

CAIR Accreditation Survey

a publication of



Evie Croucher
Communications Coordinator

PARI-MP is currently in the midst of compiling the results of the CAIR Accreditation Survey. A link to this survey went out to all members of PARI-MP over the last month or so.

Accreditation occurs every six years, and Dalhousie will be going through this process in early 2012. Part of accreditation is receiving resident feedback, which we are gathering through this online survey.

In order for the Royal College to accept the results from the survey, all Family Medicine programs must have a response rate of 60% and all Royal College programs must reach 50%. While we are well on our way, there are still quite a few programs that need to reach this mark.

As an incentive, PARI-MP is entering all programs who reach their required rate into a draw. The winning program will have lunch provided for them by PARI-MP.

If you have already completed your survey, we thank you for participating and ask you to remind others in your program to do the same. If you haven't, there is still time. The survey will still be active over the holidays, so hopefully you will be able to find some time to complete it.

Should you have any questions and/or concerns about the CAIR Accreditation Survey, please contact Evie@parimp.ca

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PARI-MP Holiday Hours



Please note, the PARI-MP office will be closed from
Friday, December 23, 2011 until we reopen on
Tuesday, January 3, 2012.

Happy Holidays from everyone at PARI-MP and we look
forward to seeing you in the new year!

Update From CAIR

Dr. Richard Liu

PARI-MP President and CAIR Representative

As the president of PARI-MP, I represent you on the CAIR Board of Directors along with your other regional representative, Dr. John-Paul Harmon (also CAIR's Advocacy & Policy Committee Chair). The CAIR Board of Directors last met in Ottawa on November 26 and 27, 2011, and we worked on a number of initiatives on behalf of our members. Here's a summary of what we did.

CAIR is taking action:

Resident Sleep and Work Hours

With the recent introduction of 16-hour shift limits in Quebec (after an arbitrator ruled that 24-hour shifts are a human rights violation), and with recent articles on work hour limits in CMAJ and CFP, this issue is pressing. Harvard sleep expert Dr. Charles Czeisler PhD MD FRCP and the FMRQ both presented at the November CAIR Board meeting. CAIR has reviewed the evidence on patient safety and work hour limitations, and is working on a strategy to respond to this – set for early 2012.

CAIR is celebrating:

Resident Awareness Day

This year's RAD is February 21, 2012. CAIR has chosen the theme "What is a Resident Physician?" Stay tuned for Resident Awareness Day contests and events in your local hospitals!

CAIR is advocating:

RCPSC Examination Timing (IM & Peds)

This year, the Royal College proposed a pilot to change the timing of the written certification examinations in Pediatrics and Internal Medicine. CAIR responded by successfully advocating for residents and the pilot which was to be implemented in the Fall of 2012, was placed on hold. The 2013 exam is proceeding in the traditional way with the both the written and oral examinations held in the spring of that year. CAIR is currently in discussions with the Royal College on future written before oral pilot models for these disciplines. Please view the news section of the CAIR website for further information.

In September, we were informed that the timing of the written component of the Royal College Obs-Gyn exam for 2012 had changed to early April. Residents expressed their concerns that they were informed very late in the year and even though the structure and content of the exam was not changing, the change in date effectively shortened prep time by 5-7 weeks at the least and would result in unanticipated changes to master rotation schedules, call schedules and protected allocated study time. CAIR successfully advocated for residents and the Royal College re-adjusted the timing of the written component moving it to May 1-2, 2012.

CAIR is your voice:

Representation & Accreditation

CAIR provides resident representation on several national bodies including the CMA, RCPSC, CFPC, and World Medical Association. CAIR also train residents to accredit residency programs.

CAIR is helping you:

Looking for a job?

CAIR can help you find job postings which match your interests, with our free Transition into Practice Service. Click on the TIPS logo at cair.ca

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CAIR is providing value for you:

Prizes

"Like" the CAIR Facebook Page and you'll be the first to hear of relevant Canadian residency news, CAIR projects, and upcoming CAIR prizes and contests! Check out facebook.com/CAIRACMR

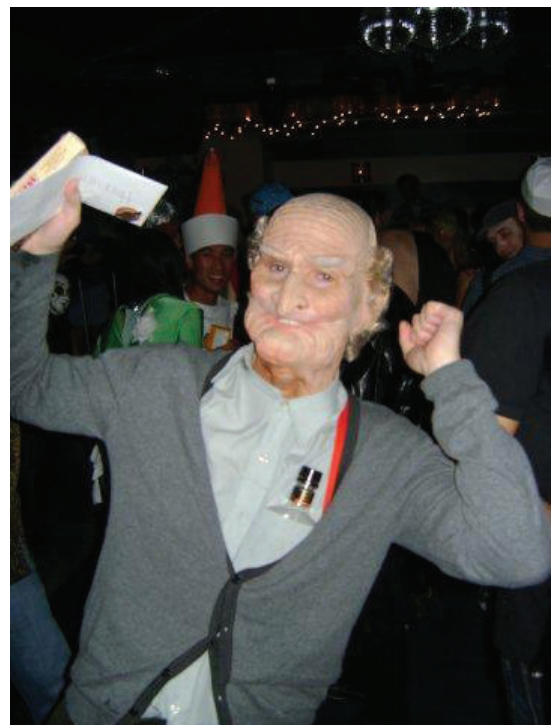
CAIR is planning:

Other initiatives

CAIR is working hard on many other new initiatives to assess and improve resident well-being, mentorship, education, and advocacy. Stay tuned!



Halloween with PARI-MP at The Argyle



Negotiations Update

As you are probably aware, PARI-MP is still in the middle of the negotiations process. As this is a confidential process, there isn't much news that we can share with the general membership.

However, we can let you know that there have been meetings but as of yet no deal has been reached. The Negotiations Committee is doing their best to secure a good deal for residents, and are hoping to be able to share more news in the new year.

In the meantime, if you have any questions regarding the negotiations process, feel free to contact Sandi Flemming, Executive Director, at Sandi@parimp.ca or 404.3597.

Important Information About Your Benefits Plan

Leanne Bryan
Benefits Coordinator

Accidental Death & Dismemberment Coverage: Effective Nov 1/11: PARI-MP is pleased to offer our members Accidental Death & Dismemberment Coverage (AD&D) effective November 1/11, through Sutton Special Risk. This coverage will be supplied at no added costs to our members.

What does this mean? In the event of a fatal accident or an accident that results in you losing your eyesight, speech, hearing, or a limb, AD&D will pay you or your beneficiaries a specified amount (see the attached policy). If you die accidentally, AD&D will pay your beneficiaries \$100,000 in accidental life insurance, in addition to your \$100,000 of life insurance with Manulife Financial. For more information on this added benefit, contact Leanne@parimp.ca. Did you know? Accidental deaths are the fifth leading cause of death in Canada.

Complete Your Beneficiary Designation: It is important that you have your updated beneficiary on file for your life insurance policies. In the event of death, if you do not list someone as your beneficiary, your money will be held up in your estate and could take years to obtain. Take a moment, go online at www.parimp.ca and complete the beneficiary designation form, and save your loved ones time down the road. Completed forms can be faxed to the PARI-MP office at 902.404.3599.

Changing Your Benefits?: If your life has 'changed' recently, and you need to switch to a family plan, please be sure to do so within 30 days of your life event. This will save you a load of paperwork and it's just that easy. An application for change form is available online at www.parimp.ca. Completed forms can be faxed to the PARI-MP office at 902.404.3599.

Change in Benefits Calendar Year: Just a reminder that the calendar year for submitting benefits claims runs from July 1 – June 30th, to coincide with the residency academic year.

New Lawtons Drugs Cards: In the New Year, Lawtons Drugs will be making changes to their discount program. As a result of these changes, you will be mailed a new set of Lawtons cards for all eligible plan members of the current Lawtons Drugs discount program. Once you receive the new set of cards, your old cards will no longer be valid. If you have any questions, contact Leanne@parimp.ca. If you are not a member, but would like to enrol, please fill out an MHCSI application form online at www.parimp.ca and fax it to the PARI-MP office at 902.404.3599.,

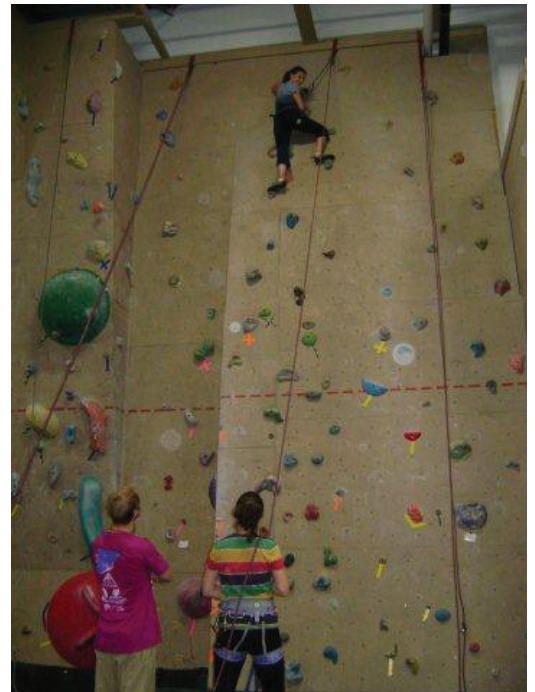


PARI-MP Snapshots

A quick look at just a few of the events we host



Stuart MacKinnon and his family at apple-picking day on Noggins Farm.



Jo Yazer shows how it's done when PARI-MP went rock climbing at the Ground Zero Climbing Gym.



The family of Michael McNeil eagerly awaiting a visit from the Big Guy himself at the Milk and Cookies With Santa party.

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Upcoming Events

Stay tuned to your email in the new year for more details about our exciting upcoming events.

Movie Nights

One of PARI-MP's most popular events, movie nights will be returning in 2012. We'll let you know the date and the movie choices as soon as possible, so keep an eye out for the email.

Family Movie

Who doesn't love to see a good kid's film? It's always so much fun to grab your family and spend some time at the movies.

Yoga

Although yoga has wrapped up for now, it will be returning in the new year. We'll make sure to send out an email in advance letting you know what day it's resuming.

Event Ideas

Do you have a great idea for an event you would like to see PARI-MP host? Drop us an email at Leanne@parimp.ca and tell us about it.

Please Note:

The PARI-MP website is undergoing a period of construction due to some unforeseen technical difficulties.

Please contact our office if you have any questions and/or concerns.