

## Mission Statement

The College of Dental Hygienists of Nova Scotia, in the best interest of the public, regulates members, promotes excellence in care and advances the profession.

## From the Desk of the Registrar

### Renewal Time



by Patricia Grant

#### Expiry Notices

All expiry notices will be sent to members by email. Online renewal is mandatory for all members. It is the member's responsibility to ensure that they hold a valid practicing licence at all times regardless of notice sent or other circumstances.

#### Important Reminders re: Online Renewal

##### Practicing members:

When Practicing members renew online, the system will confirm that the member's CPR certification will be current on November 1, 2017. If

CPR certification was completed 12 or more months prior to November 1, 2017 the system will not allow the member to proceed with online renewal until an updated CPR certificate has been uploaded. Upload your current CPR card to the system at [www.cdhns.ca](http://www.cdhns.ca) > Member Login> scroll down the right hand side of the page to Upload your CPR . The next step will be to add your practice hours (see pg. 8). Beginning this year we require all members to list the number of practice hours worked from Nov 1, 2016 to Oct. 31, 2017.

##### For Non-Practicing members:

Non-Practicing members may renew their non-practicing membership online. Non-Practicing members are not required to provide evidence of holding CPR certification.

##### Transfer – licence status

Non-Practicing members who wish to transfer to practicing licence status at licence renewal must notify the CDHNS so that the online system can be reset to manage their renewal. Sign in to the CDHNS website to access the forms and information you'll require to apply for

transfer. Navigation: [www.cdhns.ca](http://www.cdhns.ca) >member login> renewal

The licence renewal period will start on **September 1, 2017 and run until to October 2, 2017.**

The CDHNS staff must review all 740+ applications, complete any necessary follow up, receive the fee, manage receipts and mail new licenses for November 1, 2017. This process takes time considering the volume of registrants who must be followed up. Please have your CPR, online application and fee in to the CDHNS by Oct 2, 2017.

Of the 740+ individuals who were sent notices in 2016 there were over 120 individuals for whom we had no response or who had not submitted complete licence renewal documents on or before Oct 3. These individuals were sent a non-disciplinary letter in January 2017 from the Registrar reminding them that it is their professional responsibility to complete the licence renewal by the specified date.

Going forward only standard practice for notice and reminders will be given. These standard practices are as follows:

- August 31, 2017 - initial notice



of license renewal including the date the documents and fees are due are sent by email and available on the website a two-week email notice prior to the deadline

- a one week notice by email prior to the deadline.
- no repeated emails, messages at home, messages at places of employment and on cell phones will continue after Oct 1.
- Nov 1 the licence will expire. As per regulation 23 (2) and 34 (1-4) the Registrar will suspend the member's licence and inform the member and their employer that the member is unable to practice until the member meets the requirements for renewal of their licence. The member will be subject to reinstatement fees as well as the cost of the original licence.
- Renewals not completed can be forwarded to the Investigations Committee for an unprofessional conduct.

# AGM 2016-2017 Highlights



Meet your CDHNS Council Members (l-r): Vanessa Romain-Amirault, Joyce Lind (Chair), Donna Samson, Nicole Stevens, Allison Craig, Michele Brennan, Carrie Morrison, Angie Nowe, Shannon O'Neil. Missing from photo are Greg Glynn and Jennifer Clark (Vice-Chair).

On June 3, 2017 the 2016-2017 Annual General meeting took place at the McNally Main Theatre, Saint Mary's University in Halifax, Nova Scotia with over 170 members in attendance. The Council Chair, Joyce Lind called the meeting to order and introduced the Council members present.



A crowd of dental hygienists at the recent AGM held at McNally Main Theatre, Saint Mary's University.

Lind also outlined the current Council nominations:

## CDHNS Council Nominations for 2017-2019

Jennifer Clark, Beaver Bank  
Lindsay Macdonald, Halifax  
Carrie Morrison, Dartmouth  
Danielle Newell, Halifax  
Mallory Pettigrew-Brent, Eastern Passage  
Nicole Stevens, Chester

## New Registrants & Congratulations to 2017 Graduates!



Since reporting on membership numbers in the Annual Report the CDHNS has registered 36 new registrants, of these 24 were 2017 graduates. Fifteen graduates were from the School of Dental Hygiene at Dalhousie University, seven graduates from Oulton College in Moncton and two from other provinces. We congratulate all new graduates and welcome the newest members to the profession and to the CDHNS!

### The Unison

is the official newsletter of the  
College of Dental Hygienists of  
Nova Scotia

Editor-In-Chief: Rosemary  
Bourque RDH

Editorial Staff: Renee Field

### CDHNS Council

Jennifer Clark - Chair, Beaver Bank  
Shannon O'Neill - Vice Chair,  
Beaver Bank  
Carrie Morrison - Exec. Member,  
Dartmouth  
Vanessa Romain-Amirault - Exec.  
Member, Yarmouth  
Michele Brennan - Public Member  
Allison Craig - Hebbville  
Nicole MacCormack - Chester  
Lindsay Macdonald - Halifax  
Danielle Newell - Halifax  
Angie Parker - Enfield  
Mallory Pettigrew-Brent, Eastern  
Passage  
Donna Samson - Cape Breton  
Nicole Stevens, Chester

CDHNS Director: Joanne Noye

Registrar: Patricia Grant

Member Services Co-ordinator:  
Renee Field

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### AD RATES

2" x 3.5" \$45.00

1/4 pg. \$57.50

1/2 pg. \$150.00

Full pg. \$225.00

Rates are subject to change.

Publication of an ad does  
not necessarily imply that  
the CDHNS agrees or  
supports the claims therein.

We welcome your ideas,  
articles and letters.

Submit to the  
Editor at  
members@cdhns.ca  
Next Deadline for submissions  
December 1, 2017

# Continuing Competency Highlights

Helen Pitman, who works part-time for the College of Dental Hygienists of Nova Scotia started off the Continuing Competency part by outlining the recommendations in the White paper produced by CDHNS in 2014 called, *“Dental Hygienists Prevent More to Treat Less”*. Pitman is a graduate of Dalhousie University where she earned a Diploma in Dental Hygiene and a Bachelor of Science in Health Education. Helen has been employed in both the private and public sector for over 30 years. Helen has worked as a private practice dental hygienist, a dental hygiene instructor/lecturer, a public health dental hygienist, a Community Health Board coordinator, a school

team health educator, and a public health program manager.

Pitman's inter-active power point presentation showcased the statistical information collected from the province in regards to dental hygiene and health. A number of people asked questions concerning the data, and what can be done now that the White paper is available. Pitman also showcased the White paper in the “Next Steps” Project to a variety of public health departments and community councils.



Helen Pitman talking to the dental hygienists at the recent AGM about details from the Next Steps program.



Dr. Lisa Johnson gave an inter-active presentation to the dental hygienists as part of the recent AGM.

Dr. Lisa Johnson, a graduate from the University of Toronto Dental School in 1999 and who has had a private practice for 13 years did a presentation called, *“HPV & Oral Diseases”*. She returned to the University of Toronto in 2012, to complete a four year degree in oral pathology and oral medicine. During her specialty training she also completed a Masters of Science degree. In November 2016, she and her husband relocated to Halifax, where she took an assistant professor position at Dalhousie University.

Dr. Johnson's presentation was a lively one and included wonderful resource materials and slides showcasing squamous papilloma, verruca vulgaris, Heck's disease, Condyloma acuminatum, HPV Lesions in HIV patients and HPV in head and neck cancers. She also touched briefly on HPV salivary testing and HPV vaccine.



A reminder that all CDHNS members who renew by October 2, 2017 are eligible for the CDHA early bird draw.



Members of The College of Dental Hygienists of Nova Scotia get a discount at the Best Western Plus Chocolate Lake Hotel on St. Margaret's Bay Road, Halifax. Call (902) 477-5611 to make reservations and you might need to show your CDHNS licence.

# Oral Pathology & Oral Cancer



**Dr. Louis Bourget**



Dr. Louis Bourget Bsc, Msc, PhD, DMD, FRCD (c), FIOMS.

Dr. Louis Bourget received his Bsc in Physiology in 1983, and continued his research in physiology/anatomy and Biochemistry to complete his Masters and his PhD at McGill University by 1986. Accepted in a D.M.D. program at the McGill University, this degree was completed in 1990. A year of medical/dental internship allowed him to enter a Maxillofacial program at Dalhousie University in Halifax, Nova Scotia and completing a second Masters degree. After his Medical and surgical rotations, his training was completed by 1995. He received his FRCD in the same year. He spent some time in France doing a fellowship in Cleft Lip and Palate reconstruction and Facial esthetic. He completed a facial cosmetic fellowship in North Carolina and has taken extensive courses in advanced facial reconstruction all over North America and Europe.

He has an active staff position at the South Shore regional hospital and Eastern Regional Health authorities Hospital in NL. Part owner of the first accredited surgical suite in the Maritimes, he maintains a full time private practice in Oral and Maxillo-Facial functional and cosmetic surgery all over the Maritimes. He maintains his ACLS certification and board member of the National lifeguard service. One of his passion's is his active role with his family foundation going on yearly Medical missions in Africa and Brazil, and spending time with his family and offshore sailing, skiing and martial art.



Dr. Louis Bourget talking to the dental hygienists who attended the recent AGM at McNally Main Theatre at Saint Mary's University.



*At the recent, AGM Dr. Bourget gave an inter-active presentation encouraging dental hygienists to use all of their senses when looking at a patient during oral cancer screening. Participants were encouraged to palpate each other's neck lymph nodes to determine what they could feel. He stressed paying attention to a patient when they walk into the office is crucial. "You notice their breath, any unusual blemishes on their skin, the inside of their eyes and then you begin to work on their teeth," he said.*



## CDHA CORNER

**Dear friends and colleagues,**

*This will be my last official communication as the CDHA board director from Nova Scotia. Wendy Stewart will be replacing me at the fall board meeting in Ottawa this October. The meeting coincides with CDHA's national conference and annual general meeting taking place October 19-21 in our nation's capital. October is such a beautiful time of year for travel; Ottawa would make a great destination for Nova Scotia dental hygienists to participate in a conference packed with great speakers and to connect with colleagues from across the country. Visit [www.cdha.ca/2017conference](http://www.cdha.ca/2017conference) for more details.*



*I encourage dental hygienists from our province to get involved in both our provincial and national dental hygiene organizations. Consider becoming a member on the Council for the College of Dental Hygienists. I was a member of the inaugural council and found experiencing the regulatory aspects of our profession from a different perspective was very enlightening. Though the nomination process may seem daunting, your involvement is important as our profession needs more diverse voices at the council level to make the most appropriate decisions. There are also opportunities to join various committees of the College Council. Please contact the College for further information.*

*It has been a great privilege to be the representative from Nova Scotia on the CDHA board. Since my first meeting in Winnipeg in 2011, I have been inspired by the colleagues that I have met on the board and feel that I have made some lifelong friends. I wish Wendy all the best in her tenure.*

Sincerely,

Joanne Noye, RDH, BA  
CDHA board director, Nova Scotia

## WHAT'S NEW AT CDHA?

### PROFESSIONAL DEVELOPMENT

Webinars now on demand:

Silver Diamine Fluoride for Caries Control

Oral Rinsing: What Should You Tell Your Clients?

Webinars coming soon:

*We're on hiatus over the summer break but watch for some great content in the fall:*

Dentin Hypersensitivity, September 20, 2017  
sponsored by Colgate

Community Water Fluoridation, October 4, 2017

Challenges of Our Diabetic Clients, November 15, 2017  
sponsored by SUNSTAR

[www.cdha.ca/webinars](http://www.cdha.ca/webinars)

**Please note:** CDHA's PD offerings now have an expiration date of one year from the date of purchase or selection (in the case of free offerings) unless otherwise specified.

### CDHA POSITION STATEMENT: COMMUNITY WATER FLUORIDATION

CDHA's updated position statement on community water fluoridation is now available at [www.cdha.ca/positionstatement](http://www.cdha.ca/positionstatement)

### NDHW™ 2017

Another round of successful celebrations has wrapped up and all our contest winners have been announced at [www.cdha.ca/NDHW](http://www.cdha.ca/NDHW). Thanks to our sponsors Dentsply Sirona, Sunstar G•U•M, TD Insurance, PHILIPS Sonicare, and PHILIPS ZOOM! Mark your calendars now for #NDHW18 (April 7-13).

### SAVE THE DATE

- CDHA National Conference, October 19 to 21, 2017  
Ottawa, Ontario. [www.cdha.ca/2017conference](http://www.cdha.ca/2017conference)

### SERVICE CODES LAUNCHED

CDHA is pleased to release the 2017 National List of Service Codes, the first major revision to the list since 2012. This newest edition is the result of consultations with numerous stakeholders, including members, the Independent Practice Advisory Committee (IPAC), provincial regulators, and government. Key changes are summarized in chart form for quick reference. [www.cdha.ca/servicecodes](http://www.cdha.ca/servicecodes)



[www.cdha.ca](http://www.cdha.ca)



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# Member Information

## Access Free Internet to Scan & Upload Your Documents to Your Member Profile

Go to <http://www.nscap.ca/> to find a site nearest to you.

The Community Access Program, or CAP, began in 1995 as a national initiative to ensure all Canadians had access to the Internet .

The Nova Scotia Community Access Program (NSCAP) advances communities' economic, social and cultural priorities through technology and innovation, building a strong, sharing, cooperative, competitive province.

NSCAP provides communities with affordable access to technology in over 200 sites across the Province.

In a CAP site individuals can:

- Access the Internet and computer technology,
- Learn basic computer skills,
- Reach Government Services and Programs,
- Discover new and emerging technologies,
- Experience Online or Distance Education,
- Learn and share with others,
- And so much more!

## Dental Hygiene in the Real World Presentation

In April 2017 The College of Dental Hygienists of Nova Scotia partnered with the Faculty of Dentistry and the Dentistry Mentorship Program, to support the *Dental Hygiene in the Real World* presentation. More than 75% of the collective dental hygiene student body (45/59) were in attendance, plus five faculty members, and panelists.

This moderated panel featured a variety of dental hygiene alumni who shared their experiences on life in the working world. The moderator was Shauna Hachey (Dip-DH'04, BDH'12), an executive member of the Dentistry Alumni Committee, a faculty member at the School of Dental Hygiene, and a clinical dental hygienist in the specialties of orthodontics and periodontics.



The panelists were (right to left): Shana Ewart (DipDH'10, BDH'11, Territory Account Manager, Crest/Oral-B/The KMac Group), Carrie Morrison (DipDH'07, CDHNS Council Member, general practice dental hygiene), Shannon O'Neill (DipDH'97, Public Health dental hygienist and CDHNS Council Member) & Joanne Noye (DipDH'86, Owner/Operator, Essential Dental Hygiene Services independent mobile oral health clinic & CDHA NS Chair).

## CPR Clarification

Not all CPR training courses show a course date on the CPR wallet card provided to members. If your card doesn't list the date you took the course you will also need to have a receipt. Both of these documents (your card and receipt) can be uploaded to your member profile, under CPR document upload. Maintain Certificates of Attendance for all CE including yearly CPR in your own files for audits. Certificates require course name, description, date of course and number of hours or use the CDHNS Certificate of Attendance.

- To Upload documents to CDHNS go to: [www.cdhns.ca](http://www.cdhns.ca) and Log In under "Member LogIn".
- On the Left side of your Logged In page you will find "Member Menu"
- Click "Edit My Profile"
- In the new window, click Tab "Additional ▼"
- This opens a scroll down.
- Click "CPR UPLOAD"
- Then in the upper left side click "ADD NEW"
- Then under Upload CPR Document, Click "Choose File" to browse your Documents and find your downloaded document to upload from your computer or cell.

# Retirement Party for Registrar

After eight years, Patricia Grant is retiring as Registrar for The College of Dental Hygienists of Nova Scotia. Grant was instrumental in helping to establish The College and has worked tirelessly to educate the public about the important role dental hygienists play in the province. Patricia's leadership and vision have been an integral part of the growth of the CDHNS since becoming a self-regulated profession in 2009.

A party was held to honor Grant at The Hollis Hotel in downtown Halifax and over 70 colleagues, friends and family attended. Maritime harpist's, Katherine Fitch Loza played a number of Celtic tunes throughout the evening. A number of guest speakers gave touching tributes to Grant and Joyce Lind, Chair, CDHNS hosted the event.



Patricia Grant, Registrar, accepts flowers from CDHNS Chair Joyce Lind.



Patricia Grant, CDHNS Registrar, with Frédéric Duguay, CDAC.



(L-R): Terry Mitchell, Kate MacDonald (Life time member CDHNS), Patricia Grant, Registrar and Glenda Butt



Maritime Harpist Katherine Fitch Loza performed for the party with a number of Celtic tunes.



Patricia Grant, Registrar, CDHNS and Shelley Gillis with Martin Gillis, Provincial Dental Board of Nova Scotia Registrar.

## An Oral Health Assessment Clinic for Syrian Newcomer

by Shannon O'Neill, RDH

Recently, Nova Scotia welcomed Syrian refugees to our province. Displacement from their home country impacted their health. That was certainly the situation with their oral health status. Doctors at The Transitional Health Clinic for Refugees identified dental disease as a significant problem for newcomers and reached out to the oral health community in Nova Scotia for support. The College of Dental Hygienists of Nova Scotia was among those who offered support. The request for resources aligned with CDHNS's mission, vision, goals and our white paper entitled, *Dental Hygienists Prevent More to Treat Less- Promoting Health and preventing disease by integrating dental hygienists at their full scope of practice into Nova Scotia's Health care system.* <http://www.cdhns.ca/images/Prevent%20More%20to%20Treat%20Less%20OCTOBER%20%20FINAL.pdf>

With the support of CDHNS and Registrar Patricia Grant, we supported newcomers by providing a preventative oral health assessment clinic for Syrian refugee children starting October 2016. As the coordinator, I facilitated a team of CDHNS dental hygienists, who volunteered their time once a week over six months to provide dental hygiene assessment, oral health education, applied fluoride varnish and referred newcomer children to an oral health care provider.

The oral health assessment happened within a collabora-

tive environment. After nurses administered vaccines, families had an opportunity to have their eyes examined by medical students and their teeth looked at by dental hygienists. Sometimes interpreters were available to help explain dental concepts like fluoride varnish. We used pictures to communicate. I learned some basic Arabic to share oral hygiene instruction with children and their parents. As project coordinator, I facilitated oral health referrals with the help of a nurse and staff at the Transitional Health Clinic as well as The Immigrant Settlement Association of NS.

We saw close to 200 children over six months. We practiced tooth brushing with mothers, fathers and children. Even siblings learned to safely brush their younger brother and sisters' teeth. We saw a lot of unmet dental treatment needs including, tooth decay, infection and children who were living with chronic oral pain.

Initially, the clinic ran for four weeks with supplies that were donated and purchased by CDHNS, dental suppliers, dental hygienists and dentists in the community. With the support of CDHNS and the Registrar, Patricia Grant, I applied for and received a community health board grant from the Chebucto Community Health Board, which allowed the project to continue until the Spring 2017.

So many dental hygienists offered to help that I had a waiting list of volunteers. This

## Three Year Notice: Regulatory Change

(effective in the three-year period starting November 1, 2017)

Three-year notice is hereby given that Council has approved a requirement for licencing or licence renewal that for registrants who have graduated more than three years prior to their application for a licence or licence renewal the registrant must provide evidence of 600 hours of practice as a dental hygienists within the 3 years immediately preceding the date the Registrar receives a complete application.

Hours of practice will be tracked beginning November 1, 2017 and the 600 hours requirement will take effect on November 1, 2020. For more information and background on this subject see Unison, Vol 43, Issue 3 Quality Assurance - Practice Hours

project could serve as a model to support other communities who are having difficulty accessing preventative oral health in traditional settings.

This past July, I was invited by The Canadian Dental Hygienists Association and The International Federation of Dental Hygienists to attend a global oral health strategy session in Italy, called *Social Responsibility - Improving Oral Health Worldwide*. I was able to share the story of this project and learned from dental hygienists from around the world who were coordinating similar projects.

In Nova Scotia, there are many dental hygienists participating in similar projects and working with communities who experience barriers to accessing oral health care. I welcome the opportunity to share ideas and thank everyone for their support with this project. I can be reached through CDHNS.

## Student Presentations for Oral Health



For the month of April, which was Oral Health Promotion month, students were encouraged to think of a variety of ways to encourage people to think about oral health. Alicia Bond, Courtney Watson, Jadeen Umscheid and Emily Porter thought "out of the box" by creating slogans about oral health. They worked with local Dalhousie University coffee shops. The coffee shops allowed the students to place their individualized stickers on the mugs.



## NS Dental Hygienists Attend International Social Responsibility Conference held in Florence, Italy

Representatives from 17 countries gathered in Florence, Italy on July 8-9, 2017, to share and learn more about social responsibility in the field of oral health. Nova Scotia Dental Hygienists, myself, Wanda Fedora, IFDH Vice President, and Shannon O'Neill, CDHNS Council Member and Coordinator for the Syrian Refugees Clinic in Halifax joined Bev Woods and Irene Iancu of Gift From The Heart and Denise Kokaram from the Alex Community Health Center in Alberta as the Canadian contingent.

Day One was filled with sharing successful programs and hearing from the experts in the oral health field; in prevention programs and health literacy. The member countries delivered presentations on Mom and baby programs that educate new Moms, toddler programs to increase awareness of oral health and healthy snacks, neighbourhood outreach that brought preventive care to the doors of children who can't access care, on to teen clinics to alleviate pain and teach proper oral health care and through to programs for seniors where care givers are given a comprehensive oral care course free of charge. The energy of the group was palpable. So many good deeds being delivered by our professional colleagues was a testimony to the spirit of dental hygienists when it comes to our true sense of social responsibility.

Our second day was dedicated to developing new programs and/ or enhancing current initiatives. Speakers touched on what to consider when planning



and how to look for funding and then the delegates networked through a program café and shared their knowledge. For myself it was wonderful to watch the interchange of ideas and challenges and see new relationships being born.

Along with our IFDH President and myself other speakers included Professor Ken Eaton, Chair, Platform for Better Oral Health Europe; Yvonne Nyblom, President European Dental Hygiene Federation; Dr. Ono Hofman, Chairman, Ivory Cross; and Dr. David Walker, Honorary Research Fellow, University of Sydney, WFPHA Working Group on Oral Health and Wil Pelksman RDH of the Netherlands gave a workshop and presentation on working with the elderly.

Sponsors Dentsply Sirona, GSK, Crest/ Oral B and Colgate generously supported the conference and as well as covering the costs of all meals, hotel and speakers they treated the delegates to memorable dining on a rooftop restaurant under a Tuscan full moon and a riverside dinner along the Ponte Vecchio bridge. Their support is invaluable to the success and future of so many programmes.

We truly appreciate their generosity.

As the conference closed our delegates were given the task of continuing to develop

their programmes and implement them. Throughout the process they will create a digital poster that will be delivered at the International Symposium on Dental Hygiene in Seoul, Korea in 2019. Good luck to everyone as they bring better oral health care to the world.

**Wanda Fedora**  
Vice President IFDH

*(pictured above some members enjoying a break from the conference)*



## National CDHA Conference in Ottawa

On behalf of the Canadian Dental Hygienists Association (CDHA) board of directors, I would like to invite you to Ottawa, Canada's capital, to attend CDHA's 2017 conference, hosted in partnership with the National Center for Dental Hygiene Research and Practice. We hope you will join us from October 19-21, 2017 as we explore the conference theme: "Translating Knowledge to Action." You'll have an opportunity to learn from and network with colleagues and internationally recognized speakers, who will present a wide range of oral health topics over the course of three days. Ottawa is the place to be to celebrate Canada's 150th anniversary. I look forward to learning and celebrating with you!

*Gerry (Geraldine) Cool, RDH*

## Unison Goes Paperless

The CDHNS Newsletter, *Unison*, will be environmentally sound and is going paperless. An electronic version will be sent to all our members in a direct email and we will upload a version to the website. This will save the College over \$7,000 a year in printing and mailing costs.

We are not the only college to make this move. A number of colleges are already paperless including the College of Dental Hygienists of Manitoba, and College of Dental Hygienists of British Columbia, which went paperless a few years ago.

Money saved will be used to create new educational opportunities for members of the CDHNS.

# CDHNS Council Members

## Meet Your CDHNS Council

Mallory Pettigrew-Brent, Eastern Passage



Mallory was born and raised in Bridgewater, Nova Scotia. After high school she attended Dalhousie University, graduating with a Bachelor of Science in 2008. She then graduated from the Diploma of Dental Hygiene program in 2010, followed by the Bachelor of Dental Hygiene in 2011. She currently lives in Eastern Passage with her husband and 10 month-old daughter. She works full-time at a dental office in downtown Halifax. Mallory has been passionate about oral health for many years. Being a member of council will allow her to help shape the future of the dental hygiene profession. In her spare time she enjoys running, knitting and reading.

## Lindsay Macdonald, Halifax

Following the completion of a BA majoring in English & History at Dalhousie University in 2013, Lindsay decided to switch paths and pursue a career in dental hygiene, much inspired by the excellent hygienists she had seen since childhood. Lindsay graduated from the Dalhousie Dental Hygiene program in 2015 where she was an active member of student government within the faculty. Since graduating she has worked as a full-time clinical dental hygienist in the Halifax-Dartmouth area. Coming from a long-line of school-teachers, Lindsay enjoys the important role patient education plays within her work as an RDH and providing dental hygiene care to young children. When she is not in her



op, Lindsay enjoys weightlifting, golf and spending time with family at the cottage in beautiful Pugwash, N.S. Lindsay is excited to have been elected to CDHNS council and is looking forward to serving the college and its members.

## New CDHNS Council Chair: Jennifer Clark



I hope you all had a relaxing and fun summer. Let me introduce myself as your new chair of the council for CDHNS. My name is Jennifer Clark and I live in Beaver Bank with my husband of 22 years and our youngest daughter. We are a proud military family. I graduated in 2003 from Dalhousie University and have been practicing in general dentistry since graduation.

I joined the CDHNS Council two years ago, first, as a council member and last year as vice chair. I'm also currently part of the executive search committee for the next registrar. I'm excited to be part of the evolution of the College as we welcome a new Registrar this fall.

Fall means licence renewal time for the college. We have been fortunate to be self-regulating since 2009. Renewal of licence is an important responsibility for members. The College's role is one of professional regulation for dental hygienists in the province and equally important is their role in educating the public about oral health and the role dental hygienists play in health care delivery.

It's my pleasure to welcome new graduates to CDHNS. I wish you the best as you start your journey in this amazing health profession of oral care.

**Jennifer Clark, BSc, RDH**  
**CDHNS Chair**



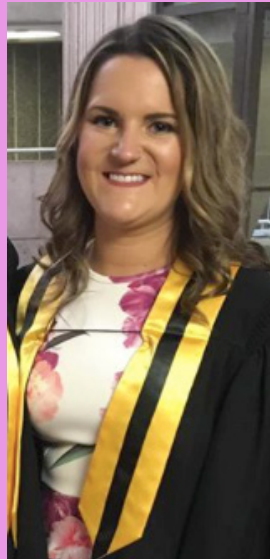
Renew your licence at [www.cdhns.ca](http://www.cdhns.ca). It's simple, fast and secure. Online renewal will open September 1, 2017

To allow for processing all applications and fees must be received by the CDHNS by Oct 2, 2017. Current licenses expire on Oct. 31, 2017.

# Announcements

## College of Dental Hygienists Award

Congratulations to Sarah Grant who is this year's receipt of the College of Dental Hygienists Award. The award is presented to the student with the highest academic standing in all subjects. The presentation took place on May 29, 2017 and she received \$500.



The Art Galley of Nova Scotia in Halifax offers FREE admission every Thursday evening from 5 - 9pm courtesy of BMO Financial Group

Art Gallery of Nova Scotia Halifax  
1723 Hollis Street  
Halifax, NS B3J 1V9  
www.artgalleryofnovascotia.ca

**Alzheimer Society**  
NOVA SCOTIA

## Family Caregiver Education Series

Halifax: Bedford/Sackville

Where: Bedford/Sackville Community Health Team, 833 Sackville Dr. (upper level), Lower Sackville

When: Thursday afternoons, 1:30-3:30 p.m.

Dates: Sept. 21, Sept. 28 and Oct. 5, Oct. 12, Oct. 19 and Oct. 26

To register: Heather at 902-422-761 ext. 243 or email heather.murdock@asns.ca

Middleton

Where: Heart of the Valley Long Term Care Centre, 89 North Street, Middleton

When: Monday afternoons, 1:30-3:30 p.m.

Dates: Sept. 11, Sept. 18, Sept. 25 and Oct. 2, Oct. 16, Oct. 23 (excludes Thanksgiving Day)

To Register: Pat at 902-790-4189 or email pat.miller@asns.ca

Bridgewater:  
Where: South Shore Regional Hospital (Dawson Room), 90 Glen Allan Dr., Bridgewater

When: Thursday evenings, 6:30-8:30 p.m.

Dates: Sept. 14, Sept. 21, Sept. 28 and Oct. 5, Oct. 12, Oct. 19

To register: Cheryl at 902-523-1614 or email cheryl.mackay@asns.ca

Liverpool:

Where: Queens General Hospital (Lloyd Frellick Room), 175 School St., Liverpool

When: Wednesday evenings, 6:30- 8:30 p.m.

Dates: Sept. 13, Sept. 20, Sept. 27 and Oct. 4, Oct. 11, Oct. 18

To register: Cheryl at 902-523-1614 or email cheryl.mackay@asns.ca

Coming soon 2017, but not yet confirmed:

Shelburne, Clare , Economy, Debert, Great Village & Westville



The Discovery Centre is now located 1215 Lower Water Street, Halifax. Check out <http://thediscoverycentre.ca> for more information.

## Your Donation Can Touch Many Lives

What greater gift is there than the gift of life? That's exactly what every blood donation delivers. Blood and blood products are a critical part of everyday medical care including major surgeries, medical procedures, cancer treatments and managing disease.



College of  
**Dental Hygienists  
of Nova Scotia**

# UNISON

OFFICIAL NEWSLETTER OF THE COLLEGE OF DENTAL HYGIENISTS OF NOVA SCOTIA  
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### *Important Dates to Remember*

HCP CPR Re-Certification in New Glasgow  
Saturday Sept 9th, 2017  
Pre-register contact: [r.b@ns.sympatico.ca](mailto:r.b@ns.sympatico.ca)  
(902) 396-3152

*Licence Renewal Begins*  
*September 1, 2017*

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