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December News from HNWTA

We've made it into the busiest month of all for many people, so it's important to remember to stay calm, appreciate time with family and friends, and enjoy some peace and quiet out in nature.

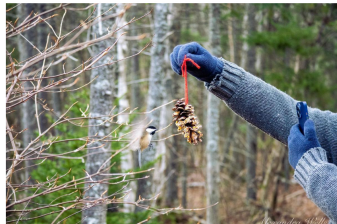
It is with much sadness that we mourn the loss of Bob McDonald. Bob was one of the founding members and long time Chair of the Halifax North West Trails Association. [Read more about Bob here.](#)

Over the years Bob and his wife Wendy planned and organized the construction of most of the trails we love and use in the Clayton Park and South Bedford areas including the immensely popular Mainland North trail that runs for 5 km under the powerline in Clayton Park. He loved the woods and planned trails to maximize the pleasure and joy of being in the forest. His trails led us to the most beautiful trees, the loveliest ponds and the most precious wildflowers. We will miss his guidance, his leadership and his passion.



Looking for Gift Ideas?

A donation to your favourite trail group or outdoor preservation group can be an excellent gift idea for you and those trail enthusiasts you are most close to. Consider donating to HNWTA or any other trail or nature group. Your donation will be used to help us host events in the community, as well as maintain some of the trails each season. [You can make a donation here.](#) Just select Halifax North West Trails Association in the dropdown menu.



We always love hosting Winter Tree for the Birds

It was great to partner with Wild Outside and Ducks Unlimited for this family favourite event. A big thank you to the community and the volunteers!



HNWTA Walking Groups are a hit!

Our walking groups are still ongoing and are still a blast to join in on!

Come out for a weekly 30-minute walk on level ground. We offer two weekly walking groups and are reaching out especially to those who do not usually go for a walk. Both groups will provide a leader and an accessible, short walking route. Wear appropriate footwear and bring water. Canes, walking poles and mobility walkers are welcome.

On Tuesdays, meet at the top of Westridge Drive where Westridge meets the Mainland North Trail, at 1:30 pm. There is parking on the street and in the parking lot.

On Thursdays, meet at DeWolfe park, 150 Waterfront Drive, Bedford, by the washrooms and fountain at 10:00 am.

To register, please complete the [form through NS Walks](#) and type in HNWTA Walks when you complete the form (ex. Alyssa (HNWTA walks please!)) since there isn't a space to specifically select our walking groups. Send us an email (hnwta.communications@gmail.com) if you have any questions!

Stay safe out there

With winter weather upon us, it's important to keep in mind safety first when out on the trails. Make sure you prepare for all kinds of weather and trail conditions. After all this rain, it's sure to freeze sooner or later! Always let someone know when you're going out, and of course, enjoy being outside! Consider doing the

Join us!

Follow these links to learn more about projects and areas that we are always looking for volunteers to help us with!

[Naturalist HNWTA Project](#)
[Call for Board Members](#)

[Calling all Volunteers!](#)

Use the button below to become a member and use our NEW online membership option! You can now fill out a registration form and pay your membership fees online

[Online Membership Application](#)



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