

Mission Statement

The College of Dental Hygienists of Nova Scotia, in the best interest of the public, regulates members, promotes excellence in care and advances the profession.

From the Desk of the Registrar...



I am sure by now many of you have heard the various articles in the news regarding the crisis in the use of opioids in Canada. At the January meeting of Nova Scotia Regulated Health Profession Network Dr. Rob Strang, Chief Medical Officer, Nova Scotia Department of Health and Wellness presented to the regulatory group on opioid use in Nova Scotia.

Below are the key messages from Dr. Strang's presentation.

- there are two linked issues for Nova Scotia: the acute issue of the possibility of increasing amounts of illicit opioids as part of street drugs on top of the

chronic issue of overprescribing of legal opioids and resulting dependency, misuse and overdose.

- for the past, several years there has been an average of 60 acute opioid overdose deaths annually in NS with almost all due to prescription opioids (OxyContin, hydromorphone, methadone) often in combination with alcohol and benzodiazepines. In 2016 there have been two deaths due to illicit fentanyl and several police reports of illicit fentanyl in the form of fake OxyContin pills.

- the departments of Health & Wellness and Justice are leading the development of a comprehensive response plan that will be tabled within the next 1-2 months for decision on government approval and funding.

- the response plan to this opioid crisis will propose immediate response needs to protect lives (harm reduction, increasing access to naloxone) as well as longer term solutions regarding access to treatment and improved opioid prescribing.

- there is work underway to link

the opioid response to actions to improve acute & chronic pain management.

- the opioid response is an opportunity to raise discussion about the root causes of addiction.

- there are opportunities for all regulated health professions to become engaged in raising awareness with their members and participating in discussions about interventions and solutions.

Some of you may have heard Dr. Gus Grant, Registrar College of Physicians and Surgeons interviewed on the radio concerning the 2017 recommendations for opioid use. We would encourage you to review the recommendations as you consider how the changes may affect the clients you see in your practice or those you know in your personal lives who suffer from chronic pain.

Below is a link to that document.

Announcement: Retirement of Registrar

The Council of the CDHNS wishes to inform you that our registrar, Patricia Grant, will be retiring from the College of Dental Hygienists of Nova Scotia effective June 30, 2017. Patricia has announced her retirement after having served as the first registrar of the college for the past eight-years. Patricia's leadership and vision have been an integral part of the growth of CDHNS since becoming a self-regulated profession in 2009. While we wish her well in her retirement, she will most definitely be missed.

CDHNS has a succession plan in place, and Council will begin the search for a new registrar according to that plan immediately.

Please note recommendation #10 for a multidisciplinary approach. <http://www.nsrhpn.ca/2017/02/recommendations-use-opioids-non-cancer-pain/>

SPEAKERS FOR UPCOMING AGM

Dr. Louis Bourget

Dr. Louis Bourget Bsc, Msc, PhD, DMD, FRCD (c), FIOMS.



Dr. Louis Bourget was a lifeguard and paramedic in the late 1970's and early 1980. He received his Bsc in Physiology in 1983, and continued his research in physiology/anatomy and Biochemistry to complete his Masters and his PhD at McGill University by 1986. Accepted in a D.M.D. program at the McGill University, this degree was completed in 1990. A year of medical/dental internship allowed him to enter a Maxillofacial program at Dalhousie University in Halifax, Nova Scotia and completing a second Masters degree. After his Medical and surgical rotations, his training was completed by 1995. He received his FRCD in the same year. He spent some time in France doing a fellowship in Cleft Lip and Palate reconstruction and Facial esthetic. He completed a facial cosmetic fellowship in North Carolina and has taken extensive courses in advanced facial reconstruction all over North America and Europe.

He has an active staff position at the South Shore regional hospital and Eastern Regional

Health authorities Hospital in NL. Part owner of the first accredited surgical suite in the Maritimes, he maintains a full time private practice in Oral and Maxillo-Facial functional and cosmetic Surgery all over the Maritimes.

He maintains his ACLS certification and board member of the National lifeguard service. One of his passion is his active role with his family foundation going on yearly Medical missions in Africa and Brazil, family and off shore sailing, skiing and martial art.

Dr. Lisa Johnson

Dr. Lisa Johnson graduated from the University of Toronto dental school in 1999, after which she went on to work in private practice for 13 years. During eight of these years, along with her husband, she owned and operated a dental practice in a rural community in Ontario. She returned to the University of Toronto in 2012, to complete a four year degree in oral pathology and oral medicine. During her specialty training she also completed a Masters of Science degree. In November 2016, she and her husband relocated to Halifax, where she took an assistant professor position at Dalhousie University.

Her duties at Dalhousie include research, teaching at the undergraduate and graduate level, and co-managing the bi-

opsy service. Her special interests include mucocutaneous conditions, dysplasia and oral cancer and burning mouth syndrome.

Dr. Johnson is a new member of the Nova Scotia Dental Association and will be serving as their representative for "Smoke Free" NS. She is a member of both the Canadian and American Academy of Oral and Maxillofacial Pathology. In her spare time, Dr. Johnson enjoys cycling, hockey and taking long walks with her two dogs.



The Unison

is the official newsletter of the
College of Dental Hygienists of
Nova Scotia

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AD RATES

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1/4 pg. \$57.50

1/2 pg. \$150.00

Full pg. \$225.00

Rates are subject to change.

Publication of an ad does
not necessarily imply that
the CDHNS agrees or
supports the claims therein.

We welcome your ideas,
articles and letters.
Submit to the
Editor at
members@cdhns.ca
Next Deadline for submissions
July 1, 2017

The next Council meeting will be held on May 5 & 6, 2017

AGM & CONTINUING EDUCATION

Preventing More & Treating Less: Next Steps by Helen Pitman

Helen Pitman is a graduate of Dalhousie University where she earned a Diploma in Dental Hygiene and a Bachelor of Science in Health Education. Helen has been employed in both the private and public sector for over 30 years. Helen has worked as a private practice dental hygienist, a dental hygiene instructor/ lecturer, a public health dental hygienist, a Community Health Board coordinator, a school team health educator, and a public health program manager. Currently Helen is working part-time with the College of Dental Hygienists of Nova Scotia as a projector coordinator. In this role, Helen is working on the “Next Steps” Project which is striving to follow up on the recommendations the White paper produced by the CDHNS in 2014, “Dental Hygienists Prevent More to Treat Less.”



FDA Drug Safety Communication:



FDA warns about rare but serious allergic reactions with the skin antiseptic chlorhexidine gluconate.

The U.S. Food and Drug Administration (FDA) is warning that rare but serious allergic reactions have been reported with the widely used skin antiseptic products containing chlorhexidine gluconate.

Chlorhexidine gluconate is also available as a prescription mouthwash to treat gingivitis and as a prescription oral chip to treat periodontal disease.

Health care professionals should always ask patients if they have ever had an allergic reaction to any antiseptic before recommending or prescribing a chlorhexidine gluconate product. Advise patients to seek immediate medical attention if they experience any symptoms of an allergic reaction when using the products.... And to report side effects involving chlorhexidine gluconate or other medicines to the FDA MedWatch program.

To read the full safety announcement, go to: <http://www.fda.gov/Drugs/DrugSafety/ucm530975.htm>

CDHNS Annual General Meeting and Continuing Education

“ORAL PATHOLOGY & ORAL CANCERS”

Saturday, June 3, 2017
McNally Main Theatre,
Saint Mary’s University
Halifax, NS
AGM: 8:30am-9:30am
CE: 9:45am - 4pm

The AGM is free and open to everyone

Keynote Afternoon Speaker: Dr. Louis Bourget Bsc, Msc, PhD, DMD, FRCD (c), FIOMS.

Registration is required for both the AGM and the Continuing Education Event and will be available on April 3 through members’ profiles.

The full-day event is \$90 and qualifies for 6 credits: 4 credits in Category 1 and 2 credits in Category 3. If you come only to the AGM it is 1 credit in Category 3.

Included as part of the ticket for the CE is our Friday Night Social to Honour the Registrar **June 2, 2017, 7pm-9pm at The Hollis Hotel, 1649 Hollis St. Halifax.**

Please join us for the special social as we acknowledge the retirement of our Registrar.

AWARDS

Second Year Students at Dalhousie Smile!

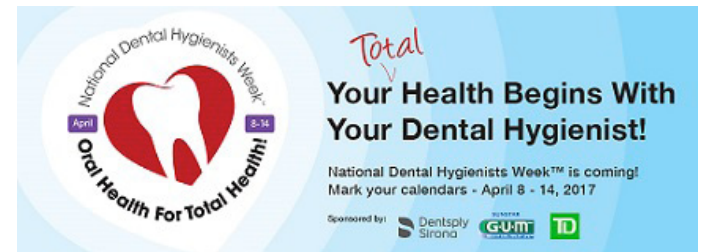
CDHNS supports Dental Hygiene 2nd Year Student Presentations at Dalhousie University School of Dental Hygiene



First place ARTiculating the use of Atraumatic Restorative Treatment is (l-r): Alicia Bond, Ayesha Kottapalli, Jadeen Umscheid, and Emily Porter.



2nd place for Best Practice for Sealant Preparation featured is (l-r): Katie Power, Ruth McConkey, Sarah Grant, and Molly Bell.



What is National Dental Hygienists Week™?

The month of April is Oral Health Month and an important part of this celebration is National Dental Hygienists Week™, celebrated annually in the second week of April. Focusing on the importance of maintaining good oral health practices and helping Canadians understand the role and importance of the dental hygiene profession, this annual event is sponsored by the Canadian Dental Hygienists Association (CDHA). The week's theme, "Oral Health for Total Health" reminds all of us that taking care of our mouth, teeth and gums positively impacts on other aspects of our lives.

Dalhousie Continuing Dental Education

particular interest to dental hygienists:

The CDHNS received a note from a member who had this to say about an upcoming CE speaker. "It is a real coup to have Dr. Sweet here to do a presentation. He is really an amazing and informative speaker."

Dr. David Sweet, OC, presentation: "Behind the Crime Scene Barrier Tape – The View From the Forensic Scientist" - Saturday, May 27, 2017.

SATURDAY, APRIL 8, 2017 Success and Preparation for Special Needs Patients...plus Treating Patients with Autism, Presenter: Karen Raposa.

For more information see https://www.dal.ca/content/dam/dalhousie/pdf/dentistry/CDE/61640%20CDE%20Course%20Catalogue%202016-17_Web.pdf

3rd place for Xerostomia went to students (l-r): Anniek Verhulst, Rachel van Vonderen, Amelia Wilson and Emily Devost. The men in the picture are Christen Hall from Hallmark and Raymond from United Dental Labs.

CDHA CORNER

Dear friends and colleagues,

The Canadian Dental Hygienists Association (CDHA) has been busy advancing the causes of seniors' oral health and access to care. Several articles were published in the recent Fall/Winter issue of *Oh Canada!*

magazine, including two articles by your fellow Nova Scotia dental hygienists, Wanda Fedora and yours truly, on our experiences working with seniors and vulnerable populations.

The Office of the Chief Dental Officer of Canada is also committed to improving the oral health of Canada's vulnerable populations. CDHA's board had the privilege of meeting the newly appointed chief dental officer, Dr. James Taylor, at our February board meeting in Ottawa. Dr. Taylor gave a presentation on his role, responsibilities, and interactions with key stakeholders at the federal level. He works to ensure that oral health is included when policies regarding the overall health of Canadians are discussed, and he appreciates the important role that dental hygienists play in the health care system.

I was glad to meet Dr. Taylor in person since this meeting in Ottawa marked my last winter meeting as a CDHA board director. The nomination process is now open for a new director from Nova Scotia; the application deadline is March 15.

It was a pleasure to serve on the board on behalf of Nova Scotia, and I hope members in the province will continue to utilize the support, resources, and services that CDHA offers. There is an amazing staff in Ottawa that is available and willing to serve you!

Sincerely,

Joanne Noye, RDH, BA
CDHA board director, Nova Scotia



WHAT'S NEW AT CDHA?

PROFESSIONAL DEVELOPMENT

Webinars now on demand:

The Naked Truth: Bare Essentials for Baby Boomer Health
Sponsored by Philips

How to Put Your Purple On! For NDHW™

Webinars coming soon:

Oral Rinsing: What Should You Tell Your Clients?, April 4, 2017

www.cdha.ca/webinars

Please note: CDHA's PD offerings now have an expiration date of one year from the date of purchase or selection (in the case of free offerings) unless otherwise specified.

SUCCESS! FEDERAL GOVERNMENT WILL NOT TAX HEALTH AND DENTAL BENEFITS

On February 1, Prime Minister Justin Trudeau stated in the House of Commons that there would be **no new taxes on health and dental benefits** for Canadians. We thank all CDHA members and other Canadians who participated in the #donttaxmyhealthbenefits campaign and sent 160,000 letters voicing their concerns about the proposal to their members of Parliament.

NATIONAL TELEVISION ADVERTISING CAMPAIGN

CDHA is excited to launch another national television advertising campaign during this year's National Dental Hygienists Week™. Highlighting the dental hygiene profession, these 30-second ads in English and French will run 70 times between **April 8 and 14** on English and French national TV networks CBC, Slice, HGTV, the Food Network, and Série+ with an expected audience reach of 4.5 million. The ads will also be distributed via a Google Video campaign, with an additional expected reach of 473,000. Watch our website in early April for the full viewing schedule.

SAVE THE DATE

- National Dental Hygienists Week™ 2017 will be held April 8-14. Plan to put your purple on! Watch www.cdha.ca/NDHW as details unfold.
- CDHA National Conference, October 19 to 21, 2017
Ottawa, Ontario. www.cdha.ca/2017conference

AREAS OF INTEREST ON OUR WEBSITE

- Update Your Membership Profile:
www.cdha.ca/profileedit
- Fact Sheets and Resources:
www.cdha.ca/factsheets
- Media Releases, CDHA and our Members in the News:
www.cdha.ca/press



www.cdha.ca



info@cdha.ca



[@thecdha](https://twitter.com/thecdha)



www.facebook.com/theCDHA

COUNCIL NOMINATIONS

Council Nominations for 2017

The following CDHNS members have been nominated according to the rules set out and have accepted the nomination for election to the CDHNS Council at the AGM on June 3, 2017. Each nominee was asked to submit a brief biography and a statement of intent. The following names have offered for the five positions opening on Council.

Lindsay Macdonald **Halifax** **Dalhousie University 2015**

Lindsay is an active member of the Dental Hygiene community. In 2015 she was the President for the Dalhousie Dental Hygiene Student Society. She currently practices in an area that services a large low socioeconomic community. She is responsible for new patient in-take, exams, screening, oral/head/neck cancer checks and works to develop treatment plans for oral hygiene therapy.

Statement of Intent: I am actively pursuing a position on the CDHNS Council because as a relatively new practicing member of our College, I believe I can provide a unique perspective and new ideas to the management and governance of our members and our practice. With a keen interest in community health stemming from my own professional experience, in joining council, I hope to play a role in advancing our College/members involvement and visibility in the community through embracing new promotional strategies. If elected to Council I would also like to contribute to the development of introductory materials for hygienists new to the College/profession; areas that may seem unclear to individuals such as new graduates or those new to our province. I believe I would make a great addition to Council and I am motivated to take on a more invested role in my profession and its governing body.

Mallory Pettigrew-Brent **Eastern Passage** **Dalhousie University 2010**

For the past six years Mallory has had a part-time practice in Wolfville and more recently a part-time practice in Bridgewater from 2015-2016. In 2011 Mallory worked full-time in a private practice in Halifax. From 2007-2015 she volunteered with Big Sisters and Big Brothers, was the dental hygiene student representative on the Interprofessional Development Committee from 2009-2010 and currently volunteers her time with the Leukemia & Lymphoma Society's Team in Training.

Statement of Intent: I am interested in serving on the CDHNS Council because I want to help shape the future of the dental hygiene profession. Being a part of the council will allow me to give back to the profession and better educate the public on the importance of oral health care.

Carrie Morrison **Dartmouth** **Dalhousie University 2007**

Carrie works in a general practice and also attended the Dental Assisting program at Holland College in 1996. She was vice president of HDHS and for the last two years has served on Council and as a member of the Ownership Linkage Committee.

Statement of Intent: I would love to continue to be part of Council and continue to gain knowledge and experience within my profession.

Jennifer Clark **Enfield** **Dalhousie University 2003**

Jennifer has volunteered for the past two years with CDHNS and is Past President of Halifax Dental Hygiene Society.

Statement of Intent: I have already served for two years and have enjoyed my time and want to continue to serve.

Wellness Grant



The College of Dental Hygienists of Nova Scotia was awarded a Wellness Grant by the Chebucto West Community Health Board to continue the work for the Volunteer Dental Hygiene Clinic for Syrian Refugee Children on February 1, 2017.

Pictured (l-r): Julian Morrison MC for the evening from the Chebucto West Community Health Board and Shannon O'Neill, Co-ordinator for the Dental Hygiene Clinic for Syrian Refugee Children and Patricia Grant, Registrar, College of Dental Hygienists of NS.

Nicole Stevens **Chester, Nova Scotia** **Dalhousie University 2013**

Nicole has volunteered with Gift from the Heart, and was a previous CDHNS Council member and volunteered with the Fluroide Rinse program.

Statement of Intent: Over the past two years I've had the privilege to be part of the CDHNS Council and I've learned so much. I would love the opportunity to continue as a council member to better myself and the dental hygiene community!

AGM 2016 MINUTES

AGM 2016 Minutes

1. Announcements

Patricia Grant, CDHNS Registrar, spoke to several housekeeping issues before the meeting began.

2. Call to Order

Joyce Lind, Chair of Council, brought the annual general meeting to order at 8:36am.

3. Welcome & Opening Remarks

Introduction of Council Members and Special Guests: Joyce Lind introduced the Council members in attendance and Dr. Robert Strang, the Chief Medical Officer of Health in NS.

4. Approval of Agenda

Motion: To approve the agenda as presented: Donna Samson, seconded by Angie Nowe. Motion carried.

5. Approval of CDHNS AGM

May 24, 2015 Minutes

Motion: To approve the AGM Minutes from May 24, 2015: Kathryn Foote, seconded by Patti Powell. Motion carried.

6. Remarks:

Dr. Rob Strang, Chief Medical Officer of Health, Province of Nova Scotia on behalf of the Minister of Health the Honorable Leo Glavine.

Dr. Robert Strang brought greetings to the members of the College of Dental Hygienists of Nova Scotia on behalf of the Department of Health. Dr. Strang spoke to the government's commitment to prevention, the overall oral health strategy in NS, and that multiple voices are needed to bring the message of the importance of oral health forward. Joyce Lind thanked Dr. Strang.

7. Canadian Dental Hygienists Association NS Director - Joanne Noye

Joanne Noye shared a presentation on the activities of the Canadian Dental Hygienists Associations over the past year. Highlights included the advocating for community fluoridation, lobbying on Parliament Hill, and promoting public recognition of dental hygienists across Canada.

8. Annual Report/Audit Statements- copies circulated

Motion: To receive the annual report and audit statements: Joanne Noye, seconded by Allison Craig. Motion carried.

9. Remarks: Michele Brennan, Council public member- Role of Public member

Joyce Lind introduced Michele Brennan, the Council's first government appointed public member. Michele spoke to the members about her role as a public member and how she was selected to be on the CDHNS Council.

10. Report of the Nominations Committee- Chair Angie Nowe

Angie Nowe, Chair of the Nomination Committee, presented the Nominations Slate to the members on behalf of Council.

Motion: To accept the report from the Nominations Committee: Simone d'Entremont, seconded by Wendy Stewart. Motion carried.

11. Election of Council Members

Angie Nowe introduced the four nominees: Allison Craig, Shannon O'Neill, Vanessa Romain, and Donna Samson. There were four (4) positions open on Council and four (4) nominees; the nominees were elected by acclamation.

Motion: To approve the acclamation of the nominations: Wanda Fedora, seconded by Jennifer Clark. Motion carried.

12. Recognitions and Awards:

Recognition of Committee Members:

Retiring 2015/16

Joyce Lind recognized the members that had retired from the CDHNS Committees over the past year. Those in attendance who did not previously receive a certificate of recognition received one at the meeting.

"You Make Me Smile": Courtney Reeves.

Joyce Lind recognized Courtney Reeves as the winner of the "You Make Me Smile" Award. Courtney received the award as she was nominated for her dedication to oral health by one of her clients. Unfortunately, Courtney was not able to attend the AGM

and will receive her prize at a later time.

Ambassador of the Year - Paulette Hawksworth

Shannon O'Neill was called to the stage to present the *Ambassador of the Year Award* to Paulette Hawksworth. Paulette received this award for her work with Smoke Free NS where she represented the CDHNS for many years. In the past year, Paulette, spoke at Law Amendments Committee in the legislature and participated in changing Bill 60 – Amendments to the Smoke Free Places and Tobacco Access Act.

Council Members - Joyce Lind recognized the retiring Council members; Simone d'Entremont and Karen Fuller. Both Council members completed two terms, for a total of four years each.

13. Adjournment:

The meeting was adjourned at 9:30am.

A reminder to all
CDHNS members
to keep your
member profile
updated.

If you have a change
of address, change
of name, email or
phone number you
are required to keep
your profile updated.

FROM CDHA

North End Community Health Center: Preschool Screening Day

For the past three years during the month of April the North End Community Health Center on Gottingen Street has provided a preschool screening day where children aged 4-5 years old come into their facility to have their ears, eyes and teeth checked. There have been various dental hygienists along with one dentist from our community who have volunteer their time and expertise to provide these children with expert oral hygiene instructions and fluoride varnish treatments. Each year The College of Dental Hygien-

ists of Nova Scotia has graciously provided toothbrushes for all of the children involved. I want to express thanks from everyone involved in this project to the CDHNS for their generous donations. Thank You.

**Sincerely,
Teanne MacCallum, RDH**

Pictured left are Denise Zwicker & Shauna Hachey providing care to a young preschooler.



Are you ready for STOP! Clean Your Hands Day? May 5, 2017

This year, we want everyone to really hone in on their internal monologue and start asking themselves: what can I do to change my hand hygiene practices? Not only can you improve your own habits, you're setting a great, easy to follow example for everyone around you!



Your Hands Day this year. We're hosting a video competition, a webinar (we also have

a couple other tricks up our sleeves!) and we've got a website full of tools and

resources at your disposal to make your event a success.

#AskYourself

So save the date and start thinking about how you're going to celebrate STOP! Clean



Canadian Blood Services
it's in you to give

Some quick facts about blood:

- Every person's body contains about five litres of blood (or 10.5 pints)
- There are approximately 450 ml of blood in one unit collected
- About 100,000 new donors are needed every year to meet demand
- Canadians are some of the most loyal donors in the world, donating more than two times per year on average

- It can take up to 50 units of blood to save a single car crash victim
- It can take eight units a week to help someone battling leukemia
- All it takes is one donation to Give Life
- Right now, somewhere in Canada, someone needs a blood transfusion to survive. You have the power to give them life.

Canadian Blood Services'
Blood Donor Clinic
Blood Donation Center
Address: 7071 Bayers Rd,
Halifax
Phone: +1 888-236-6283

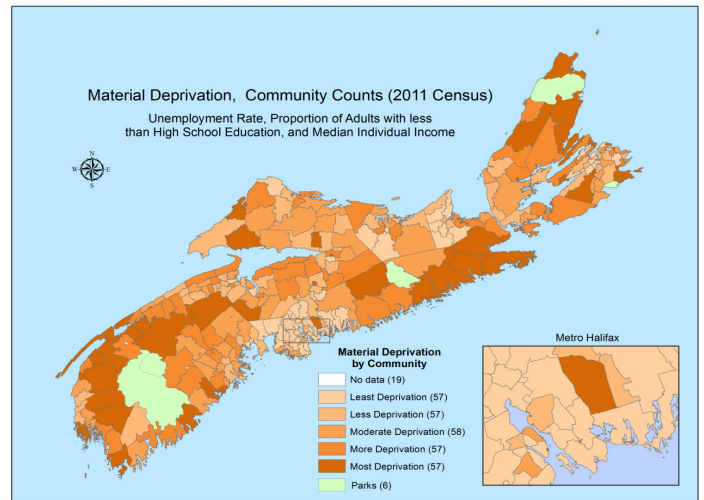
Project Co-ordinator Leads the way with Data

As a follow up to the CDHNS white paper, *Dental Hygienists Prevent More to Treat Less*, the CDHNS has hired a project coordinator to work on moving forward on the 13 recommendations presented in the paper. The project coordinator is part-time and started in June 2016. Since beginning, the project coordinator has initiated a Next Steps Working Group, collated oral health data from Nova Scotia, developed a Strategic Plan, worked on developing partnerships with other organizations, and looked into external funding sources for projects. As a result, the CDHNS has met with several groups including the Department of Education and Early Child-

hood Development and the First Nations and Inuit Health Branch. The Project Coordinator has also started to reach out to the Community Health Boards to find out if it is possible to get on the Board's Council of Chairs meeting agenda in each of the four health zones. Currently there is a presentation booked with Northern Zone in Amherst.

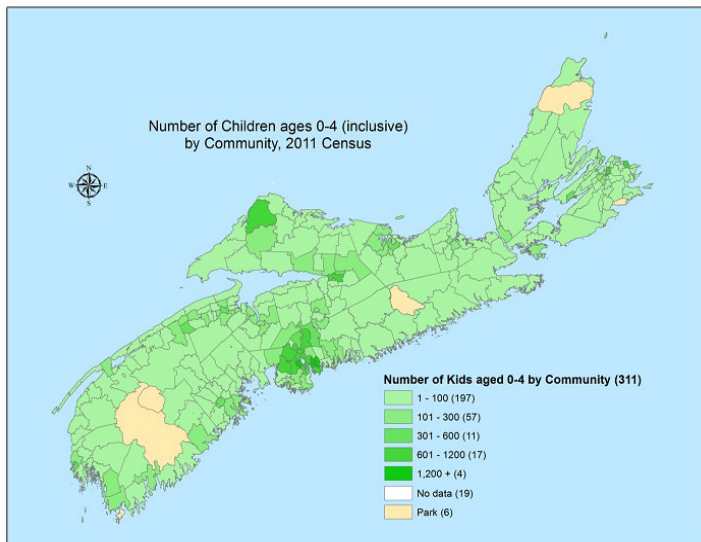
“Seniors living in long term care facilities have more oral health needs than seniors living in the community.”

If you are interested in co-presenting to the CHB Council of Chairs in your area, please contact the CDHNS office and leave your name and contact information with the administrative assistant or email Helen Pitman (helenpitman@eastlink.ca).



Map 1.3 (Above): Material Deprivation by Community Map: Material Deprivation Index is an index that combines unemployment rate, proportion of adults with less than high school education and median individual income. The results are assigned to quintiles which determine 5 possible categories at 20% each. The results are mapped by 311 Community Counts communities.

The map below has data and the following tables were built based on the dataset “Census Population by 5 Year Age Groups” provided by “Finance and Treasury Board” and made available through the Nova Scotia Open Data Portal. (<https://data.novascotia.ca/Population-and-Demographics/Census-Population-by-5-Year-Age-Groups/2zws-gisw>)



“By fluoridating the water in 5 more communities (Truro, Amherst, Bridgewater, Yarmouth and Antigonish) it is possible to increase the number of Nova Scotians receiving optimally fluoridated water by almost 53,000 people.”

CONTINUING COMPETENCY COMMITTEE REPORT: 2016 AUDITS

The Continuing Competency Committee met on Saturday, February 4, 2017, to conduct the 2016 audits. Audits were completed for those members selected by the external auditor, whose cycle ended on December 31, 2016.

A total of 38 members were audited, 31 were found to be complete and 7 were incomplete/pending due to the member submitting incomplete documentation. Three members did not submit a Continuing Competency Record Form and/or additional verification documentation was required. Please send in as much verification for courses as possible especially the start and end times of courses. This ensures accuracy in awarding continuing competency credits. Wherever possible please submit the CDHNS certificate of attendance and this certificate is required to obtain full credit for the CPR courses.

Congratulations to those members whose audit were found to be complete with no follow up required.

Throughout the audit process it was noticed and recorded that many individuals completed credits after audit notices were received on December 1, 2016 to complete many of their continuing competency credits. This brings into question if the audit credits would have been completed had they not received audit notice. It is strongly recommended that members obtain their Continuing Competency Credits over the entire course of their cycle to fulfill your professional responsibility.

The Continuing Competency Committee will meet again in November. At the November meeting the Committee will review and revise the Continuing Competency Guidelines. One area which will be reviewed is restricting the number of the

number of credits which can be received in a 24hour period.

Online Recording - Phase Incomplete 2018

The phase in period of required online recording of continuing competency credits is almost complete. Credits must be recorded online for those members whose cycles ended in the past two years. The group whose cycle ends on December 31, 2017 will be the last group and will complete the phase in period.

Continuing Competency Guidelines – revisions

Members are encouraged to refer to the Continuing Competency Guidelines when determining the category and number credits for their continuing competency activities. The Committee approved the changes to the Continuing Competency Guidelines drafted in September 2016. The revised Guidelines are available on the CDHNS website.

Most revision were changes in wording to clarify statements or to correct any typos present.

Other changes include:

4.2 Starting in 2018 all registrants will be required to record their CE documentation online through the registrants' login on the website. (see online recording phase in above)

6.2.1 (c) For each dental hygiene, related article published in a refereed journal of dental hygiene/dental literature, 10 credit hours will be given.

6.3.2 (b) A course attended for non-clinical office software training which benefits record

keeping in the dental office. Approved and published in Feb. 2016

7.2 STUDY CLUBS

5. (b) Study clubs that do not submit their annual report will be struck from the College's list of recognized study clubs. A reinstatement fee of \$50.00 will be charged to study clubs that do not submit their annual report by December 31 and the Study Club must file the late documentation. Failure to file the report with the CDHNS and/or pay the fee will result in no credits being awarded for continuing competency activities completed during the preceding year.

New Committee Chair and Vice Chair

After two years, I stepped down as Chair of the Continuing Committee at the February meeting. The Committee has forwarded a recommendation to Council that Sonya Bishop and Sandra Rhodenizer be appointed the Chair and Vice Chair respectively at the Council's next regular meeting on May 5 and 6, 2017. -

Come join us!

The Continuing Competency Committee is recruiting two new members this year. The committee meets twice a year and responds to members concerns via email throughout the year. If you have been looking for a meaningful way to involve yourself with the CDHNS and your profession, this is it. Call or email the CDHNS at (902) 444-7241 or info@cdhns.ca



Jennifer Cox, Continuing Competency Chair (2016)

December 1, 2016

Levy
Casey
Carter
MacLean
Chartered Accountants

College of Dental Hygienists of Nova Scotia
c/o Patricia Grant, Registrar
2625 Joseph Howe Drive, Suite 11
Halifax, NS B3L 4G4

Dear Members:

We are the auditors of the College of Dental Hygienists of Nova Scotia and have been engaged to randomly select a sample of members to be audited with regards to their Continuing Competency requirements. We have only been engaged to select the sample and not to audit the member's compliance with their Continuing Competency requirements.

We are not aware of any relationships between the College and ourselves that, in our professional judgement, may reasonably be thought to bear on our independence. We hereby confirm that we are independent with respect to the College within the meaning of the Rules of Professional Conduct of the Institute of Chartered Accountants of Nova Scotia as at December 1, 2016.

We were provided a list of 198 member license numbers from the Registrar with no other information to identify the members to us. Using a random number generator in Microsoft Excel to select a number between 1 and 198 (inclusively), we randomly selected 40 license numbers; of which none were eliminated as duplicate numbers. The list of license numbers was not modified in any way and the first 40 non-duplicate random numbers generated were used for the sample. This sample was provided to the Registrar to be tested.

If you have any questions or concerns regarding this letter, please do not hesitate to contact our office.

Yours truly,

Levy Casey Carter MacLean
Chartered Professional Accountants

58 Bedford Highway
Halifax, NS B3M 2J2
Canada
Phone: (902) 444-4446
Fax: (902) 443-4846
www.lcsm.ca

Greg Strange, CPA, CA

ANNOUNCEMENTS

Staff Changes at CDHNS

Jennifer Mackay Myra resigned from the CDHNS effective January 13, 2017 after being the CDHNS's administrative assistant for six years. We will miss Jenn and her efficient management of the front desk and data base. The CDHNS wishes her well wherever life takes her in the future.

On February 06, 2017, we were joined by two new staff members, Patti Dunn and Renee Field.

Patti Dunn is our new full-time administrative assistant. Patti's role will include being the administrator for the CDHNS data base, reception duties and providing admin support services to the Registrar, Council and Committees and the Member Resource Centre.

Patti completed a Diploma with Honours in Health Office Administration at Willis College - Smiths Falls, ON and recently worked as a Health Office Administrator in Ontario. You can contact Patti at admincdhns@eastlink.ca or when you call the College you can speak with her in person.

Renee Field joins the CDHNS team two days per week as the Member Services Co-ordinator. In this position her responsibilities will be in planning and implementing the activities and programming for members including the annual Continuing Competency Event, strategic and ongoing communication support, research and write material for publication and media.

Renee's education is in journalism. She worked as marketing manager with the Downtown Halifax Business Commission, where she established, created, fund-raised and organized downtown Halifax programs including many special events. Renee is also the Founder of StoryFinds.com Inc., where she created and designed an on-line advertising company to showcase eBooks. You can reach Renee at members@cdhns.ca or by calling the CDHNS at (902) 444-7241 Mondays and Wednesdays.

Please join us in welcoming Patti and Renee to our team! The CDHNS will be holding training sessions and professional development over the next few weeks to integrate and build our team. During this transition period, we ask for your usual cooperation and patience if response times or other delays should occur.

STUDY CLUB ANNOUNCEMENTS

SOUTH WEST NOVA DENTAL HYGIENE STUDY CLUB

When: Saturday April 1st, 2017 8:30 registration then 9-3:30 course

Where: Yarmouth NS, NSCC Campus

Contact: Vanessa Romain-Amirault 902-749-7753 or vn810329@dal.ca

Speaker: Dr. Ross Anderson

Topic: First Tooth, First Visit/ CE: 6 CE points, Category 1

Price: \$70 (includes lunch that is provided) Max: 60 people, registration required by March 24th.

Bridgewater CPR

Saturday, May 13, 2017. Contact Rosemary: r.b@ns.sympatico.ca to register. Bridgewater Public Health Office Dominion Street.

CAPER 1 STUDY CLUB

CPR recertification will be Sunday, May 28th from 8:30 to 12:30

Location to be announced at a later date

Please contact Wanda Fedora at wandafedora@gmail.com to confirm attendance prior to Sunday, May 14th.



The Art Galley of Nova Scotia in Halifax offers FREE admission every Thursday evening from 5 - 9pm courtesy of BMO Financial Group

Art Gallery of Nova Scotia Halifax
1723 Hollis Street
Halifax, NS B3J 1V9
www.artgalleryofnovascotia.ca



Discovery Centre:

Free admission every Wednesday evening from 5-8 pm!

Co-sponsored by: CIBC and UNIRENT HOLDINGS LTD. Dome Theatre shows are the exception and will remain at an additional cost on Wednesday evenings. 1215 Lower Water St, Halifax

Alzheimer Society NOVA SCOTIA



EARLY STAGE FORUM

Saturday, April 22, 2017

Bethune Building Ballroom

QEII, Victoria General Site

1276 South Park Street

There is no cost but registration is required

Over 57 years ago, Jack and Janet got married. They enjoyed swimming, volunteering & walking. In 2011, Jack was diagnosed with Alzheimer's disease. They still enjoy swimming, volunteering & walking. This event is supported by the Marion & Dugger McNeil Fund. Join fellow Nova Scotians with early stage dementia to share experiences and learn strategies for living well.

College of
**Dental Hygienists
of Nova Scotia**

UNISON

OFFICIAL NEWSLETTER OF THE COLLEGE OF DENTAL HYGIENISTS OF NOVA SCOTIA
Volume 45 Issue 3 Spring 2017

Important Dates to Remember

*South West Nova Study Club CE Day
April 1, 2017*

*Caper 1 Study Club Meeting
May 28, 2017*

*CDHNS Council Meeting
May 5 & 6, 2017*

*Bridgewater CPR
May 13, 2017*

*Licence Renewal Begins
September 1, 2017*

College of Dental Hygienists of Nova Scotia

11-2625 Joseph Howe Drive
Halifax NS B3L 4G4

www.cdhns.ca



**AGM &
Continuing Education
Saturday, June 3, 2017
8:30am - 4pm
McNally Main Theatre
Saint Mary's University**

