

PLANT POWERED  
**Earthli™**  
 GOODNESS

# PLANT PROTEIN

Hemp Protein Powder



Vegan plant protein just doesn't get any simpler than this. Earthli's single ingredient sustainably-grown superfood provides a whopping 22 grams of protein per serving, with a mild taste that mixes subtly with your favourite smoothie, baking recipes, and savoury dishes. Look for this and other Earthli superfood products in an earth-friendly, compostable pouch!

**NEW!**  
 COMPOSTABLE POUCH

**Ingredients:**  
 Hemp protein powder.



## SUPER TASTY

You've never tasted hemp protein like this before. In fact, you'll hardly taste it at all. Our East Coast grown hemp's mild nutty flavour takes a backseat to the flavours in your favourite smoothie or baking recipes while packing a nutritious punch.

## SUPER GREEN

We know that plant-based food is just better for the Earth, and hemp is one of the most sustainable crops on the planet. Hemp is a hearty annual crop that regenerates the soil, and it thrives without the use of harmful pesticides or herbicides.

## SUPER FOOD

Hemp seeds provide more than 25% of their total calories from high quality protein. They are exceptionally rich in minerals and Omega 6 and Omega 3 essential fatty acids, and whole seeds are an excellent source of dietary fibre.



# PLANT PROTEIN

Hemp Protein Powder

\*per 45g serving

**22g\***  
PROTEIN

**8g\***  
FIBRE

**3.5g\***  
OMEGAS 3 & 6



- KETO FRIENDLY
- ZERO WASTE PACKAGING
- SODIUM FREE
- VEGAN



## Nutrition Facts Valeur nutritive

Per 2 scoops (45g)  
pour 2 mesure (45 g)

	Calories 180	% Daily Value*
		% valeur quotidienne*
<b>Fat / Lipides</b> 5 g		8 %
Saturated / saturés 0.5 g		2 %
+ Trans / trans 0		
Omega-6 / oméga-6 2.7 g		
Omega-3 / oméga-3 0.9 g		
<b>Carbohydrate / Glucides</b> 10 g		3.6 %
Fibre / Fibres 8 g		32 %
Sugars / Sucres 2 g		
<b>Protein / Protéines</b> 22 g		
<b>Cholesterol / Cholestérol</b> 0 mg		0 %
<b>Sodium</b> 0 mg		0 %
<b>Potassium</b> 585 mg		17 %
<b>Iron / Fer</b>		72 %
<b>Calcium</b>		7 %
<b>Thiamine</b>		45 %
<b>Phosphorus / Phosphore</b>		72 %
<b>Niacin / Niacine</b>		32 %
<b>Vitamin B6 / Vitamine B6</b>		36 %
<b>Zinc</b>		59 %
<b>Copper / Cuivre</b>		50 %

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

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COMPOSTABLE POUCH

## Other great products available from Earthli

There's more than one way to get your daily amount of plant protein!

