

Greetings from Chair, Board of Directors



Thank you so much to all of our donors and volunteers for making our work possible. I am pleased to serve as chair of the Board of Directors for the Cobequid Foundation. Even before joining the board, Cobequid Community Health Centre served an important role for my family throughout the years and still does today. We are privileged to have a quality healthcare facility in our community.

This facility is made possible through the support of our generous community - many corporations, hundreds of individuals and various community groups make a difference every year through their gifts and fundraising efforts. The equipment purchased, funded by your generous donations and fundraising efforts, assist in the overall growth and development of the services available at the Cobequid Centre.

Our Board of Directors and staff are dedicated to making sure all donations received are stretched as far as they can and are focused on the specific needs of our center. I enjoy working with such a dedicated team of Board Members and appreciate the hundreds of hours they spend on making our community a better place to live. Together, we work hard to shape the work of the Foundation.

This year we welcomed two new board members: Zainab Abidali, Matt Saunders and Karen MacPherson. If you an interest in serving on our board please feel free to speak to myself or our Executive Director, Stacey Chapman.

In addition to our Board members we have over 200 volunteers who are involved in office support, shaping our signature events and help spread the word about the benefits of becoming involved with our Foundation. We were pleased to recognize and thank the commitment and efforts of these volunteers at a reception in April 2018. We appreciate their hard work and dedication to both our foundation and the center. You can hear more about all these individuals and all of the work of the Foundation in the following pages.

I would like to thank our Executive Director Stacey and her who team work tirelessly to continue to help grow our fundraising and donation efforts in and around our community. Your efforts and dedication do not go unnoticed. Most of all, thank you our donors, for making our work possible for your family and mine.

Warm regards,
Regards,

A handwritten signature in cursive script that reads "Jo-Anne McLean".

Jo-Anne McLean, Volunteer Chair, Board of Directors



Greetings from Executive Director



On behalf of the Board and staff of the Cobequid Foundation we thank you. Each and every day together we impact the health care available in our community. It has been a busy year for the Foundation. We are pleased to have the opportunity to share our successes and challenges with you.

We thank all of our volunteer board members for their continued commitment to our cause. The Foundation continues their hard work towards raising funds for priority medical equipment and awareness of the needs of the community.

We continue the hard work of developing and growing our special events. To contribute to the success of our events, it takes hundreds of volunteers who put in hundreds of hours. We truly thank you! In April of this year we held our 3rd Annual Gala - the Cobequid Red Velvet Gala. We partnered once again with CFB Stadacona to hold this event at the Officers Mess.

Our 25th Annual Walk Run for the Health of Our Community was held on October 14, 2018. Thank you to all of our volunteer who annual help make this event a success. We hope you will join us on October 27, 2019. We would like to express our sincere appreciation to all of the groups who hold third party fundraisers on our behalf.

In September 2018 we officially became accredited through the Imagine Canada Standards Program. This 7-month project reviewed how the Foundation operates in 73 key areas. Thank you to our Board of Directors and staff who have dedicated hours to make this possible. We are the smallest Foundation in the Central Zone of the Nova Scotia Health Authority to have this distinction.

We look forward to the opportunities and challenges this coming fiscal year brings. In May 2019 we received our new equipment list, and now are aware that our centre has over 3 million dollars of equipment needs this upcoming fiscal year. We are hard at work raising the much needed funds to bring these items into our centre and our community.

We would like to sincerely thank all of our donors: community service groups, companies, associations and individuals for making a difference. Our healthcare community is a special place due to all of the individuals involved with our Foundation. Again, a sincere thank you for all that you do!

Sincerley,

A handwritten signature in cursive script that reads "Stacey Chapman".

Stacey Chapman, BPR, Executive Director



Annual General Meeting Agenda - June 27, 2019

1. Welcome & Call to Order

2. Guest Speakers:

Dr. Jennifer Jones MD, MSc (FRCPC)

Associate Professor & Medical Team Lead, Nova Scotia Collaborative Inflammatory Bowel Diseases Program

Dr. Michael Stewart MD (FRCPC)

Assistant Professor & Medical Lead NSCIBD Transabdominal Ultrasound Program

3. Business & Approvals:

- a. Agenda
- b. Minutes of Annual General Meeting held June 27, 2018
- c. Presentation of Audited Financial Statements 2018-2019
- d. Appointment of Auditors 2019-2020
- e. Election & Affirmation of Board Executive 2019-2020

4. The Year in Review – Looking Ahead

- a. Presentation - Retiring Board Member & Cobequid Ambassador
- b. Cobequid Foundation Student Bursaries

5. Adjournment & Refreshments



Dr. Jennifer Jones MD, MSc, FRCPC (IBD)

Associate Professor & Medical Team Lead,
Nova Scotia Collaborative Inflammatory
Bowel Diseases Program



Dr. Jennifer Jones, MD is an Associate Professor of Medicine at Dalhousie University and Team Lead of the Nova Scotia Collaborative Inflammatory Bowel Diseases (NSCIBD) program at the QE II Health Sciences Center in Halifax, Nova Scotia.

Dr. Jones completed her core gastroenterology training at Dalhousie University in 2004 and went on to do a clinical and research fellowship in Inflammatory Bowel Diseases at Mayo Clinic Rochester in 2004 and 2005 under the mentorship of Drs. William Sandborn and Edward Loftus.

From there she completed her MSc in Epidemiology while working in the IBD program at the University of Calgary. Between 2008 and 2014 Dr. Jones started as an Assistant Professor of Medicine developing the first provincial IBD program at the Royal University Hospital (University of Saskatchewan, Saskatchewan Health Region).

In 2014 Dr. Jones returned to Halifax to take on her new role in the NSCIBD program. Her clinical and research passions relate to quality improvements through collaborative care initiatives and patient centered program development, care access, nutritional intervention, and use of population-based data to evaluate IBD outcomes.

Dr. Jones is interested in studying health systems and models of care delivery to improve access to care and how care is delivered to patients with chronic GI conditions



Guest Speakers

Dr. Michael Stewart MD, FRCPC

Assistant Professor & Medical Lead NSCIBD
Transabdominal Ultrasound Program



Dr. Micheal Stewart, MD is a Clinical Assistant Professor of Medicine Inflammatory Bowel Disease Group at The Calgary Division of Gastroenterology (GI) and Hepatology, South Health Campus.

Dr. Stewart recieved his Bachelor of Science, Advanced Major in Neuroscience from Dalhousie University and then proceeded to Dalhousie University School of Medicine.

His residency was in Internal Medicine, Faculty of Medicine, University of Calgary, followed by a residency in Adult Gastroenterology, Faculty of Medicine, Dalhousie University.

Dr. Stewart did an Advanced Fellowship, Inflammatory Bowel Disease at Cedars-Sinai Medical Center, Los Angeles, California.

Dr. Michael Stewart's clinical interest is in Inflammatory Bowel Disease and the overlap between IBD and Irritable Bowel Syndrome. His research interests focus around IBD, therapeutic drug monitoring, and quality assurance.



AGM Minutes from June 27, 2018

PRESENT:

- Jo-Anne MacLean
- Jim Cruickshank
- Kim Munroe
- Patrick Carruthers
- Rachel Stone
- Dr. Michael Clory
- Krysta Adamski
- Victoria (Vickie) Sullivan
- Dr. George Murphy
- Drew Jarrett
- Gordon Forsey

REGRETS:

- Kelly Adams
- Richard (Dick) Miller

1. Welcome & Call to Order:

Jo-Anne MacLean, Board Chair, welcomed everyone and called the meeting to order at 7:10 pm. She introduced our guest speaker, Janet Knox, and provided the outline for the evening's program.

2. Guest Speaker:

Janet Knox, President and CEO, Nova Scotia Health Authority. She believes that Foundations are the heartbeats of the health care system. She said that collaboration is very important to change the community. She believes in working collaboratively with Nova Scotians and key partners to improve care and services and positively shape the future of the health system in our province. She spoke about issues, challenges, opportunities and benefits of the Nova Scotia Health Authority (NSHA). She discussed about the mental health care and the NSHA's priority areas. She also said we need to maximize the use of technology. She appreciated the Cobequid Health Centre Foundation's contribution and thanked the hard working volunteers, board members and staff members of the Foundation. She informed that some transactions of NSHA are hard for the Foundations. She advised that she will make sure heartbeats (Foundations) are pumping for local community.

3. Business & Approvals (Agenda & Minutes):

Agenda: Approval of Agenda – Moved by Krysta Adamski, Seconded by Victoria (Vickie) Sullivan. Motion Carried.

Minutes - Annual General Meeting – June 15, 2017: Approval of June 15, 2017 minutes – Moved by Krysta Adamski, Seconded by Patrick Carruthers. Motion carried.

Presentation of Audited Financial Statements for 2017/2018: KPMG completed the audit and prepared the statements for 2017-2018. Treasurer, Krysta Adamski presented the audited financial statements. Patrick Carruthers moved the audited financial statements for year-end March 31, 2018 be approved as



AGM Minutes Continued

presented. Seconded by Victoria (Vickie) Sullivan. Motion carried.

Appointment of Auditors for 2018-2019: Moved by Rachel Stone and seconded by Victoria (Vickie) Sullivan that KPMG be reappointed as auditors for the 2018/2019 year. Motion carried.

Election & Affirmation of Board Executive: The following nominations were brought forward:

Chair:	Jo-Anne MacLean (offering as chair)
Treasurer & Secretary:	Krysta Adamski (re-offering as Treasurer and Secretary)
VP. Special Advisor:	Richard (Dick) Miller, (re-offering as Strategic Planning & Foundation Development, offering for VP)
VP	Gordon Forsey (re-offering as VP)

No further nominations were brought forward. It was moved by Jim Cruickshank that the nominations brought forward be accepted. Seconded by Dr. George Murphy. Motion carried.

4. The Year in Review - Looking Ahead

Stacey Chapman, Executive Director, presented an overview of the Foundation's activities and programs of the past year and outlined plans for the upcoming year.

Foundation Initiatives – Accreditation:

- Continue to evolve our relationship with the Nova Scotia Health Authority.
- Work collaboratively with other hospital foundation as a member of the Health Care Foundations of Nova Scotia
- Continue to work with the Centre Leadership to grow our understanding of the needs of our center and the future direction, especially in regard to equipment needs.
- Continue to grow and strengthen our relationship with Partners for Care.
- Continue to work on achieving Imagine Canada Standards Program Accreditation
 - 7 month process to document compliance with 73 standards.
 - Areas: HR, Volunteer, Financial, Fundraising and Governance.
 - Hired Ishar Boparai to assist the Executive Director with the application and research.

Equipment Funded 2017-2018: This past year, the Foundation, through the generosity of our donors was able to fund \$345,406.42 in equipment, in addition to the Capital Campaign Grant of \$11,617.

- Emergency Triage Project - \$68,706
- Capital Campaign Grant - \$11,617
- Priority Medical Equipment - \$ 276,700.42



AGM Minutes Continued

Priority Medical Equipment:

Emergency Department

Ultrasound – Blood Flow Detectors (\$1,500)

Two Blood Pressure Monitors with SP02, Temperature & Stand (\$7,000)

Emergency Triage Project (\$68,706)

Rehabilitation Services

(Physiotherapy, Occupational Therapy)

Neuromuscular Stimulator (\$500)

Commercial Sewing Machine (\$1,000)

Endoscopy Suite

Six Urology Scopes (\$192,000)

Ambulatory Care Clinic

Treadmill & Tower Computer System (Stress Tests) (\$50,000)

Laboratory Service

Lab Fridge (\$5,000)

Hematology Slide Stainer (\$5,000)

Lab Incubatory – blood culture and specimen plates (\$3,500)

Responder Alarm (\$1,200)

Central Registry

Patient Numbering System (\$10,000)

Major Gift:

Received \$61,750 in major gifts including:

- Atlantic Poly Liners Inc
- Royal Canadian Legion Bedford Brch #95
- Sackville Masonic Lodge #137
- Sackville Legion Seniors Recreation Club
- Kwebec Chapter #278 Fall River Lake District
- Masonic Foundation of Nova Scotia
- Royal Canadian Legion Calais Branch #162

Planned Giving:

This year we received a planned gift from Phyllis Hobin. We also received notification of a planned gift from our long time donor Walter Michael Covert.

Annual Walk Run for the Health of our Community - The annual Walk Run Raised \$53,000 and expense is \$9,000.



AGM Minutes Continued

8th Annual Gift of light Tree Lighting Ceremony & Online Auction - Raised Funds for Emergency Department. Raised \$7,800 and expenses \$1,000.

2nd Annual Dinner Black & White Gala - Raised funds for Physiologic Monitoring Systems for use in emergency & ambulatory departments. Raised \$25,000 and expenses \$10,000.

Cobequid Month

- Raised funds for the Emergency Department.
- Comprised of a 30,000 mail out campaign, community barbeque and spa raffle basket.
- Celebration of all Cobequid means to our community. Distributed cake in our lobby.

Third party Community Special Events

- Many groups in our community hold fundraisers for the Foundation throughout the year.
- These events build awareness and are a testament of the community's dedication to our cause.
- Voxx- Janet did a weekly display in our Centre Lobby and donated 25% of sales to our Foundation.
- Beauty Counter - Jennifer did an online party and donated 15% of sales to our Foundation.

Volunteer Program

This year we were able to highlight several volunteers –

- Nauria Alsina – LDRA Volunteer of the Year.
- Yeganeh Safavi - Cobequid Foundation – Outstanding Volunteer of the Year.
- Wayne & Inez Johnson - Cobequid Foundation – Outstanding Volunteers of the Year.
- Anne Vincent - Cobequid Foundation – Outstanding Staff Volunteer of the Year.

5. Presentations:

Retiring Board Members & Cobequid Ambassadors: Thank you to our retiring members: Rachel Stone, Jena McCulloch and Jim Cruikshank. We thank them for their hard work and dedication to our cause.

The 2018 inductees into the Cobequid Ambassadors were:

- 1) Jim Cruickshank, served from March 2015 – June 2018. Highlights of his contributions:
 - Member of the Board of Directors
 - Provide legal advice to the foundation
- 2) Rachel Stone, served from June 2010 – February 2018. Highlights of her contributions:
 - Member of the Board of Directors
 - Helped develop our Gift of Light Fundraiser
- 3) Cobequid Ambassadors—Kinette Club of Sackville. Highlights of their contributions:
 - 18 years of supporting Cobequid foundation
 - Raised \$13,500 which funded priority medical equipment and held third party fundraisers



AGM Minutes Continued

Educational Bursaries: Drew Jarrett, presented the 2018 Cobequid Foundation Education Bursaries to the following students:

- Amanda Saword from Charles P. Allen High School is attending Holland College for Practical Nursing Program.
- Hannah Douglas from Sackville High School is attending Dalhousie University for a Bachelor of Science in Nursing.
- Hannah Steele from Millwood High School is attending Dalhousie University for a Bachelor of Health Science (Radiological Technology)

Drew spoke about each student and called them forward to receive their awards. Congratulations to all of the students. Drew acknowledged Georgia Saleski from Lockview High School. She had a commitment this evening and was unable to join us. She is attending Acadia University for a Bachelor of Kinesiology next year.

6. Adjournment & Refreshments:

There being no further business the meeting was adjourned at 8:15 pm.

Minutes respectfully prepared and submitted,

Rita Sabnam

Rita Sabnam, Administrative Coordinator
Recording Secretary



Independent Auditor's Report



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INDEPENDENT AUDITORS' REPORT

To the Chair and Members of the Board of Cobequid Community Health Centre Foundation

Qualified Opinion

We have audited the financial statements of Cobequid Community Health Centre Foundation (the Entity), which comprise:

- the statement of financial position as at March 31, 2019
- the statement of operations for the year then ended
- the statement of changes in net assets for the year then ended
- the statement of cash flows for the year then ended
- and notes to the financial statements, including a summary of significant accounting policies

(Hereinafter referred to as the "financial statements").

In our opinion, except for the possible effects of the matter described in the "***Basis for Qualified Opinion***" paragraph, the financial statements present fairly, in all material respects, the financial position of Cobequid Community Health Centre Foundation as at March 31, 2019, and its results of operations and its cash flows for the year then ended, in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Entity derives revenue from donations and other fundraising activities, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of the Entity and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenues over expenses, current assets, and net assets.





We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the ***"Auditors' Responsibilities for the Audit of the Financial Statements"*** section of our auditors' report.

We are independent of the Entity in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.





As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit.

We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion.

The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

KPMG LLP

Chartered Professional Accountants, Licensed Public Accountants
Halifax, Canada
May 29, 2019





Audited Statement of Financial Position

Year Ending March 31, 2019

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Statement of Financial Position

March 31, 2019, with comparative information for 2018

	2019	2018
Assets		
Current assets:		
Cash	\$ 36,464	\$ 24,755
Marketable securities	641,432	548,570
Accounts receivable	75,368	85,408
HST receivable	19,985	15,443
Prepaid expenses and deposits	5,351	12,351
	<u>\$ 778,600</u>	<u>\$ 686,527</u>
Liabilities and Net Assets		
Current liabilities:		
Accounts payable and accrued liabilities	\$ 5,678	\$ 7,245
Due to Nova Scotia Health Authority	7,441	9,895
	<u>13,119</u>	<u>17,140</u>
Net assets:		
Unrestricted net assets	765,481	669,387
	<u>765,481</u>	<u>669,387</u>
Commitments (note 2)		
Employee future benefits (note 4)		
	<u>\$ 778,600</u>	<u>\$ 686,527</u>

See accompanying notes to financial statements.

On behalf of the Board:

Jo-Anne McLean

Chair
Jo-Anne McLean

Krista Adamski

Treasurer & Secretary
Krista Adamski



Statement of Operations

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Statement of Operations

Year ended March 31, 2019, with comparative information for 2018

	2019	2018
Revenue:		
Events, campaigns and other fundraising	\$ 125,369	\$ 142,845
General donations	33,335	14,383
Partners for Care and program income	292,525	314,082
Investment income	7,405	9,805
Major gifts	177,325	61,750
Planned giving	-	1,000
	635,959	543,865
Expenses:		
Salaries and benefits	159,500	173,248
Professional fees	6,000	6,000
Office and general	10,180	10,509
Training and education	1,064	4,287
Events, campaigns and other fundraising	59,574	55,673
Repairs and maintenance	12,588	7,261
Miscellaneous	13,783	8,429
Student bursary	4,000	4,000
	266,689	269,407
Excess of revenue over expenses	369,270	274,458
Grants to Cobequid Community Health Centre	(273,176)	(357,023)
Excess of revenue over expenses and grants (expenses and grants over revenue)	\$ 96,094	\$ (82,565)

See accompanying notes to financial statements.



Statement of Changes In Net Assets

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Statement of Changes in Net Assets

Year ended March 31, 2019, with comparative information for 2018

		Invested in capital assets	Unrestricted net assets		Total 2019	Total 2018
Balance, beginning of year	\$	-	\$ 669,387	\$	669,387	\$ 751,952
Excess of revenue over expenses and grants (expenses and grants over revenue)		-	96,094		96,094	(82,565)
Balance, end of year	\$	-	\$ 765,481	\$	765,481	\$ 669,387

See accompanying notes to financial statements.



Statement of Cash Flows

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Statement of Cash Flows

Year ended March 31, 2019, with comparative information for 2018

	2019	2018
Cash provided by (used in):		
Operations:		
Excess of revenue over expenses (expenses over revenue)	\$ 369,270	\$ 274,458
Grants to Cobequid Community Health Centre	(273,176)	(357,023)
Change in non-cash operating working capital:		
Decrease in accounts receivable	10,040	24,412
Decrease (increase) in prepaid expenses and deposits	7,000	(9,856)
Increase in HST receivable	(4,542)	(5,069)
(Decrease) increase in accounts payable and accrued liabilities	(1,567)	1,198
Decrease in due to Nova Scotia Health Authority	(2,454)	(2,454)
	104,571	(74,334)
Investments:		
(Increase) decrease in marketable securities	(92,862)	91,355
Increase in cash	11,709	17,021
Cash, beginning of year	24,755	7,734
Cash, end of year	\$ 36,464	\$ 24,755

See accompanying notes to financial statements.



Notes to Financial Statements

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Notes to Financial Statements

Year ended March 31, 2019

Cobequid Community Health Centre Foundation (the "Foundation") is a fundraising organization. Its main purpose is to provide assistance to those entities providing health and social services to the catchment area of the Cobequid Community Health Centre. It is a registered charity under the Income Tax Act.

1. Significant accounting policies:

The financial statements have been prepared by management in accordance with Canadian Accounting Standards for Not-For-Profit Standards in Part III of the CPA Canada Handbook.

(a) Revenue recognition:

The Foundation follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue in the year received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

(b) Cash:

Cash includes cash on hand held with financial institutions.

(c) Capital assets:

Capital assets are amortized over their estimated useful lives.

Capital assets are reviewed for impairment whenever events or changes in circumstances indicate that the carrying amount of an asset may not be recoverable. Recoverability of assets to be held and used is measured by a comparison of the carrying amount of an asset to estimated undiscounted future cash flows expected to be generated by the asset. If the carrying amount of an asset exceeds its estimated future cash flows, an impairment charge is recognized for the amount by which the carrying amount of the asset exceeds the fair value of the asset.

(d) Contributed services:

A substantial number of volunteers contribute a significant amount of their time each year. Because of the difficulty of determining the fair value, contributed services are not recognized in the financial statements.



Notes to Financial Statements

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Notes to Financial Statements

Year ended March 31, 2019

1. Significant accounting policies (continued):

(e) Financial instruments:

Financial instruments are recorded at fair value on initial recognition. Freestanding derivative instruments that are not in a qualifying hedging relationship and equity instruments that are quoted in an active market are subsequently measured at fair value. All other financial instruments are subsequently recorded at cost or amortized cost, unless management has elected to carry the instruments at fair value. The Foundation has not elected to carry any such financial instruments at fair value.

Transaction costs incurred on the acquisition of financial instruments measured subsequently at fair value are expensed as incurred. All other financial instruments are adjusted by transaction costs incurred on acquisition and financing costs, which are amortized using the straight-line method.

Financial assets are assessed for impairment on an annual basis at the end of the fiscal year if there are indicators of impairment. If there is an indicator of impairment, the Foundation determines if there is a significant adverse change in the expected amount or timing of future cash flows from the financial asset. If there is a significant adverse change in the expected cash flows, the carrying value of the financial asset is reduced to the highest of the present value of the expected cash flows, the amount that could be realized from selling the financial asset or the amount the Foundation expects to realize by exercising its right to any collateral. If events and circumstances reverse in a future period, an impairment loss will be reversed to the extent of the improvement, not exceeding the initial carrying value.

(f) Use of estimates:

The preparation of financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the year. Actual results could differ from those estimates.

(g) Donated materials and services:

Donated materials and services are recorded in the financial statements when the fair value of these items can be reasonably estimated. The Foundation has recognized \$ nil (2017 - \$ nil) as donated materials and services during the year.



Notes to Financial Statements

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Notes to Financial Statements

Year ended March 31, 2019

1. Significant accounting policies (continued):

(h) Employee future benefits:

The Foundation's employees are members of a multi-employer defined benefit pension plan administered by the Health Associations of Nova Scotia. The plan is accounted for as a defined contribution plan such that the cost of the plan is recognized based on the required contributions during each period.

2. Commitments:

(a) Capital Campaign-Building:

The Foundation made a commitment with Capital Health District Authority to fund a portion the construction of the Cobequid Community Health Centre ("CCHC"), up to a maximum of \$4,000,000. The Foundation has accrued or paid grants to the CCHC in the amount of \$3,155,774 (2018 - \$3,146,206), leaving a balance of \$844,226 (2018 - \$853,794) against the original commitment of \$4,000,000. Effective April 1, 2015 any agreement made with Capital Health District Authority is assumed under the Nova Scotia Health Authority.

With respect to the construction of the CCHC, the Province of Nova Scotia had a cost-sharing arrangement with Capital Health District Authority, now Nova Scotia Health Authority, being based on the stated government practice of funding major health care projects on a 75% government share and 25% community share. The Foundation based its capital campaign for the construction of the CCHC on the commitment it had made with Capital Health District Authority to a maximum of \$4,000,000. However, the Foundation recognizes there is a shortfall to cover the assumed 25% community share of the project of approximately \$3,200,000, based on the total costs to complete the project. The additional component has been acknowledged by the Foundation, however, it is anticipated that any funding of the shortfall by the Foundation will be entirely at the discretion of the Foundation over an unspecified but extended period of time, without interest or pledging of any security.

(b) Triage project:

The Foundation made a commitment to fund the new triage project for the Emergency Department at the Cobequid Community Health Centre. The commitment was for \$250,000 plus reasonable costs for anticipated furniture and equipment needs. The Foundation has accrued or paid grants in the amount of \$233,338 (2018 - \$218,818) and received notice during the year that the project was completed and no further funding was required.



Notes to Financial Statements

COBEQUID COMMUNITY HEALTH CENTRE FOUNDATION

Notes to Financial Statements

Year ended March 31, 2019

3. Financial instruments:

The Foundation's financial instruments include cash and cash equivalents, accounts receivable, accounts payable and accrued liabilities, and due to Nova Scotia Health Authority, the carrying amounts of which approximate fair value due to the short-term maturity of these financial instruments.

The Foundation's marketable securities are carried at fair value which is determined to be the quoted market price of the securities.

4. Employee future benefits:

The most recent actuarial evaluation of the multi-employer defined benefit plan in which the Foundation's employees are members was conducted at July 1, 2017 and indicated funding ratios of approximately 140% on a going concern basis and 114% on a solvency basis. The total cost of the plan recognized in the current year, being the total contributions to the plan, was \$11,101 (2018 - \$12,557).

DID YOU KNOW...

Cobequid's Emergency Department wait times remain relatively low. We have the advantage of starting fresh every morning with full bed availability.



Executive Committee

JO-ANNE MCLEAN (MAY 2015 - PRESENT) OFFERING AS CHAIR



Jo-Anne works for the Halifax International Airport Authority (HIAA) as the Director of Air Service and Airport Experience, with responsibility for air service, concessions and office lease development. Jo-Anne attended Mount Saint Vincent University. Over the past few years, Jo-Anne obtained a certificate in Executive Management from Queen's University.

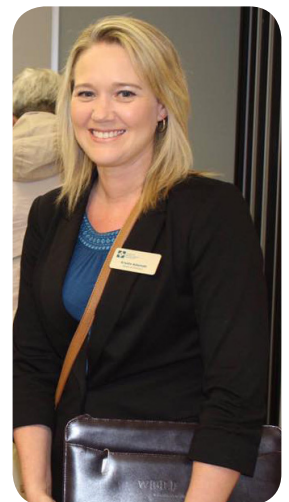
As a hockey mom, Jo-Anne spent time volunteering with the Bedford District Minor Hockey Association (BDMHA). Over the years Jo-Anne has donated her time to several other causes. Most notably: the Mental Health Association of NS as a participant in the "Different Stage of Mind" production as well as a participant in "Dancing for our Stars", a major fundraising event for Bridgeway Academy.

Jo-Anne joined the Cobequid Health Centre Foundation in 2015 and has served as a board member, chair of "Show Your True Colours" Cobequid Gala and transitioned to Chair of the Cobequid Foundation Board in June 2017. A native of Amherst, NS, and resident of the Lower Sackville/Fall River over the past 24 years, Jo-Anne is married to Paul and they have two adult sons, Derek and Gregory, and a young granddaughter Myah Upshaw-McLean. When not at work, Jo-Anne enjoys spending time with family and friends, golfing, walking her dog, exercising and completed a full walking marathon at the Bluenose Marathon in Halifax in 2017.

KRYSTA L. ADAMSKI (MAY 2013-PRESENT) RE-OFFERING AS TREASURER, & SECRETARY

Krysta Adamski joined the Board of Directors in May 2013. Prior to joining the Board, she was involved with the Cobequid Foundation as a volunteer for five years, and served on the Gift Development Committee.

Krysta graduated from Saint Mary's University in 1997 with a Bachelor of Commerce and a major in accounting. She started working with WBLI LLP, (now operating under the name of MNP LLP,) in September 1997 and continued there until June 2019. She currently works for Assante Private Client in the Wealth Planning Group as a Tax Consultant. Krysta obtained her CPA designation in 2000 and then went on to take the CICA's In-Depth Taxation Course.



She grew up in Lower Sackville, and now currently resides in Beaver Bank with her husband, Peter of 20 years, and her two children, Mackenzie and Jay.



Executive Committee



RICHARD (DICK) MILLER (MARCH 2008 - PRESENT) RE-OFFERING SPECIAL ADVISOR, STRATEGIC PLANNING

Richard (Dick) Miller acts as a Special Advisor for the Board of Directors. Dick was a principal of The Shaw Group of Companies and retired after 45 years of service. He has more than 40 years of experience in community development covering all facets of real estate development-residential-commercial and institutional projects. Dick received his post secondary education in Halifax with further management studies at the American Management Association in New York and McGill University.

In 2012 Dick was awarded the “Queens Diamond Jubilee Medal” for his extensive volunteer work in the areas of consumer protection, community development and energy efficiency in the building industry. As Past-Chair of the Economic Strategy Committee for the Greater Halifax Partnership, Dick worked to ensure that immigration remains a top priority in the economic strategy. In addition to his commitment to the Cobequid Foundation, Dick is involved with the NRC Advisory Board - Institute of Research for Construction, and the Canadian Commission on Building and Fire Codes.

Dick is married with two daughters and one granddaughter. He enjoys art, reading, and spending time with the family at the cottage.

KAREN MACPHERSON (AUGUST 2018-PRESENT) OFFERING AS MEMBER AT LARGE - EXECUTIVE COMMITTEE

Karen MacPherson is a Regional Sales Manager of Financial Planning at RBC. She has worked for RBC in various roles for 30 years in both personal and commercial capacities.

Karen graduated from UPEI with a Bachelor of Business and Rotman School of Management (U of T) with an MBA. She earned her Professional FINANCIAL Planning designation in 2005. Karen has experience in working with various cross functional teams to achieve a common outcome.

She resides in Hammond Plains with her husband Alan and has 3 children – Nicole, Connor and Kaleigh. She enjoys hiking, bike riding and spending time with family and friends



2018-2019 Board of Directors

KELLY ADAMS (MAY 2010 TO PRESENT)



Kelly joined the financial services industry in May 1977 after receiving his Bachelor of Commerce from Saint Mary's University. At the age of 26 Kelly was appointed general manager for Nova Scotia of one of Canada's leading insurance companies. At the age of 29 he became general manager for Manulife Financial for Nova Scotia and Newfoundland from 1985 to 1999. In 2000, Kelly founded Barrington Wealth Partners Inc - a national company with 36 offices from Halifax to Vancouver. Kelly is licensed in Nova Scotia, Ontario, New Brunswick and Newfoundland, and has built a strong reputation working with chartered accountants and law firms throughout Eastern Canada.

As an independent insurance broker, Kelly's firm is contracted with 12 National Life Insurance carriers. Kelly's designations include Chartered Life Underwriter (CLU); Certified Financial Planner (CFP); Chartered Financial Consultant (ChFC); and Family Enterprise Advisor (FEA). He is a member of the National Family-Enterprise-Xchange (FEX) and is a Certified Family Councilor with FEX. In 2012 Kelly completed the Family Enterprise Advisor Program from The Sauder School of Business of UBC. As part of the Halifax Estate Planning Council Kelly is a platform speaker on estate, life insurance and family succession planning. Kelly is a member of the Canadian Association of Insurance and Financial Advisors; the Chartered Life Underwriters Association of Canada; the Chartered Financial Planners Association of Canada; the National Conference for Advanced Life Underwriting (CALU); board chair of Barrington Wealth Partners Inc; member of the Advisory Committee to the Centre for Family Businesses and Regional Prosperity Dalhousie University.

Kelly and his wife Sharon are proud parents of Rob, Chris, Michael and Andrew.

DR. GEORGE MURPHY (JUNE 2006 - PRESENT)

Dr. George Murphy has been involved with the Cobequid Health Centre Foundation since the opening of the new centre in 2006. He serves as a member of the Board of Directors. Dr. Murphy is the lead Radiologist at the Cobequid Community Health Centre.

He began his career in radiology after obtaining his undergraduate and medical degrees from Dalhousie University. After graduation, Dr. Murphy did his post doctoral fellowship in St. Louis, Missouri and then in 1988, started working at the Halifax Infirmary. In 1992 he moved to the Camp Hill Medical Centre and in 1996 returned to the Halifax Infirmary before transferring to the Cobequid Community Health Centre.



Dr. Murphy resides in Halifax with his wife Dr. Katherine Montgomery and their two children David and Alison.



2018-2019 Board of Directors

PATRICK CARRUTHERS (JUNE 2016-PRESENT)



Patrick Carruthers has been a member of the Cobequid Foundation Board of Directors since 2016. He is currently a Director with Stonegate Private Counsel in Halifax.

Patrick has a Bachelor of Business Administration from St. Francis Xavier University and is a Chartered Accountant who has completed the CPA Canada In-Depth Tax Course.

Outside of work, Patrick is also involved with several community organizations in a volunteer capacity and has been an instructor for CPA Nova Scotia. Patrick was raised in Bedford and graduated from Charles P. Allen High School. In his spare time he enjoys playing sports, spending time with family and supporting the community.

DREW JARRETT (NOVEMBER 2017 - PRESENT)

Drew Jarrett is one of the newer members to the Cobequid Foundation Board of Directors. A native of Ontario he moved to Sackville 7 years ago. Drew is chair of the Walk Run Organizing Committee and served on the 2018 Educational Bursary Steering Committee.

For the past 9 years, Drew has been working in upper management of a McDonalds Franchise. He studied business and communications at the University of Ottawa. He moved to Halifax in 2009 after graduating with his Bachelor's Degree.

Drew is a former Junior A and Canadian University Varsity Hockey Player. Drew and his wife Lisa, a native of Sackville, married 3 years ago. Last year they welcomed baby boy Levi to their family.



2018-2019 Board of Directors

MATT SAUNDERS (NOVEMBER 2018-PRESENT)



Originally hailing from Truro, Matt Saunders is an experienced lawyer and a Certified Information Privacy Professional/Canada (CIPP/C) through the International Association of Privacy Professionals (IAPP). Working out of Cox & Palmer's Halifax office, Matt has a diverse background in complex commercial litigation, data privacy, defamation, emergency management, and security consulting. Skilled in oral advocacy, privacy-related matters, and resolving commercial disputes, Matt has appeared before the Supreme Court of Nova Scotia, the Nova Scotia Court of Appeal, and all levels of court in Ontario. Matt is Vice-Chair of the Canadian Bar Association's Nova Scotia section for access to information and privacy law.

Prior to joining Cox & Palmer, Matt practiced complex commercial litigation at the Toronto office of a global law firm. In addition, Matt previously had a successful consulting career in Vancouver, B.C., managing a diverse portfolio of public health security projects for clients across North America.

Matt enjoys cooking, mixology, noir films and books, and frequently runs in his spare time. He has been involved with the Cobequid Community Health Centre Foundation Board since November 2018.

ZAINAB ABIDALI (MARCH 2019-PRESENT)

Zainab Abidali is the newest member of the Cobequid Foundation Board of Directors. Zainab is a Pharmacist and Pharmacy Manager at Shoppers Drug Mart on Joseph Howe Drive.

Zainab holds a Bachelor of Science in Pharmacy from Dalhousie University - College of Pharmacy. She lives in Bedford and is a graduate of Charles P. Allen High School.

Zainab is active with the College of Pharmacy - acting as a Preceptor to Dalhousie University College of Pharmacy students. This involves training and mentoring third and fourth year students through community pharmacy rotations. She is also involved in pharmacy students enrollment interviews which have transitioned to mini-mental interview (MMIs) style.

Outside of work, Zainab enjoys volunteering, spending time with family and supporting the community



2018-2019 Board of Directors



VICTORIA (VICKIE) SULLIVAN

(MAY 2015-PRESENT)

EX-OFFICIO

Vickie is the Operations Executive Director, Central Zone for the Nova Scotia Health Authority and assumed this role April 1, 2015.

She holds a Bachelor of Nursing (University of New Brunswick), a Canadian Nurses Association Specialty Certification in Oncology Nursing and a Masters of Health Studies (Athabasca University). In November 2014, she received Cancer Care Nova Scotia's Leadership

Excellence Award in recognition of her outstanding contributions to the cancer system in Nova Scotia. In addition to her work with Cobequid, she is currently a volunteer with Halifax Hospice.

Vickie has extensive operational and strategic leadership experience, first working as a manager of an inpatient medical teaching unit in an academic centre in British Columbia followed by 14 years as manager of the Nova Scotia Cancer Centre. In 2002, she assumed the role of Director of the Capital Health Cancer Care Program, a position she held for 9 years. In 2011, she became Director for the VG Site which included Cancer Care, Transplant and Acute Inpatient Services. A role she held until April 1, 2015.

Vickie lives in the Halifax area with her husband; has two adult sons and two beautiful grandchildren. In her spare time Vickie enjoys running, yoga, gardening, sailing, reading and antiques.

DID YOU KNOW...

The Cobequid Health Centre is located on Freer Lane. This was named after Shirley Freer who advocated and worked hard to get a dedicated health centre in Lower Sackville.



2018-2019 Board of Directors

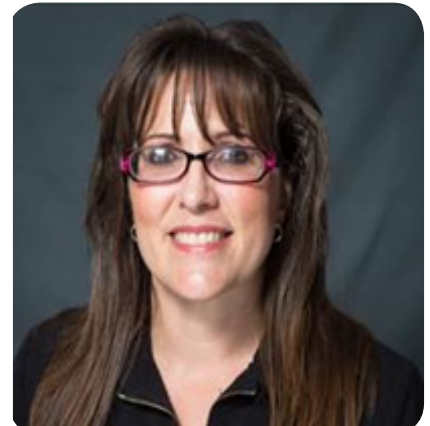
KIM MUNROE (JANUARY 2017 - PRESENT) EX-OFFICIO

Kim Munroe is a registered nurse, and for the last 19 years has been working in various areas including renal dialysis, pediatric hematology/oncology, pediatric nephrology, quality improvement, adult protection, long term care, mental health and administration. She currently holds a position of Director, Ambulatory Care of the QEII and Cobequid and is Site Lead at the Cobequid.

Kim graduated from Dalhousie University with a Bachelor of Science in Nursing and a Masters of Health Administration. Kim also completed various specialty courses including Total Quality Management, Leadership Development courses, LEADS in a Caring Environment Facilitator course and Project Management.

Kim also volunteers her time as the First Aid and LEGO Leader for the Newport 4-H Club. Kim is a member of the Cobequid Foundation Walk/Run Committee.

Kim is from Yarmouth, NS and has two sisters; one of which is her identical twin. Kim lives in Middle Sackville, NS. She has a 13 year old daughter Chelsey



Foundation Staff

The Cobequid Foundation has one full time staff member. Occasionally, the Foundation employs casual employees, co-op and summer students. The Foundation is currently restructuring its human resources and will add two full time positions.



Stacey Chapman, Executive Director

April 2007 - Present

She holds a Bachelor of Public Relations from Mount Saint Vincent University. Stacey has worked in the non-profit sector for almost 24 years at both national and local charities.

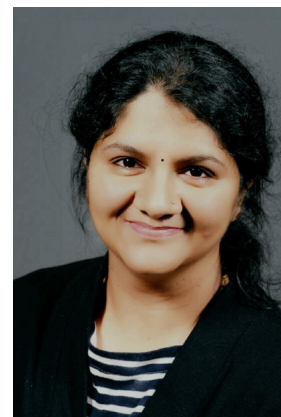
Stacey grew up in the Halifax Regional Municipality. She currently lives in Cole Harbour, NS. Stacey enjoys traveling, walking her dog Maddison, volunteering and visiting her cottage in Pugwash, NS.

Smitha Acharya, Stewardship and Events

Assistant November 2018 - March 2019 Accounting Support
May 2019 to Present (casual position) Stewardship & Events Assistant

She holds a Masters of Business Administration in Finance from Manipal University in India. She grew up in Bangalore, India. She came to Canada in January 2017 and currently lives in Clayton Park.

She is married and has a daughter Anagha. In her free time, she enjoys yoga, traveling and visiting the gym.



Sidney Patton, Marketing and Events Coordinator

January 2019 - May 2019 - Marketing & Events Assistant
September 2019 - December 2019 Marketing & Events Coordinator

She is currently in her third year of the Public Relations program at Mount Saint Vincent University. She grew up in Truro with her parents and younger sister.

She has been a member of the 4-H program for the past 16 years. She enjoys working with her animals, traveling and spending time with friends and family.



Retiring Board Members

DR. MICHAEL CLORY (JUNE 2016-JUNE 2019)

Dr. Michael Clory is the Chief of Medical Staff and Site Chief of the Emergency Department of the Cobequid Community Health Centre. He is an Assistant Professor of Emergency Medicine for Dalhousie University with a strong interest in medical education.

Under his direction, the Cobequid Emergency Department has become a Dalhousie training site in emergency medicine and has been involved in a number of national research studies. With support of the Foundation, the first community-based emergency simulation program in the Maritimes was established at Cobequid.



Dr. Clory is Chief Medical Officer and co-founder of Therounds, a dedicated online network for Canadian physicians with a goal of information sharing amongst physicians to improve quality of medical care in Canada.

Dr. Clory lives in Bedford with his wife Nan. Together they have one son and two daughters. In his spare time, Dr. Clory is an avid volunteer coaching youth flag football and basketball for many years in Bedford.

We sincerely thank Dr. Clory for his hard work, dedication and contributions to our Foundation and Health Centre.

DID YOU KNOW...

Generosity from the community has provided 1.6 million dollars of medical equipment for the Cobequid Health Centre Foundation. Almost all of the new equipment arriving at the Centre is funded by the Foundation.



Cobequid Ambassador Program

Each year the Cobequid Health Centre Foundation accepts nominations from the Board of Directors and the community for individuals who have made a significant impact on the Cobequid Health Centre and Foundation.

The purpose of the Cobequid Ambassadors Club is to honour and recognize board members, long standing volunteers, donors and others who have made an outstanding contribution to the Cobequid Community Health Centre and Foundation.

Since the program started in June 2009, we have inducted 49 members into the Cobequid Ambassadors Club. **Our Cobequid Ambassadors are:**

Alice Bowlin
Barb Lowe
Barbara Hall
Barbara MacLellan
Bill MacNeil
Bill Vye
Brenda Pate
Carol Crosby
Clarence & Mary Ann DeYoung
Dave Murray
Debbie Peverill
Don Farmer
Donna Corbin
Corbin's Automotive
Dr. Derek Yeadon
Eric Hicks
Howard Andrew Ripley
Ian Tramble
Frank Bezanson
Jaye McQuillin

Jim McAllister
Jim Vacheresse
Joe Fillmore
John (Bill) Vienneau
John Young
Ken Strugnell
Kevin Pelley
Larry Steele
Lewis Turner
Margaret Merlin-Wilson
Mark Thompson
Maureen Crossman
Melissa Butler
Paul Benoit
Peter Korecki
Reg Burris
Royal Canadian Legion
Bedford Branch 95
Royal Canadian Legion Calais
Branch 162 Sackville

Royce Hefler
Ruth O'Connell
Sackville Masonic Lodge
Shirley Freer (posthumously)
Stan Spavold
Steve Craig
Taleb Abidali
Sackville Lioness Club
Tony Benson
Vic Bezanson
Wilma Ross
Jim Cruickshank
Rachel Stone

*The pin that is awarded
to our Ambassadors*

Annually, the Foundation inducts a maximum of five members into the Ambassadors Club during its Annual General Meeting.

Each Ambassador receives a pin to symbolize membership as an Ambassador.

This year's our recipient of the Cobequid Health Centre Ambassadors Award is **Kinette Club of Sackville.**



Cobequid Ambassador - Kinette Club of Sackville



Kinette Club of Sackville

The Kinette Club of Sackville has been providing support to the Cobequid Foundation over the last 19 years. This support has totaled over \$15,000.

In recent years the Kinettes have supported the Foundation by: funding a blood pressure monitor, supporting our women's health campaign, providing annual gifts for medical equipment and holding a tea and fashion show to name a few.

Congratulations to all of the members of the Kinette Club of Sackville, we truly appreciate the support. You are making a difference in the healthcare available in our community!



Volunteers - Make A Difference in Your Community

Cobequid Health Centre Foundation has meaningful volunteer opportunities for anyone who desires active involvement in their community. Through the efforts of 200+ volunteers, the Foundation strives to make a difference in the healthcare available in our community. Regardless of whether you have a little or a lot of time to give, we have many opportunities for you to get involved.

Our second annual volunteer reception was held in April 10, 2019. It was a pleasure to be able to recognize the efforts of our volunteers and celebrate all the hard work they do. Four volunteers were recognized for their outstanding efforts: Frank Venoit, Chelsey Munroe, Bev Barrios & Jo-Anne McLean.



Here are some ways you can get involved:

Serve as a Member of Our Board of Directors:

The Board provides governance and strategic direction for the Foundation. Our board is comprised of individuals with financial, legal, healthcare and a variety of business backgrounds. Our Board of Directors involves a commitment of 50-60 hours per year.

Serve on a Stewardship or Board Committee:

This Committee provides support for the Foundation's special projects. Individuals serving on these committees have a strong knowledge of the community and local business activities.

Serve as an "Office Support" Volunteer :

There are occasional tasks requiring volunteer support throughout the year such as selling raffle tickets, helping to promote a program, staffing a booth or office support activities.

Serve on a Signature Event Committee:

There are opportunities to serve on our Walk Run committees. The role includes: monthly meetings, soliciting sponsorship and auction items, and recruiting participants/volunteers.

Serve as a "Day of Event" Volunteer:

Our events require volunteer efforts of more than 60 volunteers who help in a variety of ways from assisting with registration, BBQ stations, and safety activities.



For more information contact:

stacey.chapman@nshealth.ca or call (902) 869-6111



Signature Events

Each year, the Cobequid Health Centre Foundation is excited to hold a number of events that directly benefit the community. These events are made possible due to our 200 plus volunteers who pour endless time and effort into their community.

10th Annual Gift of Light

The Cobequid Health Centre Foundation offers a program that captures the spirit of the season and gives donors an opportunity to honour a loved one. Loved ones are remembered on the tree that stands in the main lobby of the Cobequid Centre.

The ScotianAires were the entertainment for the evening. There was also an online auction with lots of fun items. Last year, our annual tree lighting ceremony raised just over \$17,360. The expenses for the event were \$1,000.

This year's tree lighting falls on Wednesday, December 4th, 2019. We hope to see you there!



3rd Annual Cobequid Month



Cobequid Month is held in the Month of May. This is a campaign to raise awareness and funds for the Cobequid Foundation while we celebrate all the Cobequid means for our community.

Local organizations hold fundraisers and the Foundation holds mini events. This year, cake was given out in the lobby. We held a bake sale our annual BBQ, and raffled a painting by artist Ruth O'Connell.

Thank you to our RBC Volunteers for hosting our BBQ and thanks to Wilson for providing the BBQ.



3rd Annual Cobequid Red Velvet Gala

Our 3rd Annual Cobequid Gala was held on April 26, 2019. The theme was Red Velvet. We sold over 110 tickets at \$115 a ticket. It was a great night of food and celebration. This year's event was held at CFB Stadacona. Live music was provided by the band Merimac and Harry at the Piano.

We held a silent and live auction which included over 60 unique auction items. Some of which included, a romance package including a one night stay at Inn on the Lake in a Deluxe Suite; tickets to the International Tattoo; Canadian themed lap quilt; NS Crystal Vase; a Bruce MacKinnon Print with the Humboldt Broncos; Symphony Nova Scotia Gift Card; and more.

The Cobequid Gala raised \$19,630, the expenses for this event were \$10,142. This is our final year for this event. A special thank you to our volunteer committee for helping make this event happen.



Signature Events

Walk/Run for the Health of Our Community



Over the past 25 years the Walk Run event has raised more than 1.6 million dollars to support the Cobequid Community Health Centre.

The 2018 Walk Run was held on October 14, 2019. This year's event had 174 participants and 64 volunteers. There was an opportunity for participants to walk 5 kilometers or run on a new route of 5 miles. The run route involved running along the banks of First Lake.

The event concluded with lots of fun activities, including a barbeque, prizes and games. The event raised \$42,115. The expenses for this event were \$10,500.

Our Walk Run Steering Committee is very excited to put together the 26th Annual Walk Run. Funds raised will go to support priority medical equipment for the Cobequid. You are invited to join this year's Walk Run on October 27, 2019.

Kiosk Rentals

This year the Cobequid Health Centre took over operation of the Cobequid Kiosk from Partners for Care. Local companies and entrepreneurs can rent the kiosk for a day, week or month to promote their business/products. Here are some of the vendor who used the kiosk this year:

- Designs by Heather
- Voxx Sox by Janet
- East Coast Beach Sand
- The Snore Shop
- Laughs N Crafts
- Sutherland's Jewellery
- Spill the Tea - Jr. Achievement
- Costco

For additional details or to rent the kiosk contact Stacey at (902) 869-6111.



Angels In Action Program

Each day the Cobequid Foundation interacts with our donors, and we often hear about the exceptional care patients and their families receive from our professional staff at Cobequid Community Health Centre. Our Angels in Action Program was established to offer patients or family members the opportunity to express their heartfelt thanks to a particular caregiver or staff member in a unique way.

The “Angel” is recognized in their department by Foundation Staff, the patient and their peers. They receive a special letter and an Angel in Action Pin. Since 2009, we have had 37 Angel nominations.

Pictured Right - Trish Smith (Cobequid Foundation) with Brett Ellis (Volunteer) - Brett received his Angel Wings in December 2018



Listed below are staff and volunteers who have received their angel wings:

Dr. Daniel Rayson, Oncologist
Gloria Doucette, Housekeeping
Dr. Bob Best, Emergency
Catherine Splane, Informatics
Suzanne Dewolfe, RN, Diabetes Clinic
Barb Brown, RN, Renal Transplant
Dr. Michael Clory, Emergency
Cindy Hamilton, RN, Emergency
Debbie Darrow, RN, Emergency
Pamela Hollingsworth, Physiotherapy
Margaret Merlin-Wilson, Administration
Dr. Colin Sutton, Emergency
Bill Luff, Volunteer
Dr. Nemer El-Batnigi, Emergency
Amy Ring, RN, Emergency
Holly Ross, Physiotherapy
Megan Scanlan, Emergency
Dr. Jennie Leverman, Emergency

Brett Ellis, Volunteer
Eileen Lewis, Volunteer
Bev Kyle, Volunteer
Rhonda Osmond, Central Registration
Helen MacLeod, Laboratory Technologist
Dr. Valerie Ross, Emergency
Anne Marie Patterson, Diabetes Management
Daphne Murray, RN, Infection Control
The Emergency Department Staff
Lillian Coshell, Emergency
Kelly Silver, RN, Emergency
Suzanne MacDonald-Gilby, RN, Emergency
Nathan Cutting, Housekeeping
Trish Polley, RN, Emergency
Krystal Forrest, RN, Emergency
Kelly Phalen-Kelly, NP, Ambulatory Clinic
Barbara Currie, NP, Ambulatory Clinic



Priority Medical Equipment Funded

Thanks to the generosity of our donors, the Foundation was able to fund \$263,590 of priority medical equipment in 2018-2019. The Foundation also provided a \$9,586 Capital Campaign grant. This year the Foundation focused on our Laboratory Services. For a video on how the Centrifuge impacts our services - please visit the Foundation's Facebook page.

The following is a list of equipment funded:

Endoscopy

- Incubators - Specimen (\$200)
- Two Leak Testers (\$1,000)
- Scope Sterilizer (\$32,000)
- Bedside Monitoring System (\$10,000)

Laboratory

- Lab Alarm/Timer (\$300)
- Three Phlebotomy Chairs for Blood Collection (\$6,000)
- Two Pipettes - Measuring Unit for Testing (\$800)
- Two Thermometers (\$200)
- Centrifuge - Bench Model (\$12,050)

Rehabilitation Services

- Dynamometer (\$1,000)
- Hydrocolator (\$1,000)
- Portable Ultrasound (\$1,700)
- TENS Machine (\$130)

Ambulatory Care Clinics

- Three Thermometers, Electronic (\$690)
- Two Omron- Automated Digital Blood Pressure Monitoring Unit with Stand (\$1,500)

Diagnostic Imaging

- High Resolution Ultrasound (\$154,000)

Emergency Department

- Portable Ultrasound (\$41,020)



Cobequid Educational Bursary Program



**Congratulations &
best of luck to all of the
recipients!**

Pictured above: Past bursary winners with their parents and the Educational Bursary Steering Committee Members.

Every year since 2009, the Cobequid Foundation has been proud to offer bursaries to students from Lockview, Charles P. Allen, Sackville and Millwood High Schools. The bursaries are the Foundation's way of acknowledging these four schools' outstanding contributions during the Capital Campaign to build the new Health Centre on Freer Lane.

The bursaries also encourage students to study in areas which would be a great benefit to the Cobequid Community Health Centre. To date, the Cobequid Foundation has given out a total of \$43,000 in bursaries to local students. This year we were once again thoroughly impressed by the applicants and we are pleased to announce the recipients of this year's bursaries!

Thank you to this year's Educational Bursary Steering Committee Members:

- Melissa Butler
- Kim Munroe
- Dave Murray
- Smitha Acharya
- Stacey Chapman



MILLWOOD HIGH SCHOOL ~ STEFANIE WEI MACKENZIE

Stefanie will be starting her Bachelor of Science, Nursing Degree at Cape Breton University. Stefanie is actively involved in volunteer services in the community selling tickets at a fundraiser event for Cystic Fibrosis and bagged groceries to raise money for the Cobequid Foundation.

She is a gymnast coach and peer tutor in her school. Stefanie is an International Student Ambassador at her school for the last two years. Stefanie says, "My interests in Science, healthy lifestyle, meeting new people and helping others led me to apply for a Bachelor of Science in Nursing, where service to the community plays a major role".

CHARLES P. ALLEN HIGH SCHOOL ~LAURA MARIE TAYLOR

This fall Laura will be attending Dalhousie University in the Bachelor of Health Science- Nuclear Medicine Technology program. Laura says "My goal in life is to become a Nuclear medicine Technologist in order to improve the lives of others and enhance the healthcare system".

Laura is extremely organized, great team player, and a hard worker. Laura is a swimming instructor. Laura has volunteered at Northwood Ivany Place long term care home, and this summer she will be volunteering at the IWK.

SACKVILLE HIGH SCHOOL ~GRACE HUAYING KELLY

Grace is planning to pursue a degree at NSCC College as Medical Laboratory Technologist this September. She has volunteered in Halifax Municipality Leadership Program (2012-2014) and RCMP Youth Stetsons and Spurs Program (2014-2015). She has passion for learning, and is highly principled, organized and committed to her studies.

Grace says, "My interest is to pursue a three year degree and continue studies further and contribute to the medical field to help the community".

LOCKVIEW HIGH SCHOOL ~ BRADEN JOHN WHITE

Braden will be attending NSCC College to pursue a degree as Medical Laboratory Technologist. Braden has participated in community work such as bottle collection as well as fundraising events of the community.

He has played soccer, golf and hockey as a goalie to keep active and healthy. Braden has an interest in sports statistics and a passion for cars.

Braden says, "I plan to become a medical laboratory technician, after that will choose to pursue my education further to become radiologist".

