



## Happy National Dental Hygienists' Week™

April 10-16, 2011

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Dental Hygienists across Nova Scotia are encouraged to celebrate National Dental Hygienists' Week™ by participating and organizing activities throughout your community. The CDHNS Resource Centre is available to provide toothbrushes (adult and children), floss, pamphlets, and many other resources for all the CDHNS members. The deadline to request supplies for National Dental Hygienists' Week™ that need to be mailed is April 1, 2011.

The CDHNS is celebrating National Dental Hygienists' Week™ by connecting with elementary school teachers in Nova Scotia to bring them an important message on how they can be an oral health champion to the children in their school. This project in conjunction with participating public health dental hygienists is part of the CDHNS's ends policies to encourage inter professional activities and to reach out to stake holders in the community. If you are interested in seeing the message visit our web site during National Dental Hygienists' Week™.

### **IMPORTANT INFORMATION ABOUT LICENCE RENEWAL**

Yes, there is another six months before the licence renewal period, but there are some things to keep in mind in preparation:

The Self Initiation course must be completed by all members who were registered with CDHNS before November 1, 2009. There are currently 287 members who must complete the course to receive a new licence for November 1, 2011. Your certificate of completion from CDHA must be received by CDHNS to confirm the completion of the course, and then you may request authorization to self initiate. Please give yourself enough time to finish the course at your own pace. A limited number of textbooks for the course are available through the CDHNS for a two-week loan period.

CPR is required within 12 months of the licence renewal date. You must have completed a Level C with AED or Level HCP CPR course between November 1, 2010 and October 31, 2011 to be licensable.

All members are required to inform the CDHNS of any change to both personal and professional contact information including address, phone number, email and employment changes.

## CDHNS A G M OFFICIAL NOTICE

Following the CDHA conference in Halifax June 09-11,2011,  
the CDHNS will hold its Annual General Meeting  
Sunday June 12, 2011 at 10am – 12pm  
Quality Inn & Suites Halifax  
980 Parkland Drive

### Meeting Agenda:

Presidents Address and Welcome  
Call to Order  
Announcements  
Approval of Agenda  
Approval of June 5, 2010 minutes  
Annual Report  
Report of the Nominations Committee  
New Business

REGISTRATION IS REQUIRED  
TO OBTAIN YOUR  
CERTIFICATE OF ATTENDANCE  
FOR YOUR CONTINUING  
COMPETENCY CREDITS AND TO  
PLAN APPROPRIATE SPACE.

All members are encouraged to attend the AGM.  
9:30 Registration and coffee  
10:00 am AGM

### **Registration by:**

Email: info@cdhns.ca Phone: 902-444-7241  
Or Mail the form below:

CDHNS AGM Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Remit registration to:  
College of Dental Hygienists  
26-2625 Joseph Howe Drive  
Halifax NS B3L 1L6

**The Unison  
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www.cdhns.ca

For previous and current issues  
Left Tab Members, Publications  
and click on Issue.

### CDHNS Council

Karen Wolf Antigonish  
Rosemary Bourque New Glasgow  
Dawna Ernst Henry Timberlea  
Stephanie Stevens Anapolis Valley  
Jackie White Cape Breton  
Sara Harding South Shore  
Wendy Stewart Halifax  
Joanne Noye Dartmouth  
Dianne Chalmers Halifax

CDHA/IFDH Representative: Wanda Fedora  
CDHNS Staff: Registrar Patricia Grant  
Administrative Assistant: Jenn MacKay

### AD RATES

2" x 3.5" \$25.00

1/4 pg. \$50.00

1/2 pg. \$95.00

Full pg. \$145.00

Rates are subject to change.

Publication of an ad does  
not necessarily imply that  
the CDHNS agrees or  
supports the claims therein.

We welcome your ideas,  
articles and letters.  
Submit to the  
Editor at  
unisonnews.cdhns.ca

NEXT DEADLINE  
FOR SUBMISSIONS  
AUGUST 1, 2011

*Congratulations Dalhousie University School of Dental Hygiene  
2011 Table Clinic Winners !*



Pictured from left to right are:  
Jennifer McNeil, Heather Pumphrey, Alyssa Marks, James Chin, Chelsea Boyle, Matthew Goodz, Laura Winchester, Stephanie Ryan

*CDHNS Council members Dawna Ernst Henry and Wendy Stewart were on hand to present  
the CDHNS prizes to the 1st, 2nd, and 3rd place winners.*  
**SCHOOL OF DENTAL HYGIENE TABLE CLINIC WINNING PRESENTATIONS**

1st place – Matthew Goodz & Chelsea Boyle  
Pneumonia – An Oral Hygiene Approach (reducing pneumonia rates in long term care facilities.  
Adviser: K. Haslam

2nd place - James Chin & Alyssa Marks  
Cranberries are Good for Teeth  
Adviser: C. Robb

3rd place – Heather Pumphrey & Jennifer McNeil  
Chronic Bad Breath? You Could be Suffering from Tonsil Stones  
Adviser: T. MacCallum

4th place – Laura Winchester & Stephanie Ryan  
Injection Free Local Anesthetic for Scaling and Root Planing  
Adviser: B. Davis

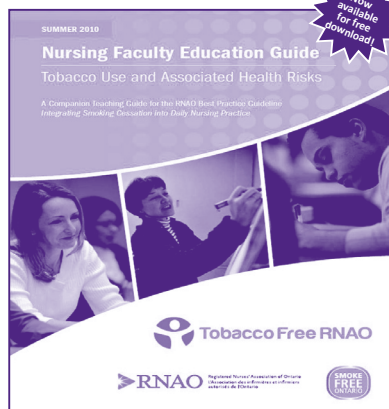


**Smoking Cessation Resource for Educators**

Tobacco use is the leading cause of preventable death across the country, yet 18 per cent of Canadians continue to smoke. The evidence is clear. When health-care professionals intervene, smokers are more likely to quit.

The Registered Nurses' Association of Ontario (RNAO) has developed a tool called the *Nursing Faculty Education Guide: Tobacco Use and Associated Health Risks*, to support nurse educators in integrating smoking cessation best practices into the curriculum. This free resource includes sample learning plans, PowerPoint templates and other tools to help faculty provide students with evidence-based tobacco control interventions they can use in their future practice.

For more info, visit [www.TobaccoFreeRNAO.ca](http://www.TobaccoFreeRNAO.ca) today!



## **CDHNS CONTINUING COMPETENCY REPORT**

When the CDHNS took over the responsibility of continuing competency from the PDBNS, members were assigned to an initial cycle of two, three, or four years so that the CDHNS would have an equal number of audits to complete each year. Members who were assigned the initial two year cycle had to have 30 credits completed by December 31, 2010. These members were reminded in August by the College that their cycle was ending and those who were randomly selected for the audit were notified early in December. Continuing Competency Record Forms were due January 24th, 2011, and the Committee met on February 12, 2011 to complete the audit.

I am pleased to announce that the first Continuing Competency audit of CDHNS has been completed and that all practicing members who were audited were successful. We are very pleased with this result! I encourage members to become familiar with the CDHNS Continuing Competency Guidelines that are available on the College's website. They are indeed very similar to the Guidelines we were accustomed to previously, but there have been some recent changes in the definitions, categories, and study club guidelines.

If a study club, or dental hygiene society is interested, Patricia Grant, Registrar, and myself, Chair of the Continuing Competency Committee, are available to come to talk to your group about the audit process, the CDHNS Continuing Competency Guidelines, filling in of the Continuing Competency Record Forms, or any other questions you may have about the Continuing Competency Program. Please contact the College if you have any questions.

I would like to take this time to thank the members of my Committee: Cheryl d'Entrement, Odette d'Eon, Jackie White, and Allison Craig for their time in preparing for this first audit, as well as CDHNS Administrative Assistant, Jenn MacKay, and our Registrar, Patricia Grant for fielding the questions at the office and for getting the audit materials ready for the big day!

Wendy Stewart, RDH  
Chair  
CDHNS Continuing Competency Committee

## *From the Desk of the Registrar*



### **JUNE CDHA CONFERENCE**

The CDHNS is pleased to welcome the national conference to Nova Scotia in June. This is a CDHA event, the first national conference in several years and we would like to recognize the effort their organizers have done in planning the program. The CDHNS is supporting the national effort by presenting attendees with a small registration gift which reflects one of our provinces many fine crafters. In addition we are sponsoring the local musical entertainment for the traditional "kitchen party" and providing volunteer and administrative support as requested during the conference. We hope all members will come out to take part and enjoy time spent with your colleagues from across the country! Registration is limited so sign up today so you won't be disappointed!

### **ANNUAL GENERAL MEETING**

You will see the official notice of the AGM of the College in this addition of the Unison along with the agenda items. The Council determined that given the national conference is in Halifax this year in June the CDHNS would hold its AGM on the same weekend and we would forego a scientific presentation. Elections for Council positions will be held at that time and an opportunity for consultative process with our members will be provided.

*Continued on page 7*

## CAN-ADAPTT Smoking Cessation Guideline: Updates

### Webinar Series Announced

CAN-ADAPTT will be hosting a series of webinars to discuss and explore each of the 7 guideline sections. Each webinar will be hosted by the lead developer of their respective section from the Guideline Development Group. For more information, click [here](#).

Registration is required, but free – click the link below to register for any of the webinars.

[www.surveymonkey.com/s/GuidelineWebinars](http://www.surveymonkey.com/s/GuidelineWebinars)

### Guideline Sections Launched

CAN-ADAPTT has launched **4 of its guideline sections** in full, as well as an overview of all summary statements included in the guideline. We **invite your feedback** on the guideline via [our online discussion board](#).

- ✓ Overview of Summary Statements ([English/French](#))
- ✓ Specific Populations:

[Aboriginal Peoples](#)

[Hospital Based Populations](#)

[Youth \(Children and Adolescents\)](#)

[Pregnant and Breastfeeding Women](#)

### Tobacco Rounds

March Tobacco Rounds will be held **March 23<sup>rd</sup>, 2010 from 1-3pm EST** and will be available via webcast. The topic will be “**CAN-ADAPTT Achievements and Seed Grant Highlights**”.

### Follow us on Twitter

Dr. Peter Selby, along with the CAN-ADAPTT, STOP and TEACH projects are now on twitter! Follow us at [Twitter.com/PSQuitSmoking](https://twitter.com/PSQuitSmoking) for smoking cessation news & events and project updates.

For more information, please contact Katie Hunter at [Katie\\_Hunter@camh.net](mailto:Katie_Hunter@camh.net) or 416-535-8501 ext. 7421.  
CAN-ADAPTT is funded by the Drugs and Tobacco Initiatives Program, Health Canada.  
For more information, visit [www.can-adaptt.net](http://www.can-adaptt.net).”

### STUDY CLUB MEETINGS

The Annapolis Valley Dental Hygiene Study Club

Date: Sunday, April 10 at 2pm.

Place: Eastern Kings Memorial Community Health Centre (EKM) Boardroom  
located at 23 Earnscliffe Ave., Wolfville.

Guest Speaker: Acupuncture for RDH, followed by a general meeting.

Session Dues: \$5:00

The South Shore Dental Hygienists' Study Club

Meeting scheduled for March 21 in Liverpool has been postponed  
until further notice.

## CDHNS Council Nominees

The following members have been nominated according to the rules set out and have accepted the nomination for election to the CDHNS Council at the AGM on June 12, 2011.

Each nominee was asked to submit a brief biography and a statement of intent.

The following names have offered for two year Council terms.

1. Sara Harding                      Bridgewater              Dalhousie              1986  
Sara is currently a member of the CDHNS Council, the Chair of the Credentials Committee, Chair of the South Shore Dental Hygienists' Study Club, and Past Representative for the NSDHA. She also volunteers on the BHS School Advisory Council, Backyard Project and Breakfast Program. Her twenty-five years practice has been in both private family clinics and public health settings.

**Statement of Intent:** I am reoffering for council as I believe strongly in regional representation and strengthening the bonds professionally and interprofessionally on the south shore. I am dedicated to the promotion of the profession of dental hygiene, access to care for all and hope, by sitting as a council member, that I can contribute in a meaningful way to the tasks & work the future brings for the CDHNS.

2. Joanne Noye                      Dartmouth              Dalhousie              1986  
Joanne is currently a member of the CDHNS Council, is also on the following council or committees; Victoria Road Periodontal Associates, Amethyst Scottish Dancers, and Joe Lamontagne Annual Hockey Tournament. Joanne has experience has been in private practice is the owner and operator of Essential Dental Hygiene Services as an independent practice dental hygienist.

**Statement of Intent:** As a council member from the beginning of the College of Dental Hygienists, I would like to participate in the regulatory aspect of the profession and see the continuation of work that has been started.

3. Ann MacArthur                      Windsor              Dalhousie              1992  
Ann has been a member of these committees and associations; NSDHA Secretary, NSDHA Valley Component Secretary, Community Representative with Mayor's Committee, Mission and Service Committee and current Elder with Windsor United Church. Ann's nineteen years of practice in a general dental setting has allowed her to interact with children through senior adult members including the rewarding aspect of providing oral care to physically and mentally challenged adults.

**Statement of Intent:** My career in dental hygiene has been and continues to be challenging, rewarding; indeed, life changing for me. Access to oral health care is a vital link in the overall well being of each members of society. It would be my wish to work toward this greater availability to care to all members of society and to guard the integrity of our profession.

4. Wendy Stewart                      Halifax              Dalhousie              2001  
Wendy currently a member of the CDHNS Council, CDHNS Representative on the NDH Certification Board, and Chair of the CDHNS Continuing Competency Committee. She has been the Secretary, Continuing Dental Education Representative and Convention and Entertainment Committees for the NSDHA, and Secretary, President and Past President for the Halifax Metro Component Society. Wendy has also been a Table Clinic judge and is a currently member of Omega Pi Sorority. Wendy has been working for the last ten years in general practice settings.

**Statement of Intent:** I hope you will consider my name when electing your Council at the 2011 AGM. I am standing for re-election because I enjoy volunteering within my profession. In addition to the satisfaction volunteering brings to my professional life, I feel that I now bring experience to the table from my previous local, Provincial and National Board terms. In particular, I hope to assist the CDHNS with the newly adopted Policy Governance Model that I have experience with from my work with the NDHCB.

5. Joyce Lind                      Sydney              Dalhousie              1985  
Joyce currently sits on the Robin Foote Elementary School Advisory Council, and has served on the Northside Community Health Board, and countless committees, most notably Joint Occupational Health & Safety and Quality Team. She has been working full-time as a Public Health dental hygienist since her graduation using a best practice approach as well as the social determinants of health.

**Statement of Intent:** My intent is to bring to the table the unique perspective of the dental hygienist whose client is "community" while gaining insight to our new provincial licensing body. I hope to learn, while bringing my experience & perspective to the table.

6. Rosemary Bourque (1 year term)              New Glasgow              Dalhousie              1987  
Rosemary is a current and Council member and sits on the CDHNS Investigation Committee. She is a Public Health dental hygienist and maintains a part time position in private practice.

**Statement of Intent:** My intention in re-offering to stand for nomination is to serve my profession and its members by bringing discussion and input to decision making processes used by our governance Council. I enjoy the community and collaborative milieu that we experience while working with the CDHNS Council.

### Nominations Are Now Closed

**The CDHNS has received 6 nominations for vacancies on Council.**

**Nominations for the regular Council 2 year and 1 year seats are closed.**

**Scheduled Council Meetings:**

Mach 26 and 27, 2011 at the Quality Inn and Suites in Halifax

June prior to the CDHA Conference

**Continuing Competency Audit**

Thanks and congratulations to the hard working chair and members of the Continuing Competency Committee who effectively and efficiently completed the first continuing competency audit. It is essential to have such support from volunteer members to assist the Registrar in the business of the CDHNS.

**Health Professions Regulatory Network (HPRN)**

The Health Professions Regulatory Network has been an informal group of health profession registrars and representatives from the Department of Health who meet on a quarterly basis to discuss common concerns regarding regulation of health professions in the province. It provides a forum for networking and development of collaborations. This group is rather unique in that there is no similar group in other provinces. One initiative of this group has been the Interprofessional Collaborative Regulation Workshop held in January, 2011, where a variety of collaborative models for discipline processes were explored.

**Update on the AIT and its Impact on Health Professions Regulations**

At the January meeting of the HPRN, Lindsay Turner, Nova Scotia's Labour Mobility Manager, introduced Diane Gordon to the Network members. Diane is the new FRPA (Fair Registration Practices Act) Review Officer for the province. Her duties will include the assessment of NS regulatory bodies to ensure they are meeting their obligations under the new Act and the provision of information and advice to these bodies to assist them in meeting their obligations. Ms Turner updated the Network on the Agreement on Internal Trade and advised that the NS government is currently focused on activities designed to clarify and harmonize how the Act is interpreted. The CDHNS has received copies of the Agreement on Internal Trade Chapter 7 and Guidelines if anyone is interested in reviewing these. Framework on Foreign Qualification Recognition (FQR) The Framework is the result of a joint commitment made by the federal, provincial and territorial governments to work together to improve the foreign qualification and recognition systems in Canada. Dental hygiene is not a targeted profession in this initiative at this time it is an issue to monitor.

**Projects and Initiatives**

Over the past few months the CDHNS has, in collaboration with several groups and agencies supported funding application efforts. The projects for which funding is being sought are to increase access to dental hygiene services in previously identified underserved populations. Although we do not have the final results of the all applications for funding as of yet the CDHNS recognizes the importance of supporting collaborative efforts to reach its objectives around access to care.

**Boot Camp**

Several members of the Hearing Committee and the Chair of the Investigations Committee of the CDHNS were sent to Bootcamp recently. That is, the Nova Scotia Barristers Society Boot Camp for Decision Makers. This is part of the CDHNS commitment to education and development for its committee volunteers. The College of Dental Hygienists of Nova Scotia participated in the planning committee for the 2 day event along with members from the Association of Nova Scotia Land Surveyors, College of Registered Nurses of Nova Scotia, College of Physicians and Surgeons of Nova Scotia, Law Society of New Brunswick, Nova Scotia Barristers' Society, Law Society of Prince Edward Island. The workshop included sessions such as Yoga for the Brain, Clearing the Hurdles- The Hearing Process: Part I, and Mental Gymnastics -The Decision-making Process with the Honourable Justice Jamie Saunders, Nova Scotia Court of Appeal and of course opportunities to network with other organizations. The CDHNS has received excellent feedback from all committee members who attended and the information gained will be used to train others and build policy around discipline processes in the CDHNS.

*Happy National Oral Health Month!*

*Use National Dental Hygienists' Week as an opportunity to spread the word about our profession!*

*Patricia Grant, Registrar*

# College of Dental Hygienists of Nova Scotia

UNISON

OFFICIAL NEWSLETTER OF THE COLLEGE OF DENTAL HYGIENISTS OF NOVA SCOTIA  
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## HCP CPR Recertification

Available on August 27, 2011 at the  
Dalhousie University Dental Building,  
Room 4116.  
Sessions will begin at 8:00am and 1:00pm  
(2 per day).  
Registration by email. Contact Jim Williams  
([emergency\\_scouts@hotmail.com](mailto:emergency_scouts@hotmail.com))  
or call 902-435-1968.

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