
Course Zone	HRM- contact directly at Willgib Consulting, they will set a course at their location or at yours. <u>Course Information:</u> Please contact Jim Williams directly for course offerings.