



COLE HARBOUR PLACE

SUMMER DAY CAMP

PARENT GUIDE

WHAT DO CAMPERS NEED?

Campers will need to bring the following items to camp each day

- Swim suit
- Towel
- Snacks
- Lunch
- Hat
- Sunscreen
- Backpack
- Water bottle
- Proper footwear
- Extra change of clothes

FOOTWEAR

Sneakers are the preferred footwear for day camps. It can be difficult to participate in all activities without proper footwear. Open sandals, Crocs, and flip-flops cause difficulties when running during a game, or going on a walk/hike. Also these tend to be kicked off in favor of bare feet. We will insist the children have something on their feet at all times when not in the pool areas.

*****PLEASE LABEL ANYTHING YOUR CHILD BRINGS TO CAMP*****

WHAT TO LEAVE AT HOME

Campers **MUST** leave the following items at home for safekeeping:

- MP3 Players / iPod
- Video Games
- Money
- Toys from home
- Anything you value and do not want others to use or get lost.

Cole Harbour Place is not responsible for lost or stolen items

CAMP HOURS

We will start our day at 8 am and get the day underway with attendance, instructions and groups for the week. At no later than 3pm the groups will make their way back to CHP where they will have a review of the day and check for any “mystery” items that have turned up in their group’s lost & found. They will then enjoy a movie while waiting for pickup time.

LUNCHES

The canteen and hot lunches are not available this summer due to the COVID restrictions. **Please ensure your child has lunch and snacks to last the entire day.** If a child arrives without a lunch or snacks it will not be possible to provide one for them.

Cole Harbour Place Day Camps are nut sensitive. We do have children with nut allergies in some weeks of camp. Our staff will check lunch bags for nut products. We do allow children to eat products that have the label “May contain traces of...” We have a hand washing procedure in place for after every snack and lunch.

CHILD INFORMATION SHEET/WAIVER

The purpose of this form is to gather contact and emergency information about your child(ren). It also provides us important information about what we need to do to make sure your child(ren) are safe and happy.

Please complete the form to the fullest extent you can. It is very important to identify swimming ability and any other information we should know about your child to make their experience at camp better.

When we ask for your child(ren)'s swimming ability we are asking where they can comfortably manage themselves in the water and also where parents are comfortable letting them go. The information sheet also lets us know of any medications/allergies that we need be aware of. If the parents do not know the swimming ability of their child we have staff available who can give swimming assessments.

MEDICATIONS

If your child requires medication to be administered by Day Camp staff please let the staff know at the beginning of the day and fill out the forms to arrange proper procedures and complete the documentation.

Guidelines for medication that needs to be taken during day camp hours:

- ❖ The Medication form must be completed by the parents outlining the medication, what it is for, when and how and how often it should be taken.
- ❖ The medication must be in the original bottle with a label.
- ❖ Staff will be responsible for administering medication when necessary or monitoring the child while taking the medication.

SUNSCREEN

It is the responsibility of parents to send their child(ren) with sunscreen during camp.

Day Camp Staff will remind children to apply sunscreen at each snack time, lunchtime and after any swimming or water activities.

On our waiver form, there is a section to check off if you allow CHP day camp staff to assist your child with sunscreen application. If you do not want our staff to assist your child, we will encourage the child to put sunscreen on themselves.

LOST AND FOUND

There will be a lost and found area set up in each group to display any items left from the day's activities. Please label everything your child is bringing from home so it can make its way back. We do tend to have mystery items that appear at the end of the day that no one seems to own.

Upon signing your child(ren) out, parents please check the lost & found table!

At the end of each week anything left unclaimed will be tossed in the garbage.

DAILY OPERATIONS

SIGN IN / OUT PROCEDURES

A parent or guardian must sign the child in at drop off and sign out at pick up. Anyone else listed on the Child Information Sheet may sign in or pick the child up.

- If you require someone other than the names on the Child Information Sheet to pick up your child(ren), please call 464-5100 and leave a message for the Day Camp Supervisor. The person coming will be required to show I.D to Day Camp staff when picking up the child.

EARLY PICK-UP

If you need to pick your child(ren) up early, please see the activity sheet on the day camp room door for campers' locations. Any activities we are doing outside will have the location posted on the door of the day camp room, we will always return no later than 3pm. In cases of an emergency please contact our front desk (902) 464-5100.

INCLEMENT WEATHER

Please ensure your child(ren) is equipped with gear for wet weather. We will take the children outside, from time to time, in wet weather, as long as there is no rain falling.

INJURIES

All Day Camp Staff are certified in First Aid and Child CPR. Any minor bump, bruises, cuts, and scrapes will be dealt with by staff on-site. Cole Harbour Place also has lifeguards and security with advanced first aid training who can assist.

In the event of a serious injury that requires an ambulance, one will be called immediately and parents will be contacted as soon as possible.

For further information, questions, suggestions for feedback please contact

Jessy Casavechia
(902) 464-5106
jessy@coleharbourplace.com

Full COVID policies and procedures can be found at any time on our website at coleharbourplace.com/programs-schedules/camps

Thank you for choosing CHP camps this summer!!