



Mission Statement

The College of Dental Hygienists of Nova Scotia, in the best interest of the public, regulates members, promotes excellence in care and advances the profession.



Dear friends and colleagues,

In our approach to the holiday season, the pace quickens as we make all of our preparations for special time with family and friends. The College is already preparing for a busy 2016. Mark your calendars for **Saturday, June 4th** so you can join us for the AGM as well as some continuing education. The event is always well attended by our membership, and an excellent opportunity to stay connected with fellow dental hygienists.



Council continues its commitment to educate volunteers, board members, and new council members. At our fall Council meetings, we had a full day of education for Council with our Policy Governance coach, Susan Rodgers, as well as an orientation session for new Council members. Most recently, our Investigations Committee participated in a communication and interview skills workshop. All of these educational sessions proved to be very worthwhile and engaging for all participants.

Very soon in the new year, Council will be putting forth a call for nominations for new Council members. Now is the time to consider being a Council member. Even if you are wondering whether or not this role could be for you, I would encourage you to contact me or any member of Council to find out more about what it's like to serve on Council. It can be a very rewarding experience, and I would welcome your questions at any time.

In the meantime, I would like to wish you a very Merry Christmas, and health and happiness in the coming year!

Sincerely,

Joyce Lind
Chair, CDHNS 2015-2016

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FROM THE DESK OF THE REGISTRAR



General Notice: Practicing dental hygiene in Nova Scotia without registration and a valid practicing licence or when a licence is expired, cancelled, or suspended is considered unprofessional conduct under the Dental Hygienists Act and Regulation. Such conduct is subject to sanction through the disciplinary process. The Summary Proceedings Act of Nova Scotia can also apply in addition to any penalty otherwise provided for in the Dental Hygienists Act or Regulations.

Notice of Suspension of Registration and Practicing Licence

The registration and practicing licence(s) of the following individual(s) have been suspended in accordance with section 34(1), (2) of the *Dental Hygiene Regulation* for failure to submit a complete application for a practicing (renewal) licence and default in payment of the applicable fee by the specified date. These individual(s) are no longer authorized to practice dental hygiene in the Province of Nova Scotia.

Stephanie MacLellan # 150312

Notice of Suspension of Registration and Non-Practicing Membership

In accordance with section 34(1), (2) of the *Dental Hygiene Regulation*, the following individuals have been cancelled from the non practicing member register for failure to submit a complete application for renewal of non-practicing membership and pay the applicable fee by the specified date. Their status with the CDHNS is "not in good standing". As a non-practicing member, these individuals were not authorized to practice dental hygiene in the Province of Nova Scotia.

Lindsay Davis # 060626

Janet Munn # 930609

Kayla Whalen # 141203

Notice of Cancellation of Registration and Practicing Licence on Request

In accordance with the Dental Hygienists Act and Regulation the registration and practicing licence of the following individuals have been cancelled at their own request. They are in "good standing" with the CDHNS. These individuals are no longer authorized to practice dental hygiene in the Province of Nova Scotia.

Tami Banfield # 060616

Liza Furquim # 140623

Tiffany Howe # 150845

Julia Hughes # 111107

Huda Hussaini # 150311

Melanie Kelly # 100102

Laura Langdon # 130615

Alyssa Marks # 110841

Netsai Mazani # 150514

Donna Pascher # 830509

Lynn Richards # 080729

Manpreet Saini # 140947

Staci Wise # 130614

Jessica Zike # 141102

The Unison
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AD RATES

2" x 3.5" \$30.00

1/4 pg. \$55.00

1/2 pg. \$125.00

Full pg. \$195.00

Rates are subject to change.

**Publication of an ad does
not necessarily imply that
the CDHNS agrees or
supports the claims therein.**

We welcome your ideas,
articles and letters.
Submit to the
Editor at
unisonnews@cdhns.ca

NEXT DEADLINE
FOR SUBMISSIONS
MARCH 1, 2016

Notice of Cancellation of Non-practicing membership on Request

In accordance with section 34 of the *Regulation*, the following individuals have cancelled their Non- practicing Membership with the CDHNS and their names have been removed from the non-practicing register at their own request. These individuals remain "in good standing" with the CDHNS. As a non-practicing member, these individuals were not authorized to practice dental hygiene in the Province of Nova Scotia.

- Lisa Clarke # 040614*
- Trina Comeau # 990511*
- Leah Doucette # 120625*
- Maryse Duguy # 121102*
- Sara Harding # 050832*
- Stephanie Leduc # 110620*
- Michelle Morrisey # 110732*
- Melanie O'Brien-Shaffner # 050626*
- Kelly Rawlings # 080614*
- Heather Siteman # 050939*

CDHNS Members on November 1, 2015	
712	Total Members
670	Practicing Members
42	Non Practicing Members

Display your Certificate of Registration and Practicing Licence in an area visible to clients.

As part of public protection and confidence in the profession of dental hygiene the CDHNS encourages registered and licensed members to display their certificates and licence in the workplace. This demonstrates to the public that dental hygiene is a regulated health profession. If you work in more than one practice and require a duplicate certificate contact info@cdhns.ca to request a duplicate. There is no charge for an additional copy.



Authorization to administer local anaesthetic certificate

All dental hygienists who are administering local anaesthetic as part of their dental hygienist practice must be authorized by the CDHNS. Certificates issued by the CDHNS authorizing dental hygienists to administer local anaesthetic must be displayed in any workplace where dental hygienist are administering local anaesthetic as part of their practice. If a duplicate certificate is required contact info@cdhns.ca



LICENCE RENEWAL

Licence Renewal... By the Numbers

Section 34(1), of the Dental Hygiene Regulation

The Registrar may **suspend a member's licence** without notice or investigation upon proof of contravention of any requirement of the Act, the regulations or the by-laws that requires the member to pay a fee, file a document or to do any other act by a specified or ascertainable date.

The specified date for filing the required documents and paying the fee for licence renewal was October 1, 2015. This information was clearly ascertainable by all members.

By October 7, 2015, there were 96 member who had not yet completed the renewal requirements. These 96 individuals left themselves and the CDHNS open to the following action within the regulation:

- (2) A member whose licence is suspended under section 34 (1) must immediately cease practising dental hygiene until the member is reinstated and a notice of reinstatement is received from the Registrar.
- (3) The Registrar must not reinstate a member's licence suspended under subsection (1) until the member has paid the fee, filed the document or carried out whatever act was required.
- (4) Despite Section 33, the Registrar may determine whether a suspension under this Section requires publication, but any publication must be in accordance with subsections 33(1) and (2).

Regulation 23(2) If a member fails to renew their practising licence by the renewal date, the Registrar must notify the member and their employer, if any, by registered mail that the member is unable to practise dental hygiene until the member meets the requirements for renewal of their licence.

96	
The number of individual dental hygienists who by October 7, 2015 had failed to meet their professional obligation and had not renewed their licence by the specified date.	
40	Had failed to respond at all
28	Had not completed the renewal application
9	Had only submitted a CPR card
19	Had not sent payment

Failure to respond to a notice of the CDHNS by a member or to renew a license or pay a fee on time can be interpreted as un-

648
The number of individual dental hygienists who met their professional responsibility and renewed their licence by October 1, 2015.

professional and result in the matter being sent to the disciplinary process of the CDHNS. This would incur additional costs and time to the member and the CDHNS.

There are from time to time specific and exceptional circumstances where consideration is required and not meeting a renewal date is managed by the CDHNS. These are rare and are managed individually and with direct communication initiated by the individual registrant.

It is the member's responsibility to update their contact information on the member profile on the CDHNS website or otherwise inform the CDHNS of changes to their email address. Also members should ensure their email is set to accept the CDHNS as a safe sender so messages do not go to a "junk mail" folder.

Notice of Licence Renewal

Standard practice for notice and reminder of licence renewal is:

August/September - Licence renewal notice is sent out via email and published in the Unison newsletter

September 17 - a two-week reminder to all members for the October 1 deadline is emailed

September 24 - one-week reminder will be sent

October 1 - one additional attempt to contact the individual(s) who have not filed full and complete documentation for renewal (CPR, completed application form, and paid the fee) will be made. This will detail that the CDHNS does not have a completed application from them and they are at risk of having their licence suspended.

In future years only standard reminder notices will be used to notify members who have not responded by the renewal date. There will be no repeated emails, messages left at home, places of employment, and on cell phones.

The CDHNS will be sending a letter of caution to all individuals who did not respond on time this past year. Over the past seven years a pattern has developed where several individuals have repeatedly not responded to the licence renewal in a timely fashion. Should such a pattern be repeated these cases may be referred to the Investigation Committee.

320
hours and around \$8000.00 in cost to the CDHNS in administrative time and other costs in processing to follow up with the 96 individuals.

\$320.00
cost to the individual as a reinstatement fee if a licence is suspended or if they are struck from the register.

CONTINUING COMPETENCY UPDATE

Quality Assurance and Professional Continuing Competency

Quality assurance refers to activities and programs intended to assure or improve the quality of care. The requirement of a continuing competency program serves to assure the public, the government, and other agencies that a profession is maintaining a high standard of care over a lifetime of practice. In some cases, if regulatory bodies are not perceived to be diligent at regulating a high standard, the privilege of self regulation is under threat.

Lifelong learning is a hallmark of a profession. It is fundamental to professional development and remaining current in one's discipline. It is of particular importance in light of the rapid changes in health care delivery, technological advances, regulatory changes, and the development of new clinical procedures.

Another hallmark of a profession is the ability of the individual to self-assess their performance and determine their level of competence. Well structured tools for self-assessment and opportunities for reflection on learning built into continuing competency programs can be useful to the professional by determining where they need to focus their learning to evolve as a practitioner and maintain their skills at a high standard.

The CDHNS Continuing Competency Committee has begun a review of existing professional continuing competency programs in dental hygiene and other comparable professions. Plans to review the CDHNS Continuing Competency program over the next two to three years are under way. There will be opportunities for consultation and discussion with members as the process evolves.

Mandatory Continuing Competency Program

Online recording of continuing competency activities requirement - "Phase in"

Since acquiring our member data base management system in 2013 members have been encouraged to record their continuing competency credits online through the member sign in section of our website. This practice is good for the environment, less costly, saves time, and moves the profession into the current method of data collection and storage. Many registrants are already using the online program for recording their continuing competency activities and it is working well.

The first phase of the requirement to enter continuing competency activities online will start in January 2016 with registrants whose Continuing Competency (CC) cycle ends in December 2015. All registrants whose new Continuing Competency cycle starts on January 2016 must enter their continuing education activities online through their sign in section on the website on a go forward basis. Over the next two years as each group of registrants begin a new cycle they will be required to record online. All first time registrants will begin recording online upon registration.

Once online recording is phased in a review of the member's online record can be conducted at the end of the cycle. The ran-

dom selection conducted by a neutral third party, will continue. Members selected will send completed verification documentation for audit by the Continuing Competency Committee.

Continuing Competency Guideline Review

The following changes to the Continuing Competency Guidelines were approved at the November meeting of the Continuing Competency Committee effective January 1, 2016:

To reflect the need of the CDHNS to have members request an extension to their CE Cycle in writing and in a timely manner when they have a planned leave from practice, the following changes were made within the guidelines:

3.2.3 Members who take a planned leave from practicing may request in writing to have their three year continuing competency cycle interrupted up to a maximum of one year. This request must be made at the time they leave practice. The continuing competency cycle will be extended to include the unexpired term and will conclude on the appropriate December 31st. A maximum of one extension per cycle will be granted. If members do not advise the CDHNS at the time they leave practice their continuing competency cycle remains the same.

5.2 Self Initiation course credits taken prior to proclamation of the DH Act approved by the College will be credited to the member's first Continuing Competency cycle following proclamation. It is the member's responsibility to notify the College of their completion of the Self Initiation Program. - deleted from the Guidelines as it is no longer applicable.

6.1.2 and 6.2.1 Scientific /clinical hands on participation. These experiences will be awarded two credit hours for each hour of participation - deleted from the Guidelines. This category has been misused or misinterpreted in a variety of situations and other jurisdictions do not distinguish hands on participation.

To clarify Guideline 7.1, the Continuing Competency Committee made the following change to the wording:

7.1 Degree completion, graduate study, internships, residencies and members engaged in an approved full-time program, will be considered to have fulfilled their requirements for their current cycle.

Other Continuing Competency Committee News

Long standing committee members Jackie White, Cheryl d'Entremont, and Allison Craig retired from the Continuing Competency Committee during the past year. They received Certificates of Appreciation for their contribution to the profession and for ensuring a high quality of dental hygiene care for Nova Scotians. Jennifer Cox has accepted the position of Chair of the Continuing Competency Committee and two new members Sandra Rhodenizer and Sonya Bishop have joined the committee.

MRSA – superbug?

Question A members asks:is there any particular protocol for a hygienist seeing a patient with a suspected or confirmed case of MRSA the superbug?

Answer MRSA stands for Methicillin-Resistant Staphylococcus Aureus and the closely related MSSA stands for Methicillin-Sensitive Staphylococcus Aureus.

It turns out we may have all provided dental hygiene care for a client who is a carrier, has or has had MRSA or MSSA and equally there are providers who may have transmitted the infection to their clients. According to the Health Canada fact sheet MRSA infections occur most commonly among people in hospitals and other healthcare facilities. There are a number of reports regarding MRSA in the dental setting.

As with any practice question it is always best to seek out the best evidence available and follow “best practices”. Sometimes that takes a little time to search out reliable references and documents especially if the issue is something we have not come up against previously. The more information we have to familiarize ourselves with the specific matter the better.

There are two excellent references which discuss MRSA in general and then in the dental office environment. The Nova Scotia Department of Health often provides fact sheets and other information on infectious disease topics. Their website leads to the Government of Canada Fact Sheet on MRSA in the Community this fact sheet is at <http://www.phac-aspc.gc.ca/id-mi/mrsa-eng.php>

The CDHNS was in touch with Kim Allain, the Infection Control Consultant for the Nova Scotia Department of Health to see if there had been any recent updates in Nova Scotia. She confirmed that many of our clients may have had MRSA as it is common to carry it and that standard infection control practices applied in the dental office should be followed meticulously. Ms. Allain stressed the importance of applying all the controls to their specific standard such as using masks properly (over the nose) and hand hygiene using all six steps for the hand washing protocol. She also noted that it is not obligatory that clients disclose that they have MRSA.

Basically with infections caused by bacteria it is important to understand the transmission of the bacteria and how the bacteria are eliminated. In the case of MRSA the transmission is by direct person to person contact and the bacteria are eliminated with standard infection control practices. Proper hand hygiene must be practiced which includes hand washing with regular or antibacterial soap and running water and/or the use of alcohol based hand sanitizers. Personal protection equipment including gloves and masks must be used to the exact standard. Other infection control measures used in the dental offices to break the chain of infection such as wiping down of clinical contact surfaces and housekeeping surfaces must be in place and followed to the exact standard to reduce or eliminate the bacteria.

Health practitioners can also call upon the expertise of government resources such as the Infection Control Consultant Kim Allain in the Department of Health and the Infection Control Officer in the Faculty of Dentistry at Dalhousie University.

We recommend you review the two references mentioned above on the subject:

<https://ipc.gov.ns.ca/links-and-resources>

This is the government fact sheet on MRSA and provides general information regarding the bacteria, the related infection it causes, its spread and other factual information.

<http://www.rdhmag.com/articles/print/volume-34/issue-8/columns/mrsa-and-mssa-in-the-dental-setting.html>

This article by Noel Brandon Kelsch, RDHAP appeared in RDH Magazine in 2014 and provides real life examples in the oral health setting involving the “treasure box” and examples of dental hygienists who have been affected and infected by MRSA and MSSA.

STOP!
clean your hands

ARRÊT!
nettoyez-vous les mains

Fact Sheet 6

How to hand wash
To effectively reduce the growth of germs on hands, optimal hand washing must last 40-60 seconds and should be performed by following all of the steps illustrated below.

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB

⌚ Duration of the entire procedure: 40-60 seconds

- 0 Wet hands with water;
- 1 Apply enough soap to cover all hand surfaces;
- 2 Rub hands palm to palm;
- 3 Right palm over left dorsum with interlaced fingers and vice versa;
- 4 Palm to palm with fingers interlaced;
- 5 Backs of fingers to opposing palms with fingers interlocked;
- 6 Rotational rubbing of left thumb clasped in right palm and vice versa;
- 7 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;
- 8 Rinse hands with water;
- 9 Dry hands thoroughly with a single use towel;
- 10 Use towel to turn off faucet;
- 11 Your hands are now safe.

World Health Organization Patient Safety SAVE LIVES Clean Your Hands

Based on the "How to Handwash", URL: http://www.who.int/gpsc/5may/How_To_HandWash_Poster.pdf
© World Health Organization 2009. All rights reserved.

RESOURCES

Nova Scotia's Drug Information System – November 2015 Update

The Nova Scotia Department of Health and Wellness continues to implement its province-wide Drug Information System (DIS), a key component of the provincial Electronic Health Record system.

The Drug Information System allows authorized health care providers to access, manage and share patient medication information. An authorized health care provider is a health professional - such as a dentist, doctor, nurse practitioner, nurse, pharmacist, optometrist, dental hygienist or midwife - who provides health care services in the community. The goal of the Drug Information System is to make a patient's medication information available where and when it is needed to the health care providers in the patient's circle of care, and to allow those providers to contribute information as appropriate.

The first step in implementing DIS is connecting community pharmacies to the system to automatically capture drug and device dispenses. To date, 219 of the approximately 300 community pharmacies in Nova Scotia are connected and work is ongoing with pharmacy software vendors and pharmacy organizations to complete the connection process. All pharmacies must be connected to the DIS by June 30, 2016.

Pilot rollouts in the communities of Cheticamp and Inverness took place the end of September. Physicians, nurse practitioners, registered nurses and pharmacists within the hospitals were provided with access to the DIS. The results of the pilot were very positive, and in fact the first e-Prescription in NS was submitted by a physician and filled at the PharmaChoice in Cheticamp on September 29, 2015.

The DIS is now available to private health care organizations such as dental clinics, but will be using a "targeted community approach" to provide access to the DIS. Individual dental clinics will be notified when the DIS is available in their community.

Submitted by
Joanne Reid
Change Management and Communications Specialist
Drug Information Systems (DIS) Project

Whooping Cough is Still Here in 2015

Pertussis, also known as whooping cough, is a contagious infection of the lungs and airways. It is caused by bacteria called *borde-tella pertussis*. Pertussis is a disease that happens year round everywhere in the world.

Each year in Canada between 1,000 and 3,000 people fall ill from pertussis. Worldwide, there are about 20 to 40 million cases of and 400,000 deaths from pertussis each year.

Without treatment, pertussis can last for weeks or months, and can cause brain damage or even death. It is most dangerous for children under 1 year old, especially if they are unvaccinated or under-vaccinated.

The Nova Scotia Public Health campaign advocates that those born before 1989 should renew the Tetanus vaccine (Tdap), which since approximately 2008 contains the Pertussis immunization.

The CDC's Advisory Committee on Immunization Practices recommends all healthcare personnel, regardless of age, receive a single dose of the Tdap vaccine as soon as feasible if they have not previously received the vaccine, and regardless of the time since their last Td dose, "

References for you to visit online:

<http://www.phac-aspc.gc.ca/im/vpd-mev/pertussis-eng.php>

<http://novascotia.ca/dhw/cdpc/cdc/documents/Pertussis-General-Information.pdf>

<http://novascotia.ca/dhw/cdpc/info-for-professionals.asp>

<http://www.cbc.ca/news/canada/nova-scotia/whooping-cough-outbreak-confirmed-in-cumberland-county-1.1202758>

<http://novascotia.ca/dhw/CDPC/whooping-cough.asp>

NOMINATIONS

2016 CDHNS Council Call for Nominations

Notice: CDHNS Nominations and Election Information

Four positions on the CDHNS Council will become vacant in June 2016.
This is a call for nominations to elect members to fill the vacant positions on the College Council.

General Information

The Council consists of 9 elected members of the CDHNS and three public representatives appointed by Governor in Council. The Council elects annually from amongst its members an executive committee. The Council meets a minimum of three times per year to conduct business and other conference calls and special meetings as needed. Council deliberations are guided by Vision and Mission statements. (all available on our website under Members Tab).

The College has adopted Policy Governance® as their governance model. Policy Governance is meant to enhance role clarity, operational transparency and guard the right of an organization to be faithfully served according the organization's goals or end statements.

Orientation, ongoing education and reimbursement:

The CDHNS is committed to ongoing education of Council members and an orientation will be provided for all new members of Council. Council members are reimbursed their expenses for meetings and are provided honorariums according to the CDHNS expense policy. Creating a positive future for the profession is rewarding work. If you or someone you know would like to contribute through an elected position on the Council, please submit a nomination.

Under Policy Governance® the roles of Council include:

Specific job outputs of the council are those that ensure appropriate organizational performance.

Accordingly, the Council has direct responsibility to create and sustain;

1. The link between the ownership and the operational organization.
2. Written governing policies which address the broadest levels of all organizational decisions and situations.
 - A. Ends: Organizational products, impacts, benefits, outcomes, recipients, and their relative worth (what good for which recipients at what relative cost or relative worth).
 - B. Executive Limitations: Constraints on executive authority which establish the prudence and ethics boundaries within which all executive activity and decisions must take place.
 - C. Governance Process: Specification of how the council conceives, carries out, and monitors its own task.
 - D. Council-Management Relationship: How power is delegated and its proper use monitored; the Registrar role, authority and accountability.
3. Assurance of successful organizational performance on Ends and Executive Limitations.
4. Scope of practice decisions and related policy position statements that are in the best interests of protecting the public.
5. Decisions that are in the best interests of protecting the public relative to eligibility of dental hygiene programs.
6. Appointment of Credentials Committee as required by the Act. The Council may specify its terms but this committee is not accountable to Council. Council may hear appeals by members on licensing issues as determined by the legislation.
7. Appointment of the Hearing and Investigation Committees as per the Act. These committees are accountable to Council.
8. Appeals from persons denied by the Hearing Committee (as per Section #63 of the Act).
9. Other products required by the Bylaws, Act and Regulations including:
 - a. Regular Bylaw review
 - b. Annual General Meeting

NOMINATION FORM

CDHNS Nomination Form Part I

For Members of the College of Dental Hygienists of Nova Scotia Council

- While it is not mandated in so far as possible the slate should represent diversity with respect to geography, practice setting, and experience.
- All nominees must be registered and licensed members of CDHNS in good standing.
- Nominations must be endorsed by two CDHNS members along with the consent of the nominee.
- Nominees must submit a biography form (included).
- Deadline for completed nominations to be received at the CDHNS office is midnight February 28, 2016. Nominations may remain open following this date if insufficient nominations are received to fill all vacant Council positions.

We, being members of CDHNS in good standing, nominate _____
(Print Name)

For the position of:

CDHNS Councilor: Two Year Term (starts June 2016 – Ends June 2018)

Nominated By _____ RDH Signature _____
(Please Print)

Nominated By _____ RDH Signature _____
(Please Print)

CONSENT:

I, _____ accept this nomination. _____
(Print Name) (Signature)

This form available for reprint on the CDHNS website (www.cdhns.ca) under Members Tab.
Nominations to be announced in the March/April issue of Unison and posted on our website.

Return this completed form to: CDHNS 11 – 2625 Joseph Howe Dr., Halifax NS B3L 4G4

Complete Part II on the other side of this page

Biography of Nominee for CDHNS Council Positions Part II

Name: _____

Address: _____

Telephone: Home _____ Work _____

Email: _____

Dental Hygiene Education Program/Institution: _____

Year of graduation: _____

Other Relevant Post-Secondary Education:

Dental Hygiene Professional Experience(s):

Please include practice settings and areas of responsibility.

Volunteer and/or Professional Activities:

Please include past or present volunteer experiences on Board(s), Council(s), or Committee(s)

Statement of Intent: Please write a brief statement on why you are standing for election to the Council you could include why you are interested in serving and what you hope to accomplish.

NOMINATIONS

“A mind that is stretched by new experiences can never go back to its old dimensions” - Oliver Wendell Holmes, Jr.



Greetings Colleagues,

Serving on CDHNS Council could be just the experience you need, not only to stretch your mind's dimensions but also to provide you with an infusion of fresh energy and passion for your profession.

As Chair of the Nominating Committee, I encourage each of you to consider putting your name forward to serve on CDHNS Council. Experience the rewards of engaging in your profession. Gain a better understanding of the CDHNS and the work that is undertaken to promote excellence in care and to advance the profession of dental hygiene. Being a Council member entails a commitment of three weekends per year and a small amount of time to reflect and respond to issues brought before Council. Get involved. Gain new experiences. Have a voice as we strive to provide quality preventive and therapeutic care as well as health promotion for Nova Scotians.

Angie Nowe,
Nominating Committee Chair

Members should consider candidates who have:

- An interest in serving the professional regulatory body
- Integrity and good personal judgment
- The ability to put the public interest first and only subject to that the interest of the profession
- Effective interpersonal and communication skills
- A willingness to share opinions and ask questions
- The ability to listen to all perspectives without bias
- The willingness to commit time and energy

Election Process

- Following receipt of the nominations a Nomination Slate will be sent with the March/April edition of the Unison.
- Election of the CDHNS Council nominees will take place at the CDHNS AGM in June 2016.
- Members will be provided with a voting card.

Please remember to bring your membership (wallet) card or personal identification with you.

- Mail ballot: If you are unable to attend the AGM and wish to vote on the nominees you may request a ballot by mail from the College at info@cdhns.ca or calling 902 444-7241.
- Mail ballot envelopes will be numbered and must be received by the College by a date to be specified on the form.
- Mail ballots will be counted prior to the AGM and the results sealed until the day of the election.

Any member who is considering running for Council is invited to sit as an observer at the January 2016 Council Meeting.
Please RSVP through the CDHNS at info@cdhns.ca

ANNOUNCEMENTS

Celebrating our Members

Cancellation of Registration and Practicing Licence on Request – reason noted: retirement

In accordance with the Dental Hygienists Act and Regulation the registration and practicing licence of the following individuals have been cancelled at their own request. They remain in "good standing" with the CDHNS. These individuals are no longer authorized to practice dental hygiene in the province of Nova Scotia.

The reason they indicated for their cancellation of membership is retirement. The CDHNS would like to take this opportunity to thank each retiring member for their significant contribution to the oral health of Nova Scotians over many years. They should be proud of their service as health care providers and their support of the dental hygiene profession has been appreciated. We wish them well in their retirement!

Anne Boutilier - Graduated 1972
Derek Bowering - Graduated 1978
Jerry Craig - Graduated 1978
Sandra Creaser - Graduated 1974
Heidi MacDonald - Graduated 1988
Colette Prosniewski - Graduated 1988
Adelle Thomas - Graduated 1971



The following members are celebrating 25 years in the profession and receiving their 25-year pin from CDHA!

Congratulations!

Christina Coolen
Mona D'Entremont
Elaine Giffin
Sharon Hearn
Heather Hicken
Mary Jane Hicken
Monique LeRoux
Beverley MacNeill
Johna Penney
Kimberly Quann
Rachelle Ross-Larkin
Lisa Umlah

Important Dates to Remember

*Dalhousie Student Dental Hygiene Presentations
January 29, 2016*

*CDHNS Council Meeting
January 29 & 30, 2016*

*Deadline for Council Nominations
February 28, 2016*

*NSCC Dental Assisting Table Clinic
March 24, 2016*

*CDHNS Council Meeting
May 13 & 14, 2016*

*AGM
June 4, 2016*

*Licence Renewal 2016-17
September 1 - October 1, 2016*

Dalhousie Dental Hygiene Presentations

An Evening of CE for Clinicians While Supporting Our Students' Education

Friday January 29, 2016

Agenda

Registration: 4:45 - 6:00
 Presentations: 5:00 - 8:00 pm

Location: Faculty of Dentistry

- Main Floor Clinic- 2nd Floor (Dental Student Table Clinics)
- 4th Floor Classrooms (Dental Hygiene Student Presentations)

Credits: 2 hours (To receive CE credits you must sign-in at the registration desk by 6pm)

Dental Hygiene Student Professional Presentations for the Public

Second year dental hygiene students, in groups of 4 students, will be giving 15-20 minute presentations that have been researched and will focus on providing optimal oral hygiene care to people with a variety of medical and dental hygiene. The presentations will be held in classrooms and will be in PowerPoint formats. Handouts will be provided.

Each presentation will be given three times, please see the schedule for times and room numbers.

The topics of the presentations this year will be 'A Client Presents to the Dental Hygiene Office with a Medical Emergency'. See the following list for the Medical Emergencies being discussed.

Time	4117	4116	4111	4112	4113
First Presentation					
5:00	Allergic Reaction	Chest Pain/ Myocardial Infraction	Dental Hygiene Office Emergency Care Procedures	Epilepsy/ Vasovagal Syncope/ Postural Hypotension	Panic Attacks /PTSD
5:30	Cardiovascular Accident/TIA	Dental Hygiene Emergencies	Diabetes	LA Emergencies	Respiratory Difficulty
Second Presentation					
6:00	Allergic Reaction	Chest Pain/ Myocardial Infraction	Dental Hygiene Office Emergency Care Procedures	Epilepsy/ Vasovagal Syncope/ Postural Hypotension	Panic Attacks /PTSD
6:30	Cardiovascular Accident/TIA	Dental Hygiene Emergencies	Diabetes	LA Emergencies	Respiratory Difficulty
Third Presentation					
7:00	Allergic Reaction	Chest Pain/ Myocardial Infraction	Dental Hygiene Office Emergency Care Procedures	Epilepsy/ Vasovagal Syncope/ Postural Hypotension	Panic Attacks /PTSD
7:30	Cardiovascular Accident/TIA	Dental Hygiene Emergencies	Diabetes	LA Emergencies	Respiratory Difficulty

nscc

17th Annual NSCC DENTAL ASSISTING TABLE CLINIC

LOCATION: NSCC - Institute of Technology Campus Front Entrance Common Area

ROOM A238

DATE: Thursday, March 24, 2016

TIME: 4:30 - 7:30 pm

CPR FOR HEALTHCARE PROFESSIONAL
 Re-Certification 2016

Bridgewater Public Health Office

Saturday April 16th, 2016

8:30 -12:00 OR 1:00 - 4:30

Reserve your spot by e-mail: r.b@ns.sympatico.ca

VOLUNTEER OPPORTUNITIES

Call for Member Volunteers

Members are needed for the following committees:

Hearing Committee Panels (1)

Continuing Competency Committee (1)

Member Services Committee (2)

Hearing Committee - Panel

In accordance with the Dental Hygienists Act of Nova Scotia (the Act) the CDHNS Councils is required to appoint a Hearing Committee comprised of such members and lay representatives as determined by the Council. The Chair of the Hearing Committee appoints a panel of five persons from the Committee, at least one of whom is a lay representative, to act as the Hearing Committee (Panel) for purposes of the discipline process.



Pursuant to the Act, the hearing panel is responsible for conducting a full and fair hearing regarding allegations of unprofessional conduct of a member. The job of the hearing panel is to determine, on the basis of the evidence introduced, whether the conduct of the dental hygienist constitutes unprofessional conduct.

Hearing Panels are established from Hearing Committee members on an “as needed” basis. Fortunately the CDHNS has not sent any discipline cases to hearing since our inception in 2009. An orientation session will be conducted for new Hearing Committee members. The CDHNS legal counsel would conduct a review of the hearing process for a specific Hearing Panel appointed to hear a discipline matter.

The list of available members is open to dental hygienists with experience in all spectrums of dental hygiene practice: general practice, specialty practice, independent practice, community health and education. Generally the College likes to have a pool of a minimum of ten individuals in total upon which to draw if a hearing panel is required.

We are seeking members with good knowledge of the profession and CDHNS professional standards and who exhibit the following qualities:

- Fair
- Good listener
- Non-biased
- Respect confidentiality
- Confident
- Mature judgment

Applicants must have 5 or more years of experience as a dental hygienist. If you are interested in submitting your name as a nominee for appointment to the list of members available to be selected for serving on the Hearing Committee please send your resume and a brief letter describing why such an appointment appeals to you. Submissions should be directed to: CDHNS Complaints Director at 11- 2625 Joseph Howe Drive, Halifax, NS or electronically to registrar@cdhns.ca by February 28, 2016 and an interview can be arranged.

Continuing Competency Committee (1)

The dental hygiene legislation provides for a quality assurance program including mandatory continuing education requirements. Council has delegated this responsibility to the Registrar. The Continuing Competency Committee under the direction of the Registrar conducts the Continuing Competency Audits, reviews and revises the Continuing Competency Guidelines and reviews other matters related to the mandatory continuing competency program referred to it by the administrative staff of the CDHNS. This committee meets twice per year to review the guidelines and conduct the continuing competency audit and generally corresponds by email or conference call to conduct other business as required. Registrants interested in serving on this committee should submit a resume and a brief letter indicating your interest to the College at registrar@cdhns.ca



Member Services Committee (2) Less policy more fun!

Under legislation the CDHNS subject to its regulatory public protection mandate may advance the profession. The CDHNS is looking to enhance opportunities for member engagement and advancement of the profession. The Member Services Committee is the vehicle through which members have an opportunity to participate in the non regulatory side of the CDHNS.



The mandate of the Members Services Committee would be to advise the CDHNS on such things as continuing competency planning and events, surveying the members, raising public awareness of the profession, increasing interprofessional activities, member recognition program, volunteer recruitment, students programs, promotional products, liaise with CDHA on member promotions and activities, provide input into the CDHNS newsletter, or provide ideas for member programs and services. If you want to be involved in creating a CDHNS “Run for the Cure Team” or sell dental hygiene logo shirts or bring in an interesting speaker for the AGM or another interesting member programing then the Member Services Committee is for you! Or perhaps you have another idea entirely! No messy policy development here just good ideas and volunteers needed. If you have a few ideas and want to volunteer call Jenn at 902-444-7241 or email registrar@cdhns.ca. And bring a friend we are looking for a least two new members!

SPECIAL MORTGAGE STRATEGY FROM MANULIFE BANK

MANULIFE ONE IS AN INNOVATIVE, ALL-IN-ONE ACCOUNT THAT ALLOWS YOU TO COMBINE YOUR MORTGAGE, PERSONAL LOANS AND LINES OF CREDIT WITH YOUR INCOME AND SHORT-TERM SAVINGS. BY CONSOLIDATING YOUR DEBT AT A COMPETITIVE LOW INTEREST RATE(S), AND THEN USING YOUR INCOME AND SHORT-TERM SAVINGS TO REDUCE YOUR BALANCE, YOU COULD TAKE YEARS OFF YOUR MORTGAGE AND SAVE THOUSANDS IN INTEREST.

HIGHLIGHTS:

- ✚ OPTION OF INTEREST PAYMENTS ONLY ON MORTGAGE DEBT DURING PERIODS OF REDUCED CASH FLOW (I.E.) UNEXPECTED MONTHLY EXPENSE, PERIODS OF INCOME UNCERTAINTY, ETC.
- ✚ WE PAY MIGRATION COST, LEGAL FEES AND APPRAISAL COST
- ✚ SIMPLE INTEREST VERSES COMPOUND INTEREST USED IN MORTGAGE CALCULATION
- ✚ ACTUAL SCENARIO: MALE 42, FEMALE 40, MORTGAGE BALANCE \$246,266; MONTHLY PAYMENT \$1,471.00. MANULIFE ONE BANK PAYMENT \$718.00 – MONTHLY SAVINGS \$753.00.
- ✚ INCREASED RATE OF RETURN ON SHORT TERM SAVINGS, EDUCATION ACCOUNTS & LONG TERM (RETIREMENT) ACCOUNTS

TO FIND OUT IF THIS NEW BANKING OFFER CAN BE OF ASSISTANCE TO YOUR PERSONAL SITUATION PLEASE DIRECT INQUIRIES TO RUDY KNIGHT, A MANULIFE ADVISOR, (CONTACT INFORMATION LISTED BELOW) AND HE WILL MAKE ARRANGEMENTS FOR AN AT HOME INTERVIEW WITH A MANULIFE BANK CONSULTANT IN YOUR AREA / PROVINCE.

RUDY B. KNIGHT

3433 DUTCH VILLAGE ROAD, HALIFAX, NOVA SCOTIA B3N 2S7

BUS: (902) 457-0700 / FAX: (902) 443-3166 / CELL: (902) 499-1135

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College of
**Dental Hygienists
of Nova Scotia**

UNISON

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Wishing you and your family a very
peaceful and joyful holiday celebration
from the CDHNS

The CDHNS office will be closing on Tuesday, December 22, 2015 and will reopen on Monday, January 4, 2016.
Happy New Year!

College of Dental Hygienists of Nova Scotia

11-2625 Joseph Howe Drive
Halifax NS B3L 4G4

www.cdhns.ca

