



# GREEN APPLE PLANT PROTEIN SHAKE

All-in-One Hemp Protein Powder  
Nutritional Shake

A fresh new take on the plant-based shake. Not all protein shakes need to taste like a heavy dessert, or have an overpowering aftertaste. Ours is lightly sweetened with monk fruit, and packs all the juicy flavour of crisp/tart, fresh green apples. It's the perfect way to get your day started or to boost your post-exercise protein in a way that feels light, refreshing, and oh so green!

 **NEW!**  
COMPOSTABLE POUCH



**Ingredients:**  
Hemp protein powder, Natural flavour, Citric acid, Spirulina concentrate, Turmeric concentrate, Sea salt, Monk fruit concentrate, Guar gum, Gum acacia, Xanthan gum.



## SUPER TASTY

You've never tasted hemp protein like this before. In fact, you'll hardly taste it at all. Our East Coast grown hemp's mild nutty flavour takes a backseat to the flavours in your favourite smoothie or baking recipes while packing a nutritious punch.

## SUPER GREEN

We know that plant-based food is just better for the Earth, and hemp is one of the most sustainable crops on the planet. Hemp is a hearty annual crop that regenerates the soil, and it thrives without the use of harmful pesticides or herbicides.

## SUPER FOOD

Hemp seeds provide more than 25% of their total calories from high quality protein. They are exceptionally rich in minerals and Omega 6 and Omega 3 essential fatty acids, and whole seeds are an excellent source of dietary fibre.





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\*per 47g serving

**20g\***  
PROTEIN

**7g\***  
FIBRE

**3.3g\***  
OMEGAS 3 & 6



- KETO FRIENDLY
- ZERO WASTE PACKAGING
- VEGAN
- NO SUGAR ADDED

**NEW!**  
COMPOSTABLE POUCH

Other great products available from Earthli

There's more than one way to get your daily amount of plant protein!



## Nutrition Facts Valeur nutritive

Per 2 scoops (47 g)  
pour 2 mesure (47 g)

Calories 160	% Daily Value*
% valeur quotidienne*	
<b>Fat / Lipides</b> 5 g	7 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Omega-6 / oméga-6 2.5 g	
Omega-3 / oméga-3 0.8 g	
<b>Carbohydrate / Glucides</b> 13 g	
Fibre / Fibres 7 g	28 %
Sugars / Sucres 2 g	2 %
<b>Protein / Protéines</b> 20 g	
<b>Cholesterol / Cholestérol</b> 0 mg	0 %
<b>Sodium</b> 4 mg	1 %
Potassium 30 mg	1 %
Calcium 150 mg	12 %
Iron / Fer 11.5 mg	64 %
Phosphorous / Phosphore 800 mg	64 %
Zinc	55 %

\*5% or less is a little, 15% or more is a lot

\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

