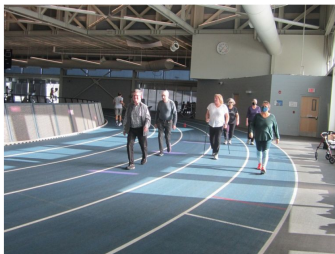


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March: in like a lion, out like a lamb?!?!

Wow, March is here already! What a beautiful winter we've been having, but before we know it, spring will be here! I'm so glad that we were able to host a snow shoe event this winter, and our walking group on Tuesdays is going very well! I hope you've been out and about safely enjoying the trails and your neighbourhoods; the trails after a fresh, bright, white snowfall are so beautiful :)



March Indoor Walking Group

Even though it's beautiful out there it's still cold and icy, so it's a little hard to get out and walk in the neighbourhood. If you're still looking for opportunities to go walking, but are hesitant to use the sidewalks and trails, join us for our indoor walking group on Tuesdays! And this just in: we've opened four more dates on Wednesdays too! The Tuesday dates are almost all full, but the Wednesdays are brand new and so are available for registration. Full registration will open to everyone ONE WEEK before the walk. Keep an eye on our [Eventbrite page](#) for when the event goes live for additional registrations!

Important Community Surveys

Halifax is hosting two surveys that may be of interest to those living in Bedford West and those who LOVE the Blue Mountain-Birch Cove Lakes Wilderness Area like we do!
 In the first survey, Halifax wants us to tell them about parkland in the Bedford West community, the issues and opportunities that we see, and how park projects should be prioritized. [Check it out!](#)
 The second survey (expiring March 5) is about a proposed second trailhead to the Hobsons Lake Trail from the new Brookline Park subdivision. Although you may not be familiar with this proposed trailhead as described on the website, the survey also asks for feedback about current and future trailheads you may know of for the proposed Regional Park. Help put the Regional Park on the HRM Recreation Trail Maps with trailhead access points that can be used by us all, now and in the future! More information [can be found here!](#)

Stay safe out there!

It's definitely cold out there today, but we've had some very mild weather these past few days. If you like to skate on the ponds and lakes of Halifax throughout the winter, please make sure to check the ice thickness before you go! Halifax records the ice thickness on many lakes, so make sure to visit [this site](#) before heading out!



A successful snow shoe event!

On Valentines Day we had a lovely snow shoe walk at Belchers Marsh. Check out the photos on our Facebook page! Let's hope that March brings us a bit more snow so everyone can get out and enjoy winter a bit longer. Don't forget that Hike Nova Scotia has created a [list of Halifax locations](#) that lend, rent, or sell snowshoes. While you're out adventuring, check out the Mainland Common Loop Trail, where trail users are filling up pop bottle bird feeders. See how many different birds you can find while you're out there!

March: Good month or blah month?

March can be a hard month to get through; no holidays, cold and dreary weather, and those winds! Luckily, there are a few bright spots we can look forward to each year:

1. The first is that on March 8 we celebrate International Women's Day! Take a minute to think about strong women in your lives and how they help make your world a better place. Maybe take them out on the trails and show your appreciation for them!
2. March break is coming for some people (not me!), so there's a whole week of freedom and hiking possibilities there! Though we can't travel, there are still a lot of great things to do in Halifax! :)
3. The days are finally getting longer and spring is almost here! Though sometimes you can't tell with the weather we get!
4. Lastly, it's my Mom's birthday, so Happy Birthday Ma!

Happy March everyone! I hope you enjoy the last push of winter and are as excited as we are for warmer weather and outdoor trail events!

Join us!

Follow these links to learn more about projects and areas that we are always looking for volunteers to help us with!

- [Naturalist HNWTVA Project](#)
- [Call for Board Members](#)
- [Calling all Volunteers!](#)

Use the button below to become a member and use our online membership option! You can now fill out a registration form and pay your membership fees online

[Online Membership Application](#)

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