

Spring 2017 Hikes with Halifax North West Trails Association



Join Halifax North West Trails Association and other groups for a hike in the Mainland North Region. Explore a new trail or rediscover a favorite.

Please leave pets at home.

Most hikes are 1.5 – 2 hours.

Bring water and snacks for longer hikes

Plan to meet 10 minutes before departure.

Wear suitable waterproof footwear.

All events are weather permitting.

Contact for all events: Sharon Gibson 902-435-6959

sandfg6@gmail.com

Check us out on Facebook

www.halifaxnorthwesttrails.ca

Date	Event	Start Location	Time	Leader	Notes
Wednesdays April 19 May 3 May 17 May 31	Nordic Pole Walking Group	Top of Westridge Dr.	1:00		Bring your own poles
Saturday April 22	Earth Day Clean-Up	Veterans Corner (Parkland Dr. and Langbrae Drive)	10:00 – 12:00	Friends of Clayton Park Society	
Saturday April 29	Easy Guided Walk on Old Coach Road	Park Beside the mailboxes near 76 Southgate Drive	11:00	Pat Leader	
Wednesday May 3	Nordic Pole Walking Lessons	Keshen Goodman Library Register at Library	7:00 – 8:30	Bill VanGorder	Poles Provided
Saturday May 6	Jane's Walk of Mainland Linear Trail	Top of Westridge Dr.	TBA	Bob MacDonald	Jane Jacobs vision of community-based cities
Sunday May 7	Nordic Pole Walking Lessons for Families	Keshen Goodman Library Register	2:30 – 4:00	James Boyer	Poles Provided
Saturday May 13	Guided Hike of Hemlock Ravine	Kent Avenue (off the Bedford Highway)	1:00	Mille MacCormack	
Wednesday May 17	Nordic Pole Walking Lessons	Keshen Goodman Library Register	1:00 – 2:30	Bill Van Gorder	Poles Provided