



## August on the Trails...Wendy McDonald

Summer is family time with visitors and lots of daylight hours to enjoy our green spaces. The local trails are all on HRM land and need maintenance from time to time. The bridge close to the corner of Parkland Dr and Langbrae Dr which leads to Belchers Marsh has just been upgraded...the storm water after heavy rains made the bridge unstable; now it is fixed for the future with steel beams and new flooring.



Join members of the Trails Group prior to the annual Friends of Clayton Park BBQ, August 13, 1-4pm for a walk at Belchers Marsh & Pond...work up an appetite....check the web for details on this and other walks.

In the meantime, we are in need of more board members including a Secretary to take minutes at our regular Board Meetings...no heavy lifting required! Learn more about our neighbourhoods through the trail lens. Join us on one of several scheduled walks and decide if this is a volunteer activity you would enjoy. We need you! Check out the website to learn more: [www.halifaxnorthwesttrails.ca](http://www.halifaxnorthwesttrails.ca)

On Monday, August 21, 2 pm, participate in an introductory Nordic Pole session with certified instructors and learn the proper techniques. Keshen Goodman Library branch has a collection of Nordic Poles available for borrowing - to register call 902-490-6410.

Cabin Lake Trail in Royal Hemlocks will be explored on Wednesday, August 30. Meet at 6:30 by the children's playground, across from 42 Starboard Dr, off Larry Uteck Drive at Bedford Highway.

Biodiversity is about living things and their relationships with each other. This includes species, ecosystems and their many ecological processes. Next month on Sunday, September 17, the Blue Mountain Birch Cove Lakes Wilderness Area will be the site of a BioBlitz when scientists and naturalists (citizen scientists) will be searching for species, common and not so common. Stay tuned for more information and plan to participate; contact the local coordinator for updates: Jeana MacLeod [jmacleod@ecologyaction.ca](mailto:jmacleod@ecologyaction.ca)

Mark your calendar to do some local trail maintenance with the Halifax North West Trails group ... Saturday, September 30 followed by a Trailgate party... watch for registration details next month.