



PLANT PROTEIN & FIBRE

Hemp Protein Powder



Vegan plant protein with the benefits of added fibre. Earthli's single ingredient sustainably-grown superfood provides 15 grams of protein, and 19 grams of dietary fibre per serving, with a mild taste that mixes subtly with your favourite smoothie, baking recipes, and savoury dishes. Look for this and other Earthli superfood products in the sturdy, recyclable, reusable can made from recycled metal.

Ingredients: Hemp protein powder



SUPER TASTY

You've never tasted hemp protein like this before. In fact, you'll hardly taste it at all. Our East Coast grown hemp's mild nutty flavour takes a backseat to the flavours in your favourite smoothie or baking recipes while packing a nutritious punch.

SUPER GREEN

We know that plant-based food is just better for the Earth, and hemp is one of the most sustainable crops on the planet. Hemp is a hearty annual crop that regenerates the soil, and it thrives without the use of harmful pesticides or herbicides.

SUPER FOOD

Hemp seeds provide more than 25% of their total calories from high quality protein. They are exceptionally rich in minerals and Omega 6 and Omega 3 essential fatty acids, and whole seeds are an excellent source of dietary fibre.



PLANT PROTEIN & FIBRE

Hemp Protein Powder

*per 45g serving



15g*
PROTEIN

19g*
FIBRE

3g*
OMEGAS 3 & 6

Nutrition Facts Valeur nutritive

Per 2 scoops (45 g)
pour 2 mesure (45 g)

Calories 180

* DV = Daily Value
* VQ = valeur quotidienne

| | % DV* / % VQ* |
|--|---------------|
| Fat / Lipides 4 g | 6 % |
| Saturated / saturés 0.4 g + Trans / trans 0 | 2 % |
| Omega-6 / oméga-6 2 g | |
| Omega-3 / oméga-3 0.9 g | |
| Cholesterol / Cholestérol 0 mg | 0 % |
| Sodium 0 mg | 0 % |
| Potassium 387 mg | 11 % |
| Protein / Protéines 15 g | |
| Carbohydrate / Glucides 20 g | 7 % |
| Fibre / Fibres 19 g | 74 % |
| Sugars / Sucres 0.9 g | |
| Iron / Fer | 50 % |
| Calcium | 7 % |
| Thiamine | 32 % |
| Phosphorus / Phosphore | 41 % |
| Niacin / Niacine | 20 % |
| Vitamin B6 / Vitamine B6 | 27 % |
| Zinc | 36 % |
| Copper / Cuivre | 45 % |

*5% or less is **a little**, 15% or more is **a lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**



- KETO FRIENDLY
- SODIUM FREE
- ZERO WASTE PACKAGING
- VEGAN



Other great products available from Earthli
There's more than one way to get your daily amount of plant protein!