

BREAKFAST

Breakfast includes a selection of juice, coffee and tea with the residents choice of eggs, toast, cold cereal, hot cereal and/or a muffin. Fruit and yogurt are also available.

DAILY LUNCH SPECIALS*

All lunch meals can be ordered in small or large portions, and come with the soup or salad of the day.

SUNDAY

Turkey sandwich on marble rye

MONDAY

Beef vegetable chili with fresh baked biscuits

TUESDAY

Sweet and sour meatballs and basmati rice

WEDNESDAY

Chicken schnitzel burger and sweet potato fries

THURSDAY

Baked beans and fish cakes

FRIDAY

Baked salmon filet

SATURDAY

Seafood linguini

BREAKFAST

8:00am to 9:00am



LUNCH

12:00pm to 1:00pm



DINNER

5:00pm to 6:30pm

*This is a sample. Menu items will vary.

DAILY DINNER SPECIALS*

All meals can be ordered in small or large portions, and come with a choice of desserts.

CLASSIC SUNDAY DINNER

Hot turkey dinner with stuffing, mashed potatoes, cranberries, and garden vegetables

MONDAY

Pesto chicken linguini in light cream sauce

TUESDAY

Hickory smoked roast beef served with baked potato, mushrooms, onions and mixed garden vegetables

WEDNESDAY

Seared salmon filet with broccoli and tapenade

THURSDAY

Rotisserie chicken with mashed potatoes and asparagus

FRIDAY

Pan fried haddock with home made tartar sauce

SATURDAY

Pork tenderloin with broccoli and whipped potatoes

AVAILABLE EVERY DAY*

Feel free to substitute our daily special with your choice from our everyday offering.

SOUPS & SALADS

Turkey vegetable soup, soup of the day, garden, spinach & Caesar salads

SANDWICHES

Hot turkey, ham & cheese, tuna, grilled cheese, egg salad, smoked meat

FAVOURITES

Chicken breast or chicken burger, meat or veggie lasagna, hamburger or cheeseburger, personal size veggie or pepperoni pizza, spaghetti with garlic toast

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