

November 27, 2020

Dear Medical Learners and Faculty Members,

Due to the changes in the New Brunswick Government's approach to the COVID-19 pandemic, the Horizon Health Network (HHN) Medical Education and Employee Health Departments have provided the following recommendations for medical learners training in this province.

Similar to the last 8 months, this is an evolving process with frequent changes based on the safety concerns of HHN facilities, employees and our communities. Recommendations may change over the next couple of weeks and updates will be provided as necessary. Thank you for reviewing below:

Learners travelling within NB

1. Learners travelling for work related purposes from an Orange-to-Orange must follow the Modified Work Isolation Protocol for 14 days.
2. Learners travelling for work related purposes from an Orange zone into a Yellow zone must follow the full Work Isolation Protocol for 14 days.
3. Learners travelling for work related purposes from a Yellow to an Orange zone, who then returns to a Yellow zone (for training), must follow the full Work Isolation Protocol for 14 days upon return to the Yellow.
4. Learners travelling for work related purposes from a Yellow zone into an Orange zone would be expected to follow all HHN employee guidelines and GNB orange zone guidelines. <https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/recovery.html#orange> No specific isolation required as you are travelling from a low to high-risk zone.
5. Learners travelling from Orange to Orange zones and between Orange/Yellow zones for personal reasons must self-isolate for 14 days prior to re-entering a HHN facility.
6. Learners crossing the NB borders into NS/PEI/NL for personal reasons must self-isolate for two weeks upon return to NB as the GNB has advised that the provincial borders are closed. There are some exemptions noted by GNB:
 - i. Medical appointment
 - ii. Bereavement
 - iii. Compassionate reasons
7. Learners must be aware that personal travel is not recommended by GNB, Public Health and HHN.

Learners travelling from NS/PEI/NL into NB

1. Learners travelling from these provinces in NB for work related reasons must follow full Work Isolation protocol for 14 days.
2. Family members are not advised to travel into NB (with the learner) as this is considered personal travel. If they do travel, the family members must self-isolate for 14 days. The family members must live and isolate in a separate apartment from the medical learner for 14 days.
3. Personal travel by medical learners residing in NS/NL/PEI into the province of NB is not permitted as the provincial border is closed.

Child Custody

1. Medical learners who are required to travel between Orange and Yellow zones for child custody arrangements must follow the modified work isolation protocol upon return to work.
2. Medical learners who are required to travel between NB and PEI/NS for child custody arrangements must follow the full work isolation protocol upon return to work.

Thank you for your compliance to the guidelines above. I understand and recognize the concerns around the December Holiday break and travel. That holiday period of time is a few weeks away. At the present time, the guidelines above apply. Over the next couple of weeks these recommendations may change for better or for worse and I will provide updates as soon as possible. I encourage learners to discuss any concerns regarding the above with their Resident and Student Affairs representative or post graduate program/undergraduate site director. This is a difficult time for all.

Sincerely,

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