

May 21, 2013

## Halifax North West Trails News

### **International Trails Day - Saturday June 2 at the Mainland Common Loop Trail**

Join us on International Trails Day as we walk the wooded trail in the Mainland Common. Meet for a 1pm start at the trailhead at the top of Westridge Drive, near the Ball field.

### **Community Health Board Survey and Public Meeting**

The Community Health Board (CHB) is a volunteer advisory board that is part of Capital Health working closely with Capital District Health Authority and local community-based organizations to support and promote health and wellbeing in our neighbourhoods. Their next health plan depends on hearing from as many people as possible. Take the time to share your concerns and complete their survey! [www.oursurvey.ca](http://www.oursurvey.ca)

In addition, there will be a **Public Meeting**. Plan to attend and share your ideas with others from our community.

#### **Community Meeting**

**Where:** Keshen Goodman Library **When:** June 3, 2013 **Time:** 6:30pm - 8:30pm  
**Chebucto West and Halifax Community Health Boards Invite you to:**  
**Tell Us About Your Health Concerns**

### **HRM Regional Plan+5 - Open House - Canada Games Centre - June 12 - 4:30-9:00**

Plan to attend the public Open House sessions hosted by the HRM Staff who have been working on the Regional Plan. During the open house sessions (June 10, 12 and 13th), information displays will be available describing all proposed changes to the Regional Plan. HRM staff will be on-hand to answer questions one-on-one.

<http://www.halifax.ca/planhrm/index.html>

The document (Draft 2) can be reviewed ahead of time. You will be interested in Map 13 and the proposed Blue Mountain Birch Cove Lakes Regional Park and chapters about the environment or transportation...all related to trails! Map 3, trails is not quite ready yet.

<http://www.halifax.ca/planhrm/RP5.html>

### **Hike Nova Scotia Hiking Summit: [www.hikens.ca](http://www.hikens.ca)**

Are you interested in meeting others who are passionate about hiking? Plan to attend the Hike NS Trails Summit in Cape Breton; June 21 and 22 at the Gaelic College, Bed & Breakfast accommodations available. More information on their site.