



Healthy Resident Program: FAQ

How do I find out if my Program has accessed the HRP funding?

First talk to the wellness rep/leader in your program, then reach out to leanne@mardocs.ca and she can provide any funding details

What if I cannot make any of the events, do I get access to the \$75?

The program leader will consult with the group and determine what initiatives will best represent the residents in your program. We ask that any claims submitted for reimbursement, must have been attended by 50% or more of the residents in your program, with a minimum of 25% attendance. Funds are not allocated per person, they are allocated per program. However, the funds are based on the number of residents in your residency program.

Can individuals have access to funding?

No, this is a program-run initiative for residents only.

Why are we getting less money than in previous years?

The HRP program is based on the number of residents in your program, if your residency seats have decreased, then the funding amount decreases also.

I'm a wellness leader, how do I get reimbursed for HRP wellness initiatives in my program?

Download a copy of the HRP Claim Form and submit to Leanne@mardocs.ca with the corresponding receipts for reimbursement.

Are we allowed to host an initiative at someone's house and buy food and drinks?

Alcohol is not eligible for reimbursement under this program. The reimbursement for meals expenses must not exceed the following: breakfast \$15 pp, lunch \$25 pp, dinner \$40pp.

Why are partners not invited to HRP funded wellness initiatives?

The basis of the program is to increase workplace wellness. We understand that many wellness initiatives cannot be held in hospital and partners may be interested in attending, however, we are only able to provide reimbursement for initiatives paid for residents-only under the HRP. All Mardocs organized activities are open to partners.

How do we determine what initiatives are covered under the new HRP funding?

Please review the HRP guidelines and ensure all initiatives fit within the spending guidelines for this fund. Each residency program has the flexibility to choose the wellness initiatives that best fit their program, pending they are in line with the guidelines for spending

If I have questions, who do I contact?

Leanne Drake, Manager, Health and Wellness at Leanne@mardocs.ca