THE ARMS
At The Lord Nelson Hotel & Suites

BREAKFAST

(V) BREAD & BUTTER 6
Grilled Artisanal Bread with Whipped Brown Butter and Molasses

(V) (DF) AVOCADO TOAST 17
Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit

EGGS BENEDICT 24
Poached Eggs, Toasted English Muffin, Hollandaise, Peameal Bacon, Potato Wedges

SMOKED SALMON BENEDICT 26
Locally Smoked Atlantic Salmon, Soft Poached Eggs with Hollandaise, Potato Wedges

(DF) THE ARMS CLASSIC BREAKFAST 19
Choice of Sausage or Bacon, Two Eggs Any Style, Potato Wedges, Toast and Fruit Garnish

(V) VEGGIE BENNY 24
Sautéed Spinach, Scallions and Maitake Mushrooms, Poached Eggs, English Muffin, Hollandaise

MONTE CRISTO 20
Egg-Dipped Sourdough, Smoked Ham, Shaved Turkey, Swiss Cheese, Grainy Mustard

BRIOCHE FRENCH TOAST 22
Public Bakery Brioche, Bacon, Spiced Maple Syrup, Macerated Berries

BACON & LEEK FRITTATA 22
Whole Eggs, Martock Glen Smoked Bacon, Caramelized Leek, Smoked Cheddar

SMOKED SALMON TOAST 24
Locally Smoked Atlantic Salmon, Grilled Sourdough, Chive and Goat Cheese Mousse, Pickled Squash, Arugula, Shaved Red Onion, Fried Potato Wedges

(V) ASPARAGUS TOAST 23
Sliced Avocado, Whipped Lemon Ricotta, Fresh Mint, Pine Nuts, Grilled Public Country Bread

STRAWBERRY VANILLA OVERNIGHT OATS 18
Candied Nuts, Fresh Strawberries, Vanilla Syrup, Chia Seeds

BREAKFAST SIDES

HALF AVOCADO 5
TOAST OR ENGLISH MUFFIN 3.5
BACON, PEAMEAL BACON OR BREAKFAST SAUSAGE 6.5
YOGURT, PLAIN GREEK 5.5
HOME FRIES 5.5
BOXED BREAKFAST CEREAL WITH SIDE FRESH BERRIES 8
Rice Krispies, Corn Pops, Frosted Flakes, Froot Loops, Special K, All Bran, Corn Flakes, Raisin Bran (subject to availability)

BEVERAGES

ESPRESSO 4.5
TEA 3.75
CAPPUCCINO 5.5
JUICES 4.75
Orange, Cranberry or Apple
DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.75

Room Service is available 7am-2pm & 5pm-10pm daily. To order please dial '2132' on your in-room phone.