



2026/2027 YOUTH TEAMS PROGRAM GUIDE

REGISTRATION

- AUGUST 1ST, 8:00AM OPEN REGISTRATION
- EARLY REGISTRATION FOR RETURNING CLIMBERS AND LEAD COACH CHILDREN JULY 30TH, 8:00 AM



[HTTPS://WWW.CLIMBYUKON.COM/OUR-PROGRAMS/YOUTH-TEAMS](https://www.climbyukon.com/our-programs/youth-teams)

DRAFT V2:

NOTE THIS DOCUMENT IS SUBJECT TO CHANGE UNTIL REGISTRATION OPENS

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REGISTRATION:

[HTTPS://WWW.CLIMBYUKON.COM/OUR-PROGRAMS/YOUTH-TEAMS](https://www.climbyukon.com/our-programs/youth-teams)

LOCATION:

CLIMB YUKON COLLECTIVE CLIMBING GYM

EARLY REGISTRATION OPENS ON JULY 30TH FOR RETURNING CLIMBERS
AND CHILDREN OF COACHES. OPEN REGISTRATION OPENS AT 8:00AM
ON AUGUST 1ST.

PARENTS INTERESTED IN COACHING OR VOLUNTEERING? PLEASE REACH
OUT! FEE DISCOUNTS ARE AVAILABLE.

WHAT ARE OUR YOUTH TEAMS ALL ABOUT?

Our team's programs focus on utilizing climbing to teach young people to become great teammates, resilient, confident, and kind. Athletes will be challenged and encouraged to push themselves and explore their abilities.

We create space and give the opportunities for our climbers to be challenged, set goals, develop agency and learn from their successes and failures. We focus on fostering a strong team culture and providing the skills and opportunities to achieve their athletic goals and dreams, with the ultimate goal of helping them succeed in their lives. All programs have low coach-to-athlete ratios and utilize experienced youth team climbers to coach and mentor younger climbers.

We believe that competition teaches life skills that help youth thrive not only in sport, but in school, work, personal lives, and most importantly in their relationships. Team climbers are encouraged to attend competitions at the appropriate level for them. We strive to teach our climbers that competition is not about winning or losing by focusing on learning to be process-oriented and on doing the best you can on any given day.

As Climbers move through the programs, they will be given developmentally appropriate opportunities to challenge themselves, compete and explore what they are capable of. Training expectations increase as athletes move through the programs.

We focus on individualized skill development through structured and play-based learning. Climbing is unique in that there is no “one way” to climb a route. Climbs are commonly referred to as problems. Coaches use an ecological teaching approach to create the learning environment and guide climbers to discover their own solution to how to accomplish the skill, drill or climb.

YOUTH TEAMS

2026/2027

- Little Crushers Programs **DO NOT** include gym memberships. If climbers want to access the facility outside of program hours a seperate pass must be purchased.
- Discounted passes are available.
- Exact Start dates and holidays to be confirmed upon registration
- Note: Shoe rentals and Chalk are not included. A low-cost rental program is available. Harnesses are included.

Little Crushers 1

1 Day per Week

Born in 2019/2020

\$275

- Tuesdays
- 4:15-5:15 pm
- October to spring break

Registration is First Come First
Serve

Little Crushers 2

2 days per Week

Born in 2019/2020

\$500

- Wednesdays 5:30-6:30 pm and Fridays 4:15-5:15pm
- October to spring break

Registration is First Come First
Serve

YOUTH TEAMS

2026/2027

- For all programs below, gym Memberships **are included.** Climbers have unlimited gym access during the dates of their program. Discounted Passes are available for purchase during non-team months.
- *Returning Athletes Born in 2015 may be able to try out for the comp team. Those interested should register for Prep and contact the head coach to express interest in the tryouts.
- Exact Start dates and holidays to be confirmed upon registration
- Note: Shoe harness and Chalk are **not included.** A low-cost rental program is available.

Rockstars 1

2 days per Week

Born in 2017/2018

\$900

- Tuesdays from 5:15-6:30 pm
- Saturdays from 8:45-10 am
- October through April

Registration is First Come First Serve

Rockstars 2

2 days per Week

Born in 2017/2018

\$900

- Wednesdays from 4:15-5:30 pm
- Fridays from 5:15-6:30
- October through April

Registration is First Come First Serve

Prep 1

2 days per Week

Born in 2015/2016

\$1050

- Tuesdays from 4:30-6:30 pm
- Saturdays from 8:30 to 10:30 am
- October through April

Registration is First Come First Serve

Prep 2

2 days per Week

Born in 2015/2016

\$1050

- Wednesdays and Fridays
- 4:30-6:30pm
- October through April

Registration is First Come First Serve

Development

2 days per Week

Born in 2014 -2008

\$1300

- Mondays and Thursdays
- 4:30-6:30 pm
- September through May

Tryouts Required

Competition.

3 days per Week

Born in 2014 -2008
*2015

\$1850

- Mondays and Thursdays from 4:30-6:30 pm
- Saturdays from 8-10/11am
- September through May

Tryouts Required

WEEKLY SCHEDULE

- Please look closely at the schedule before registering
- Note that times and dates on the Rock Gym Pro registration page may be incorrect. PLease refer to THIS PAGE for final correct schedules

MON	DEVO 4:30-6:30PM	COMP 4:30-6:30PM	
TUE	LITTLE CRUSHERS 1 4:15-5:15*	PREP 1 4:30-6:30PM	ROCK STARS 1: 5:15 - 6:30 PM
WED	ROCK STARS 2: 4:15 - 5:30PM	PREP 2 4:30-6:30PM	LITTLE CRUSHERS 2 5:30-6:30
THU	DEVO 4:30-6:30PM	COMP 4:30-6:30PM	
FRI	LITTLE CRUSHERS 2 4:15-5:15	PREP 2 4:30-6:30PM	ROCK STARS 2: 5:15 - 6:30PM
SAT	COMP 8:00-10/11:00AM	PREP 1 8:30-10:30AM	ROCK STARS 1: 8:45 - 10:00AM
SUN	NO TEAMS		

• **one day per week*



OUR TEAMS

LITTLE CRUSHERS

Little Crushers is for our youngest team climbers. Programs are designed for climbers of all abilities. Through play-based programming, participants will become confident climbers on top rope and bouldering. We emphasize experiential learning, fun and camaraderie.

Little Crushers offers one and two day a week options.

Climbers will learn to be safe, learn climbing fundamental skills, gain athleticism and learn problem solving. Climbers will have the opportunity to participate in one to two fun local climbing competitions. At this age we do not keep score or results.

*Note, little crushers programs do not include a gym membership. Climbers who are looking to climb outside of practice will need to purchase a pass. Discounts are available on annual passes and EFT's for little crushers participants.

ROCK STARS

Rock Stars is the next step in our Youth Teams. At this age, youth are in a prime developmental time for increasing general athleticism and learning motor skills. We emphasize high movement variety and volume while encouraging becoming engaged learners of movement.

We place a high focus on learning to be a good teammate, embracing failure and challenge. Skill acquisition, athleticism and movement are prioritized. Practices continue to be experiential and play-based.

Climbers will have the opportunity to participate in one to two fun local climbing competitions.

PREP TEAMS

At this age youth continue to be in prime time for motor development and skill learning. We continue to prioritize high movement variety, play-based learning and on-the-wall volume. Climbers are encouraged to seek challenge and embrace failure.

Climbers will be introduced to learning tactics, training habits, intentional practice, and more advanced problem-solving. Training will start to include on the wall conditioning and more advanced route reading.

Climbers are encouraged to participate in local competitions, Yukon championships and may have the opportunity to qualify for travel

DEVELOPMENT

The Development Program acts as the feeder program to the competition team. Athletes will learn the movement skills, physical strength, tactics and mental skills needed to progress to the competition team.

We will continue to focus on movement skill acquisition and begin to develop increased strength, power and endurance. We increase our focus on tactics, intentional practice and resilience. Some off-the-wall strength and conditioning will be introduced.

Climbers will be given guidance for training outside or practices and are expected to participate in local competitions, including the Yukon championships and may have the opportunity to qualify for travel. Development team practices overlap with competition team practices, which will allow some opportunity for combined practices.

COMPETITION TEAM

The competition team is our top-level program for climbers who are aspiring to compete out of their territory and achieve high performance. Climbers are dedicated and demonstrate a drive for excellence and a commitment to self-improvement. This team focuses on process over results, and we define high performance as the pursuit of achieving your best, not by results-based outcomes.

Climbers are expected to train hard and prioritize climbing practice 3 times a week. Individualized developmentally appropriate training plans are provided. Depending on age and development Climbers in this group should be prepared to climb between 4 and 6 times a week.

Climbers are expected to participate in all local competitions and travel to developmentally appropriate out-of-territory competitions. Target events range from BC cups and Provincials through to Nationals and Canada Winter Games.

TRYOUTS INFORMATION

Climbers must register for and attend tryouts to be selected and placed on the Development and Competition teams. Tryouts will be used to place climbers on the team that is best suited to their current stage of development. Unfortunately due to capacity limitations, we cannot guarantee positions for all climbers who register for tryouts.

After tryouts are completed, athletes will be notified of selections and sent a payment and final registration link.

Criteria for selections will be released before the start of tryouts

EQUIPMENT REQUIREMENTS AND RENTAL OPTIONS

All Climbers need to come to every practice with the following:

- Climbing Shoes
- Chalk in a chalk bag
- Harness
- Water Bottle
- Snacks

Shoe and Chalk and rentals are **not included in team fees**. Climbers may use our rental program if they do not have their own shoes and chalk. Rentals can be pre-purchased for the season at the front desk for \$10 per month (\$5 for 1-day-a-week programs). Harnesses may be used at no cost.

Comp and Development team climbers should have their own shoes and chalk. Your coaches can help guide you. Prep team climbers are encouraged to have their own shoes and chalk. At this age, rental shoes often limit skill development because they are not designed for the drills and techniques being introduced at this stage. Shoes should be in good condition with soft modern rubber.

We encourage buying, selling and trading shoes within the teams. A private buy and sell group is used to help facilitate this.

ATHLETE CODE OF CONDUCT

Athletes on the Climb Yukon Youth Team represent Climb Yukon Association and Yukon Climbing. As ambassadors for your community, your behaviour at any Climb Yukon or climbing-related event is expected to be exemplary. The following Code of Conduct is expected of all Climb Yukon athletes while training, traveling or competing at any Climb Yukon organized event.

1. Athletes shall, at all times, show exemplary conduct and be courteous and helpful to their teammates, competitors, other climbers, officials and the general public.
2. Intoxication will not be tolerated (regardless of age). Drinking underage will not be tolerated.
3. Possession of drugs will not be permitted. Drugs required for medical reasons, and prescribed by a medical doctor, will be exempted by the coach. It is the athlete's responsibility to ensure that drugs taken for medical reasons are not on the current banned drug list (as outlined by Sports Canada) for competitive sports. The climber recognizes they may be BANNED FOR LIFE for taking banned performance-enhancing drugs or techniques. The athlete recognizes that they may be subject to random, no-notice testing.
4. Curfews as set by the coach to apply on trips and immediately before and during competition shall be strictly adhered to and enforced.
5. Profane language bullying will not be tolerated.
6. Punctuality is expected at all times. Athletes should arrive in time to be ready to go at the start of practice and for events.
7. Personal or property damage caused, accidentally or otherwise, by team members shall be paid for promptly by the responsible individual. Athletes are expected to keep accommodations in an orderly and damage-free state.
8. Athletes will remain at the competitive site for awards, ceremonies and/or banquets unless waived by the coach. As often as possible, athletes are expected to thank event organizers and officials after each event.
9. The athlete is expected to help with division efforts in fundraising when possible.
10. Team uniforms shall be worn by athletes at all travel events
11. Additional rules may be in effect at certain events. Such rules will be clarified on each occasion.
12. Athletes are expected to be supportive and kind to one another at practice and in Competition. Bullying and unkind actions will not be tolerated.