

THE ARMS

At The Lord Nelson Hotel & Suites

BREAKFAST

V BREAD & BUTTER 5

Grilled Artisanal Bread with Whipped Brown Butter & Molasses

V DF AVOCADO TOAST 16

*Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo
Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit*

DF EGGS BENEDICT 22

*Poached Eggs, Toasted English Muffin, Hollandaise,
Potato Wedges*

SMOKED SALMON EGGS BENEDICT 24

*Locally smoked Atlantic Salmon,
Soft Poached eggs with Hollandaise,
Potato Wedges*

DF PORK BELLY B.E.L.T. 22

*Crispy Pork Belly, Fried Egg, Shredded Lettuce, Tomato,
Pommery Mayo, Everything Bagel, Potato Wedges*

DF THE ARMS CLASSIC BREAKFAST 16

*Choice of Sausage, Bacon or Pork Belly
Two Eggs Any Style
Potato Wedges, Toast, Fruit*

BANANA BREAD FRENCH TOAST 18

*Torched Banana, Bacon, Crème Fraiche, Salted Pecans,
Spiced Maple Syrup*

DF SWEET POTATO HASH 14

*Sautéed Pork & Apple Sausage, Roasted Sweet Potato,
Caramelized Onions, Baked Over-Easy Egg, Toast*

V VEGGIE BENNY 22

*The Classic Benny with Sautéed Forest Mushrooms, Grilled Asparagus, Hollandaise
Served With Potato Wedges*

V DF OVERNIGHT OATS 16

Almond Milk Soaked Oats, Pistachio, Caramelized Apple, Spiced Maple Syrup

BREAKFAST SIDES

HALF AVOCADO 5

TOAST OF ENGLISH MUFFIN 3

SMOKED BACON, PEAMEAL OR BREAKFAST SAUSAGE 6

YOGURT, PLAIN GREEK 4

HOME FRIES 5

BOXED BREAKFAST CEREAL WITH SIDE FRESH BERRIES 7

*Rice Krispies, Corn Pops, Frosted Flakes, Fruit Loops, Special K,
All Bran, Corn Flakes, Raisin Bran (subject to availability)*

BEVERAGES

ESPRESSO 4.5

TEA 3.50

CAPPUCCINO I LATTE 5.50

JUICES 4.50

Orange, Cranberry or Apple

DRIP COFFEE -STARBUCK MEDIUM ROAST 3.50