



## July 2019 – Halifax North West Trails Association Newsletter

The summer is finally here! What beautiful weather we had this weekend. Let's hope it continues!!

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### *Trail of the Month*

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This month our trail of the month is [Mill Run Trail](#). Why you may ask? Because it is summer and Mill Run leads to Paper Mill Lake!! Mill Run Trail is a beautiful, treed trail that is located at the old Moirs Mill building (by the Tim Hortons in Mill Cove) right on the Bedford Highway. There is a parking lot and picnic benches as well. The trail meanders along the river until it reaches a residential street. Turning left and walking a bit up the road will bring you to the entrance to the continuation of the trail. At the end of this trail is a great swimming spot. Go check it all out for yourself! You won't be disappointed 😊

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### *Events*

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Thank you to everyone who came out for the first annual Community Foot Prints Event! We had many booths set up with many different community groups to help spread information and ideas to the community. It was a beautiful day, and we met so many new people. Most exciting of all were all the prize winners! Check out our [Facebook page](#) for photos of our prize winners and the different prizes they took home!

In June we also hosted the first Introduction to Nature Photography with Truro artist Darlene Wright-Watters from [Creative Watters Art and Design](#). It was a cool morning, but we were keen to learn how to take the best photos and to get out on the trail and take new and exciting nature shots. Everyone had a great time (cold and bugs aside!), and so we hope to be able to provide this event again some time. Keep an eye on Facebook and our website to find out when it will be!

On July 1<sup>st</sup> we hosted a Newcomers hike to Susie's Lake lead by Hike Leader Jamie. It was a great day to be out on the trails (not too hot at least!!) and everyone really enjoyed themselves. Happy Canada Day everyone!

The rest of the summer will be fairly quiet for HNWTA, but the events will pick up again in September! If you have ideas about any events you'd like to see us host, please let us know at [hnwta.communications@gmail.com](mailto:hnwta.communications@gmail.com). We're here to help you get out on the trails, so let us know what you would like to do! We are also looking for individuals who would like to lead hikes or events with our group.

If you have great ideas for outdoor activities on our trails, but you don't know where to start, contact us and we will work with you to make your event a reality!

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*Trail Monitor Update*

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Our Trail Monitors continue to do amazing work on the trails, and we are blown away with every new report by their eagerness to help and how they go above and beyond for their trail. I don't think we can say it enough; Thank you!! Remember, if you see one of our Trail Monitors out on an inspection (they'll be wearing a HNWTA hat or lanyard), make sure to say hello!

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*So long for now!*

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Lastly, I'll be taking a brief hiatus from checking emails for the next two weeks while I am away on vacation. As soon as I return I will reply to your emails! Enjoy the rest of this beautiful month, and I will talk to you again in August!

Happy Hiking!

Alyssa  
HNWTA Communications