THE ARMS
At The Lord Nelson Hotel & Suites

BRUNCH
Available Sat & Sun 11:00am - 2:30pm. All Brunch Mains include a complimentary 1oz Caesar or Mimosa.

(V) BREAD & BUTTER 6
Grilled Artisanal Bread with Whipped Brown Butter and Molasses

SEAFOOD CHOWDER 22
Butter Poached Lobster, Salmon, Digby Scallops and Shrimp, Golden Al Dente Potato, Cream Broth, Old Bay, Grilled Sourdough

(V) ROASTED TOMATO SOUP 15
Smoked Gouda and Petite Brie Grilled Cheese

GRILLED CAESAR SALAD 18
Grilled Romaine Hearts, Smoked Bacon Lardons, Aged Local Asiago, Fried Focaccia, Burnt Lemon

(DF) (V) AVOCADO TOAST 17
Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit

VEGAN CUCUMBER FENNEL SALAD 16
Shaved Cucumber, Fennel, Pomegranate, Watermelon Radish, Toasted Sesame Seeds, Chili and Rice Wine Vinaigrette

ARMS NACHOS 22
Melted Cheese Blend, In-House Pickled Banana Peppers, Chopped Tomato and Green Onions, Salsa and Sour Cream

MAINS

ENGLISH STYLE FISH & CHIPS 23
Beer Battered Crispy Atlantic Cod, Burnt Lemon, House-Made Tartar Sauce

ANGUS BURGER 23
Double Stack 4oz Angus Patties, Garlic Toasted Brioche Bun, Tuscan Greens, Tomato, Caramelized Onion Aioli

EGGS BENEDICT 24
Poached Eggs, Toasted English Muffin, Hollandaise, Peameal Bacon, Potato Wedges

SMOKED SALMON BENEDICT 26
Locally Smoked Atlantic Salmon, Soft Poached Eggs with Hollandaise, Potato Wedges

(V) VEGGIE BENNY 24
Sautéed Spinach, Scallions and Maitake Mushrooms, Poached Eggs, English Muffin, Hollandaise

MONTE CRISTO 20
Egg-Dipped Sourdough, Smoked Ham, Shaved Turkey, Swiss Cheese, Grainy Mustard

VEGAN VEGAN GRILLED CHEESE 19
Wilted Kale, Caramelized Onion, Vegan Cheddar, Sourdough

SMOKED SALMON TOAST 24
Locally Smoked Atlantic Salmon, Grilled Sourdough, Chive and Goat Cheese Mousse, Pickled Squash, Arugula, Shaved Red Onion, Fried Potato Wedges

BRIOCHE FRENCH TOAST 22
Public Bakery Brioche, Bacon, Spiced Maple Syrup, Macerated Berries

LOBSTER ROLL 33
Garlic Butter Toasted Potato Bun, Classic Lobster and Mayo, Red Cabbage Slaw

BRUNCH BEVERAGES

MIMOSA 9 *Cava and Orange Juice*
CAESAR 14 *2oz Vodka or Gin, Mixed Classically*

CAPPUCCINO 5.5
ESPRESSO 4.5
DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.75

Room Service is available 7am-2pm & 5pm-10pm daily. To order please dial '2132' on your in-room phone.