

# THE ARMS

At The Lord Nelson Hotel & Suites

## BRUNCH

Available Sat & Sun 11:00am - 2:30pm. All Brunch Mains include a complimentary 10z Caesar or Mimosa.

### **V** BREAD & BUTTER 5

*Grilled Artisanal Bread with Whipped Brown Butter and Molasses*

### SEAFOOD CHOWDER 21

*Butter Poached Lobster, Atlantic Salmon, Digby Scallops and Shrimp, Golden Potato, Cream Broth, Old Bay, Grilled Sourdough*

### **V** ROASTED TOMATO SOUP 13

*Smoked Gouda and Petite Brie Grilled Cheese*

### GRILLED CAESAR SALAD 18

*Grilled Romaine Hearts, Smoked Bacon Lardons, Aged Local Asiago, Fried Brioche, Burnt Lemon*

### **DF V** AVOCADO TOAST 17

*Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit*

### **GF DF** PLUM SALAD 16

*Black Plum, Tuscan Greens, Pickled Squash, Radish, Apple and Sweet Onion Vinaigrette, Maple Pistachios*

### ARMS NACHOS 22

*Melted Cheese Blend, In-House Pickled Banana Peppers  
Salsa and Sour Cream*

## MAINS

### ENGLISH STYLE FISH & CHIPS 22

*Beer Battered Crispy Atlantic Cod, Burnt  
Lemon, House-Made Tartar Sauce*

### **DF** THE ARMS CLASSIC BREAKFAST 17

*Choice of Sausage or Bacon, Two Eggs Any Style, Potato  
Wedges, Toast and Fruit Garnish*

### ROASTED SQUASH & SAUSAGE FLATBREAD 19

*Roasted Squash, Italian Sausage, Garlic Ricotta,  
Arugula, Rosemary Honey*

### PHILLY CHEESE BEEF DIP 22

*Slow-Cooked Pulled Brisket, Toasted Hoagie Bun,  
Fried Peppers, Caramelized Onions, Provolone, Red Eye Demi*

### EGGS BENEDICT 22

*Poached Eggs, Toasted English Muffin, Hollandaise,  
Peameal Bacon, Potato Wedges*

### BREAKFAST BURGER 21

*4oz Beef Patty, Over Easy Egg, Smashed Avocado,  
Bacon, Tuscan Greens, Tomato, Potato Wedges*

### SMOKED SALMON EGGS BENEDICT 24

*Locally smoked Atlantic Salmon, Soft Poached Eggs  
with Hollandaise, Potato Wedges*

### **GF DF** BREAKFAST SKILLET 19

*Choice of Eggs, Smoked Bacon Lardons, Acorn Squash,  
Kale, Green Onion, Red Pepper, Sweet Potato*

### **V** VEGGIE BENNY 21

*Sautéed Kale, Charred Bell Pepper, Scallions, Poached Eggs,  
Toasted English Muffin, Hollandaise, Potato Wedges*

### LOBSTER ROLL 31

*Garlic Butter Toasted Potato Bun, Classic Lobster  
and Mayo, Red Cabbage Slaw, Fries*

MIMOSA 9 Cava and Orange Juice  
CAESAR 14 2oz vodka or gin, mixed classically

## BRUNCH BEVERAGES

CAPPUCCINO / LATTE 5.50  
ESPRESSO 4.5  
DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.50

Room Service is available 7am-2pm & 5pm-10pm daily. To order please dial '2132' on your in-room phone.