

Breakfast

The Cool Continental:

Freshly baked muffins, cinnamon buns, tea biscuits, turnovers, bagels, and danishes

Served with chilled fruit juices, hot coffee & tea

\$5.75 per person

Breakfast on a Bun:

Egg and bacon with melted cheddar on an English muffin or in a wrap!

Served with freshly brewed hot coffee & tea

\$5.75 per person

Individual Break Items

Marvelous Monster Muffins freshly baked! \$1.95

The Classic Cookie: freshly baked oatmeal raisin, chocolate chip, double chocolate \$1.80

Bottled Juice served ice cold! (300ml) \$2.20

Bottled Water served chilled! \$1.90

Hot Pot of Coffee (serves approx. 14 cups) \$14.95

Hot Pot of Tea (serves approx. 14 cups) \$12.00

Break Packages

Break Package #1:

Tea biscuits, fruit salad, yogurt, bottled water

\$6.25 per person

Break Package #2:

Muffins, fruit & cheese tray, coffee & tea

\$6.25 per person

Break Package #3:

Cinnamon buns, whole fruit, coffee & tea

\$6.50 per person

Break Package #4:

Veggies & hummus, berries & yogurt, bottled water

\$6.25 per person

**Option of bottled water or coffee & tea is interchangeable in all break packages at no extra fee.*

We require 48 hours notice to cater a function. "Off the menu" special requests require 6 days notice.

We are able to accommodate functions on a shorter notice, but with a limited menu only. To ensure the highest quality meal service, please advise the manager if your anticipated service time has changed.

We aim to please. We cater to any request. Please let us know and we'll do our best!

All prices are subject to a 15% service charge and 15% HST.

Lunch

Succulent Sandwich:

Assorted tuna salad, egg salad, veggie, real turkey, chicken salad, roast beef, and black forest ham served on a variety of home-style bakery fresh breads

*Specialty fillings available upon request.
(1.5 sandwiches per person)

\$6.50 per person

Delicious Deli:

Roast beef, pastrami, black forest ham, salami, real turkey on fresh Kaisers, assorted breads and wraps, served with appropriate toppings

\$9.95 per person

Soup & Sandwich:

Assorted fresh sandwiches served with a hearty bowl of soup!

\$8.75 per person

Hot Lunch Options

Simply Soup:

Soul satisfying, hearty soups served with bakery fresh rolls or crackers

\$4.50 per person

Savory Homemade Stew:

A country classic. Served with homemade tea biscuits

\$6.75 per person

Working Lunch:

Build your own sandwich with assorted cold cuts, bakery fresh breads and rolls, and fresh toppings
Choice of two salads (Caesar, Greek, or Garden)

Assorted sweets, hot coffee & tea

\$11.50 per person

The Super Salad:

Crunchy, crispy and fresh...

Caesar, Spinach, Greek or Garden

\$5.75 per person

Texas Chili

...a zesty favorite! Served with toasted garlic bread

\$6.20 per person

Seashore Chowder:

Down-home, chunky chowda! Chunks of haddock, shrimp and lobster. Served with hot rolls

\$10.00 per person

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Boxed Lunch Options

Boxed Lunch #1:

Chicken or Veggie wrap, cheese & crackers, apple, bottled water
\$9.25 per person

Boxed Lunch #3:

Chili, nacho chips, fruit salad, bottled water
\$9.25 per person

Boxed Lunch #2:

Egg salad or Ham & Cheese sandwich, veggies & dip, yogurt, bottled water
\$9.25 per person

A perfectly balanced option for school trips, day camps, or lunch on-the-go!

Kid's Menu

Pizza Party:

Pizza, Caesar salad, small beverage
\$6.50 per person

Hamburger Party:

Hamburger, potato salad, small beverage
\$6.25 per person

Hot Dog Party:

Hot dog, fries, small beverage
\$6.00 per person

Want to include something sweet?

Add a cupcake to any of the three party packages for just \$0.75 per person!

A great option for birthday parties, holiday parties, and sports banquets!

Pizza...on it's own!

In the box, ready to go! Served with napkins.

16" Cheese Pizza (8 large slices) \$12.00

16" Pepperoni Pizza (8 large slices) \$14.00

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Reception Fare

Sandwich Tray:

Assorted tuna salad, egg salad, veggie, real turkey, chicken salad, roast beef, and black forest ham served on a variety of home-style bakery fresh breads

Serves 25-30 people \$93.50

24 people or less \$6.50 per person

Veggie Tray:

Farm fresh carrots, celery, tomatoes, cauliflower, red and green peppers, and broccoli. Served with your favorite dips!

Serves 25-40 people \$55.00

24 people or less \$2.35 per person

Fruit Tray:

Mounds of juicy, bite-sized, market fresh fruit.

Serves 25-28 people \$65.50

Sweet Tray:

A large assortment of two-bite tarts, sweet brownies, and tasty squares!

Serves 25-40 people \$55.00

Cheese Tray:

A selection of fine cheeses, served with an assortment of premium crackers.

Serves 25-40 people \$65.00

24 people or less \$2.40 per person

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Plated Dinner

Buttered Curry Chicken Breast

Served with jasmine rice, baby carrots, and naan bread

Baked Salmon with Creamy Dill Sauce

Served with baked potato, broccoli and cauliflower, freshly baked roll

Baked Glazed Ham

Served with scalloped potatoes, carrots, freshly baked roll

Lemon Chicken Breast

Served with roasted red potatoes, seasoned grilled green beans, freshly baked roll

Roast Beef Dinner

Served with mashed potatoes, sweet corn, gravy, freshly baked roll

Roast Turkey Dinner

Served with mashed potatoes, stuffing, carrots and peas, cranberries, gravy, freshly baked roll

All meals include dessert, coffee, tea, and ice water.

25 to 75 people	\$24.95 per person
76 to 125 people	\$23.25 per person
126+ people	\$21.95 per person

Buffet Dinner

Cold Items (Your Choice of 2)

Assorted Cold Meat Tray
Relish Tray
Shrimp Cocktail
Pepperoni & Cheese Tray
Potato Salad
Pasta Salad
Coleslaw
Green Salad

Hot Items (Your Choice of 2)

Sweet & Sour Meatballs
Chicken Wings
Sausage & Peppers
Buttered Curry Chicken
Bacon Wrapped Scallops
BBQ Pulled Pork
Beef & Broccoli

Hot Sides (Your Choice of 2)

Mashed Potatoes
Roasted Red Potatoes
Steamed Rice
Assorted Pastas
Mixed Vegetables

All meals include rolls or biscuits with butter, dessert, coffee, tea, and ice water.

25 to 75 people	\$19.95 per person
76 to 125 people	\$17.75 per person
126+ people	\$16.00 per person

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