

October 2019 – Halifax North West Trails Association Newsletter

Hello Again! Fall is truly here now; the temperature has cooled down, the leaves have changed colour, and hiking trails are at their best. I hope that you are all taking advantage of the guided hikes promoted through <u>Hike Nova Scotia's Fall Hiking Series</u>! We had a few hikes advertised, but as always, they're full!

Community Outreach Event

We are excited to be expanding the trails in the Mainland Common area, and we would love to hear from you about what you would like to see on the trails! Halifax North West Trails Association is working with consultants to plan these future trails and create a wayfinding signage programme in the area. If you've never been back through the woods there, join us on **Sunday, October 6 at 2 pm** to discover the potential nature trails footprint. Meet at Westridge parking lot at the Mainland Common Loop Trailhead. The weather this weekend is going to be beautiful, so join us for an adventure and exploration along these proposed trails (but please make sure to bring sturdy footwear as the trails are not yet in place and we will be walking in the woods). It's amazing to see the wilderness and beauty nestled within the city!

Once you've seen the trails, stop by on **Monday, October 7 (5:30 – 8:30 pm)** at the Keshen Goodman Library to learn more about a trail expansion project. Check out the maps and signage and meet our consultants! Please stop in to tell us what you want to see in the Mainland Common Area for this expansion. We want your feedback!



Phase 1 Capital Project – Mainland Common, Passive Area

Community Walks in October

In partnership with the Keshen Goodman Public Library, Halifax North West Trails Association is hosting weekly walks on Tuesdays in October. We meet in the lobby of the library at 1:30, and guide participants on walks through the trails in the area. No registration is required, just come and have a good time. There are a limited number of Nordic Poles available to borrow from the library, so book your set soon to use on the walk! Hope you can make it!

Interested in becoming a member?

By becoming a paid member of Halifax North West Trails Association, you will be helping our organization continue to support and promote the use of recreational and transportation trails in the Fairview, Clayton Park, Rockingham, and Bedford South communities. We have had a successful members appreciation night at Foot Solutions Halifax, where members got 10% off their purchases, and free socks from Smartwool! We are also looking to implement a "members register first" policy for our guided hikes. Registration for our fall events has already opened (and filled up), so we will begin this process for our next series of hikes. Check out our <u>website</u> for information on how to become a member!

How about volunteering?

We have a few specific positions within our organization that we are looking to have eager volunteers work in. Our **membership committee** is looking for anyone interested in helping us attract new members and brainstorm ideas to improve membership relations. If you have ideas for hikes or guided walks in your community, but don't know where to start, reach out to us and we can support you as a **hike leader/event leader** in our organization! We are always trying to think of new events to bring you, so send us your ideas! Lastly, our **Trail Monitor** program is looking for avid trail walkers who are interested in helping support our current trail monitors in Hemlock Ravine Park. They are doing a wonderful job, but it's a huge park, and many hands make light work! If you are commonly walking through Hemlock Ravine and would like to become a trail monitor and ensure the trails are safe and clean for everyone, this is the task for you! Our Mill Run Trail is also short on Trail Monitors, so if you walk that beautiful trail a lot, please consider joining our team!

If any of these roles interest you, or you would like more information, please email us at <u>hnwta.communications@gmail.com</u>

Have a great month!

September was a great month for us, with a successful and really fun Plein Air Event in Hemlock Ravine Park as well as a guided hike to Blue Mountain Hill. To see photos from these events, check out our Facebook page: www.facebook.com/HNWTA I hope you join us for our October events! Have a wonderful month and enjoy the fall colours!

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