

# College of Dental Hygienists of Nova Scotia

# UNISON

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## DATES TO NOTE

Dalhousie Student  
TableClinics  
February 12, 2010

April is Oral Health Month

National Dental Hygienists  
Week April 11-17, 2010

CDHN AGM June 5, 2010

### Ad Rates

2" x 3.5" \$25.00  
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1/2 pg. \$75.00  
Full pg. \$125.00

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## *From the Desk of the Registrar*

### Licence Renewals 2009/2010



The CDHNS has completed its 2009/2010 licence renewal period. It was a tremendous effort but it went relatively smoothly considering there were some

changes to the process and it was the first renewal for the CDHNS. We completed the task with a temporary administrative assistant and volunteer help.

A special thank you to the Council members who did a great amount of telephone calling and a special member who volunteered on two weekends to help get the licences out in a timely fashion. We were able to connect with the Dental Hygiene Student Society at Dalhousie University and for a small donation they assisted in stuffing, sealing and stamping the envelopes. For these efforts we were rewarded by being in contact with many members who were pleasant and pro-

fessional with their inquiries and questions. We appreciate your understanding and patience during that busy time. To complete

### WANTED

BY THE CDHNS

CPR CERTIFICATES/CARDS

Did you forget to forward your copy when it became available?

Anyone who did not send in a copy of their official CPR card during the licence renewal period as promised must do so immediately! Remember **ANNUAL** certification is now requirement for maintaining a practicing licence.

EMAIL [INFO@CDHNS.CA](mailto:INFO@CDHNS.CA) ,  
FAX 444-7242 OR MAIL CDHNS

the process please send in a copy of your official CPR certificates/ cards if you have not already done so.

Under our regulations the category of non practicing member in the CDHNS is now possible.

*continued inside pages 3.*

- Do you want to receive Unison via online only? Let us know @ [unisonnews](mailto:unisonnews) and get your copy online only.
- The CDHNS has lost track of the following former NSDHA members. Please let the CDHNS know if you have any information on the whereabouts of Nina Dus, Elsbeth Legault , or Leonid Stantos.

COLLEGE OF DENTAL HYGIENISTS OF NS  
PO Box 29114  
HALIFAX SHOPPING CENTRE RPO  
HALIFAX NS B3L 4T8

**CDHNS**  
E mail: [info@cdhns.ns.ca](mailto:info@cdhns.ns.ca)  
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Unison newsletter:  
[www.cdhns.ns.ca](http://www.cdhns.ns.ca)

## **DENTAL HYGIENISTS ... LOOKING TO ENHANCE YOUR CAREER?**

### **Oral Care Consultant – P&G Professional Oral Care Canada**

Date: December 7, 2009

Position: Oral Care Consultant – Part Time

Location: Greater Halifax Area – based in Halifax area

### **JOB TITLE: Oral-B®, Crest®, Pro-Health® Oral Care Field Representative Represent a Leader in the Oral Care Industry!**

#### **WHAT IS THE OPPORTUNITY - JOB DESCRIPTION:**

We are looking for self-motivated, career driven, communicators for a part-time position to be the face of P&G Oral Care to the Dental Profession throughout an assigned geographic territory working approximately 2-3 days per week.

This position will be responsible for presenting seminars, educating, promoting, marketing, sampling and detailing orders for P&G oral care technology, product recommendations and products to dental offices in predetermined regions.

In this position, you will be responsible for achieving pre-established targets including account penetration, # seminars, seminar product closures, securing product recommendations, orders and maintaining professional relations.

Ideally, you will build successful relationships and account penetration through regularly scheduled visits with dental offices, presenting product technology, innovations and concepts to dental office teams using Digital Sales Aids showcasing the science and technology behind the Crest®, Oral-B® and Pro-Health® franchises, network with professional associations, drive sales, recommendations and market share of P&G Oral Care products.

#### **ROLES & RESPONSIBILITIES:**

Your role is to interface with Dental Professionals and serve as a primary resource for the P&G Oral Care product line. Successful candidates will be fully prepared and trained by attending a live training at the program commencement and will be able to continually update your knowledge base by attending periodic live training throughout year.

In the field, you will be responsible for scheduling and conducting face to face in-office seminars with Dental Professionals and peers to develop, manage and grow the assigned territory and account. Your expertise will also allow you to evaluate opportunities in your respective territory and identify new business development opportunities. Growth can be achieved by proactive pre-call planning, preparation, evaluation of needs, active listening and questioning, turning objectives into results and providing a consultative approach to help your accounts grow their business.

Your superb sales background and strong communication skills will help you effectively promote and communicate P&G Oral Care product science, technology, features and benefits supported with clinical information to secure commitments from each account to drive recommendations and orders. Occasionally, you will also be required to represent P&G Oral Care at industry events/conferences and other major promotional events where applicable.

In this team environment, daily and weekly communication with the project manager and P&G account manager is a must to help track your territory's progress and to assess project effectiveness. Additionally a commitment to self preparation time will help you achieve your goals.

#### **QUALIFICATIONS:**

- dental qualifications preferred: Dental Hygienist Diploma or Bachelor's Degree with Dental Hygiene
- excellent verbal and written skills
- holder of current motor vehicle license
- membership/license with CDHA or respective Provincial Association
- experience working in a Dental Practice/Dental field with professionals or related industry such as pharmaceutical field or territory and account management
- proven track record of superior sales achievement and experience
- public speaking experience or have worked in the education field as an educator or teacher
- dynamic and outgoing, friendly personality
- excellent communication and presentation skills
- established network an asset
- proficiency with computers, MS Office required

To apply, forward your resume to:

Cristina Brigham  
K.Mac & Associates Marketing Inc.  
P: 905 336 7710 x 28  
F: 905 319 7254  
e: [cristina.b@kmacassociates.com](mailto:cristina.b@kmacassociates.com)

This is an excellent way for members who are not renewing their practicing licence for a period of time, for a variety of reasons, to stay in touch with the CDHNS.

The following is a breakdown of the membership:

Practicing Licences	576
Non Practicing Licences	26

Numbers of members who relinquished their licences.	7
Number who were stuck from the membership list.	4

Breakdown of Non Practicing members:

Living/ Practicing out of province	9
Maternity leave	9
Other	8

Other Data Collected

The licence renewal form was designed to collect data from members that is required for certain agencies. Certain information collected will assist in shaping policy and program development for the CDHNS. For example there are 48 dental hygienists who responded positively to the question on the use of local anaesthetic. The Council is developing the, policy on the education and experience, currency and other issues regarding the use of LA by dental hygienists in NS. The knowledge of existing members with experience will be very useful in policy development. A more complete breakdown of the data will be included in the annual report prepared for the first CDHNS Annual General Meeting (AGM) in June.

Self-Initiation Course for Dental Hygienists in Nova Scotia

This past summer and early fall, CDHA experienced many changes. Members will have noticed the new web page and changes to member access. As a result of these changes some members experienced difficulties with accessing the Self Initiation Course for Dental Hygienists in Nova Scotia. We addressed these issues with CDHA as they arose, however they were completely out of our control. The CDHA has been working hard to correct the situation but should you experience any technical difficulties or other issues while taking the course you should contact the education coordinator, Laura Myers at CDHA. She may be reached at 1-800-267-5235, ext. 128 or at lm@cdha.ca. Slightly less than ten percent of members have completed the Self-Initiation Course to date and are authorized to self-initiate by the CDHNS. For the most part feedback has been positive with many members appreciating the update and review of dental hygiene practice. Members who have experienced difficulties were usually able to resolve the issue with further communication. Members have commented on the excellent reference text used for the course: Dental Hygiene Theory and Practice by Michelle Darby and Margaret Walsh. Many members have registered and are currently working on the course or are planning to complete it in the New Year.

The CDHNS is encouraging members who have completed the course to share their experience and resources with a dental hygiene colleague or act as a mentor. Anyone interested in participating should contact the CDHNS to see if there is someone in their area to connect with. A small number of hygienists in PEI completed the course through a study club they formed; even though it is not a requirement they used it as continuing education. Any study clubs who are considering this can contact the registrar to find out the details of the PEI experience.

Knowledge of Dental Hygiene Practice in Nova Scotia: Jurisprudence

The Jurisprudence Course is required only for new applicants to familiarize them with the regulations and the practice of dental hygiene in Nova Scotia. Members who have taken the Self-Initiation Course for Dental Hygienists in Nova Scotia do not need to take the Jurisprudence Course.

Continuing Competency Guidelines

Members received their new Continuing Competency Cycles with their licence and receipts. Any members who did not receive a new assigned cycle should contact the CDHNS. Members are reminded that there is a minimum requirement in Category Three which is Professional Development. To obtain more information on Category Three and other aspects of the continuing competency program check out the new Continuing Competency Guidelines which are posted on the website at www.cdhns.ca . The guidelines were the result of a great deal of input from the Continuing Competency Committee. The CDHNS extends a thank you for their hard work over the summer and fall.

*May everyone have a safe and joyous holiday season and all the best in the New Year.  
My wish for the CDHNS for the New Year is that we will have a prosperous and productive year and  
2010 will bring us a new home!*

On October 30th, 2009, Sue MacIntosh represented CDHNS at a day-long Oral Care Action Workshop. The workshop was part of an ongoing Nova Scotia Health Research Foundation funded term project (July 2008-June 2011), **Oral Care in Continuing Care Settings: Collaborating to improve policies and practices**. Further information concerning the project is as follows:

**Principal Investigator:** Dr. Mary McNally

**Partners:**

The Eastern Shore Tri-Facilities of Capital Health, the Nova Scotia Community College , Continuing Care Branch - Nova Scotia Department of Health, Nova Scotia Department of Seniors, and the Nova Scotia Group of IX Seniors

**Purpose:**

This study seeks to examine the integration of oral health care, with particular emphasis on daily mouth care, for frail and dependant older adults in a variety of continuing care settings (i.e., 3 long-term care and an adult day hospital in Eastern Nova Scotia ).

**Project Objectives:**

- To document internal and external factors related to the provision of oral care and oral disease prevention for older adults in four rural continuing care settings.
- To work with care-providers and other stakeholders to design a set of actions to integrate oral care into organizational policy and practices.
- To implement the actions over a 12 month period and explore experiences of the health care team and relevant stakeholders involved in the implementation.
- To evaluate the process, outcomes and changes associated with the actions and to provide recommendations to revise organizational policy and practices based on evaluation finding.

**Project Location:** Middle Musquodoboit NS, Musquodoboit Harbour NS, Sheet Harbour NS and Halifax NS

Attendees for the October 30<sup>th</sup> workshop included representatives of the partners working on the project as well as other oral health stakeholders and staff and administration of residential care facilities from the Eastern Shore and HRM. The objectives of the day were to develop an action plan to support :

- Education/training required to enhance the delivery of daily oral care(including special support needed to manage resistant residents/residents with dementia)
- Planning and tracking both professional and daily personal oral care delivery

A key presenter at the workshop was Dr. Christopher Wyatt of the Oral Health Sciences Department of the University of British Columbia. You may find information regarding his work with the UBC Elders Program at : [www.elders.dentistry.ubc.ca](http://www.elders.dentistry.ubc.ca)

The next steps for the project team is to go to each of the Tri-Facilities with feedback from the workshop and to present ideas to a broader group of staff representatives. The hope is to confirm that they are "on the right track" and to generate further ideas in order to achieve a successful conclusion to the project.

**FOR MORE INFORMATION REGARDING THE PROJECT, PLEASE CONTACT:**

Karen McNeil, Project Coordinator Phone: 902-494-3094 Email: [karen.mcneil@dal.ca](mailto:karen.mcneil@dal.ca)

Dalhousie University Student Table Clinics 2010 will be held February 12, 2010  
Dentists and Dental Hygienists in the community interested in volunteering to judge the student table clinics should contact [lesley.partanen@dal.ca](mailto:lesley.partanen@dal.ca).

New Campaign from Health Canada: Oral Health Informational Booklet  
Read and download the SMILE: HEALTHY TEETH, HEALTHY BODY BOOKLET  
<http://www.hc-sc.gc.ca/hl-vs/pubs/oral-bucco/2009-smile-sourire/index-eng.php>

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[www.hedycanada.com](http://www.hedycanada.com)

Your Best Line of Defence!

New Website for CDHA

The CDHA has launched its new website adding many new and improved features. Please take time to travel through the many sections to see what is new to you. The enhanced abilities will increase the quality and variety of programs and services the CDHA will be able to offer its members online.

In response to members' input the website will be continuing to build on its continuing education available through the convenience of your home, or study group if you wish. The required 33 hour self-initiation course for Nova Scotia Dental Hygienists is available through the new site and is quite user friendly and the support of staff is available if anyone requires assistance. I encourage you to access this course and become familiar with your CDHA website.

My term as National President has concluded with many great experiences and a deep sense of fulfillment and pride having had the opportunity to represent my profession and its members. I have been elected to be one of two Canadian representatives to the International Federation of Dental Hygiene for a 6 year term and I have begun my work with that Board as of October 2009. I am looking forward to now having the opportunity to work with dental hygienists worldwide to enhance the oral health of our global citizens.

Wanda Fedora

Lacewood Square  
Dentistry



Lacewood Square Dentistry

is currently looking for a full time RDH to start immediately.

This position is for a one year maternity leave with a good possibility of it becoming permanent. If you think you would be an asset to our progressive dental office please forward your resume to email: [ivyyoung@lacewoodsquaredentistry.com](mailto:ivyyoung@lacewoodsquaredentistry.com) or fax to 902-443-7249.

THE HANDBOOK ON SENSITIVE PRACTICE FOR HEALTH CARE PRACTITIONERS:  
LESSONS FROM ADULT SURVIVORS OF CHILDHOOD SEXUAL ABUSE (2nd edition)

is published by the Public Health Agency of Canada (through the National Clearinghouse on Family Violence) and is available in English and French, free of charge in print and at:

[http://www.phac-aspc.gc.ca/ncfv-cnivf/pdfs/nfntsx-handbook\\_e.pdf](http://www.phac-aspc.gc.ca/ncfv-cnivf/pdfs/nfntsx-handbook_e.pdf) and  
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Hard copies can be ordered through the National Clearinghouse on Family Violence, at:  
<http://esubmitit.sjgg.com/orderform2.cfm?catid=29&cid=17048674> or 1-800-267-1291.

The handbook contains information that is important for all health care providers and students to use with all clients and was developed for practitioners who do not have specialized training in mental health. Research suggests that at least 20 percent of adult women and between five to 10 percent of adult men have a history of childhood sexual abuse. Combined with the increasing evidence that violence affects health and health care in a wide variety of ways far beyond mental health, all health practitioners are likely to work, often unknowingly, with adult survivors on a regular basis.

This handbook describes the principles of Sensitive Practice and offers guidelines to enhance survivors' sense of safety during health care encounters, in the interest of maximizing the benefits of consultation and treatment. The Handbook was developed through a collaborative research project involving over 400 adult survivors of childhood sexual abuse, mental health clinicians and health care professionals from 10 disciplines, from across Canada.

The study was conducted by Candice Schachter, PT, PhD (U of Saskatchewan, School of Physical Therapy), Eli Teram and Carol Stalker (Wilfrid Laurier University Faculty of Social Work), Gerri Lasiuk (U of Alberta Faculty of Nursing) and Alanna Danilkewich (U of Saskatchewan College of Medicine).

**What others have said about the Handbook:**

Rick Goodwin, executive director, The Men's Project in Ottawa Ontario:

*The handbook is an essential read for all those in the human service field. It speaks knowledgeably to the complex issues trauma survivors – both male and female – face and gives the reader confidence to do the right thing.*

Anne Penniston-Grey, counselor, Regina Women's Community Centre & Sexual Assault Line:

*This handbook should be required reading not only for health care practitioners in training, but also for those who have been in the field for years.*

**If you have any questions, please do not hesitate to contact Candice Schachter at [candice.schachter@usask.ca](mailto:candice.schachter@usask.ca).**



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CDHNS ANNUAL GENERAL MEETING AND CONTINUING DENTAL HYGIENE EDUCATION  
JUNE 5TH, 2010

8:00 -9:00: **Registration and Coffee/Muffins**

9:00 – 10:30: Dr. Debra Matthews: TOHAP: THE ORAL HEALTH  
OF OUR AGING POPULATION. - A NOVA SCOTIA SURVEY

Dr. Terrie Logue: SOFT TISSUE MANAGEMENT OF DENTAL IMPLANTS

10:30 – 10:45: **Break**

10:45 -12:00: Dr. Tammy Wright: "DENTAL LASERS AND PERIODONTAL TREATMENT:  
WHAT DOES THE EVIDENCE SAY?".

12:00 – 1:00:

Fabulous Lunch provided  
Courtesy Glaxo-Smith-Kline catered by **THE SCANWAY**  
Join us and experience the fantastic array of fabulous food.  
<http://www.scanwaycatering.com/>

1:00 – 2:00: Tim Dixon from GSK  
"DENTURES AND DENTURE CARE ADDING VALUE TO DENTURE PATIENT'S LIVES"  
: includes prevalence of denture wearers, understanding the denture wearer, denture success,  
denture hygiene and benefits of denture adhesives. Also, Pro Namel for Children and  
preview more exciting new products coming in 2010 from GSK.

2:00 – 4:30: **CDHNS AGM 2010**

Place: Hampton Inn & Suites @ Dartmouth Crossing

Date: Saturday June 5, 2010

Early Bird Registration Fee by **May 10, 2010**: \$49.00

(Includes all CE, breaks, Scanway lunch, door prize draws and registrant goody bag).

Registration after May 10th and at the door: \$55.00

(Includes all CE, breaks, Scanway lunch, & door prize draws and registrant goody bag as available).

To pre register, mail your cheque or money order to:

**CDHNS 2010 AGM**  
**PO Box 29114 HALIFAX SHOPPING CENTRE RPO**  
**HALIFAX NS B3L 4T8**

Book your hotel room by Monday **May 01/10** to receive the CDHNS block rate.

Call Hampton Suites reservations 1-902-406-7700

Identify yourself as a member when booking, to receive your special member rate.

1 hour Continuing Dental Hygiene Education = 1 point.  
(See [www.cdhns.ns.ca](http://www.cdhns.ns.ca) for Mandatory CE Guidelines details)  
There is no pre-approval for CE Points.  
Attendance confirmation handed out on sight at completion of each session.

