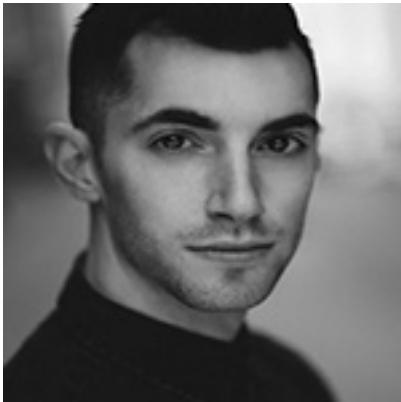




Kirstin Howell

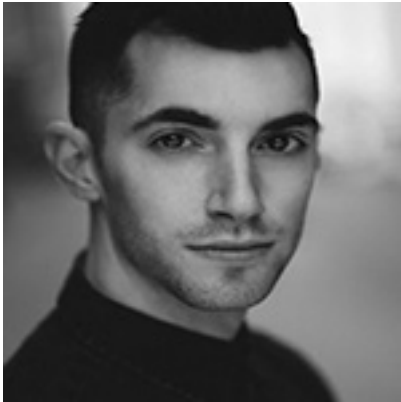
Kirstin is a graduate of the Sheridan College Musical Theatre-Performance Program, a student at The Groundlings LA, Lesly Kahn & Co, and a working actor (Neptune Theatre, CBC, Netflix, LifeTime, Two Planks and A Passion Theatre, Chester Playhouse, etc). Most recently, Kirstin played the principal role of Joy in the feature film 'Hopeless Romantic' [post production], and on the Neptune Theatre stage in Mamma Mia , Kamp and Noises Off. She is passionate about coaching students, either in a group or individual settings. @theLATechnique



Christopher Manousos

Christopher Manousos shares their experiences having trained with Anne Bogart and the members of SITi Company, as well as having trained with Tadashi Suzuki and the Suzuki Company of Toga, in Japan. Christopher has led workshops in these methods in Toronto, Montreal, Saskatoon, Windsor, and Stratford. Christopher is a Toronto based actor, director, playwright and artistic director of the independent performance company, House + Body. Some of their selected theatre credits include: Son Type, Neighbourhood 3 (Persephone Theatre); Jonny, This Is War (Persephone Theatre); Dionysus, The Bacchae (32teeth collective); and a collection of Soldiers, Drunks, and Pages, Henry V (Stratford Festival). Christopher has extensively trained over the last decade in the Suzuki Method of Actor Training & The Viewpoints, both in Canada and New York with Anne Bogart and SITi Company. Christopher also has trained with Tadashi Suzuki and the Suzuki Company of Toga in Japan. They were one of the inaugural members of Factory Theatre's artist training & mentorship program, The Factory Mechanicals and has worked alongside Common Boots Theatre in their Devised Theatre Lab. Christopher is an alumnus of Generator's, Artist Producer Training program (2016-2017), followed by being one of their Company's in Residence (2017-2018). Between 2017 and 2018 they worked for the SummerWorks Festival and Progress Festival. With House + Body, Christopher has developed their work with Shakespeare in the Ruff, independently produced workshops of new Canadian plays, and currently offers the Playwright's Initiative, a year-long playwrights program for innovative young playwrights.

More on the Suzuki Method Of Actor Training & Viewpoints



The Suzuki Method is a rigorous, physical, and vocal discipline for actors created by internationally acclaimed director Tadashi Suzuki and his company. Drawing on such diverse influences as ballet, traditional Japanese and Greek theater and martial arts, the training seeks to heighten the actor's emotional and physical power and commitment to each moment on the stage. Attention is on the lower body and a vocabulary of footwork, sharpening the actor's breath control and concentration.

Viewpoints is a technique of improvisation that grew out of the post-modern dance world and was first articulated by choreographer Mary Overlie. She broke down the two dominant issues with which performers deal - time and space - into six categories; hence, the name Six Viewpoints. Since that time, Artistic Director Anne Bogart and SITi have expanded her notions and adapted Viewpoints as a basis for actor training. Viewpoints allow a group of actors to function together spontaneously and intuitively and to quickly generate bold theatrical work. It develops flexibility, articulation, strength in movement and speaking, and makes ensemble playing a reality.



Ann-Marie Kerr

Ann-Marie is an award-winning theatre director, actor and teacher. Her work has been presented nationally and internationally including: The Globe Theatre (Regina), Theatre Centre (Toronto), Neptune Theatre (Halifax), Alberta Theatre Projects (Calgary), Festival TransAmériques (Montreal), Under the Radar (NYC), 2b theatre company (Halifax); High Performance Rodeo (Calgary); Magnetic North Theatre Festival (Canada), Theatre Centre (Toronto); Soulpepper Theatre Company (Toronto), Luminato Festival (Toronto), Cork Midsummer Festival (Ireland), Edinburgh Fringe Festival (Scotland), Sydney Festival (Australia), Carrefour international de theatre (Quebec City), and UNO Festival (Victoria, BC).

Recently she directed: Secret Life of a Mother (Theatre Centre Toronto, upcoming tour) ; Bed and Breakfast (Soulpepper Theatre Company); One Discordant Violin (2b theatre company, Halifax, tour to Tata Literary Festival Mumbai); A Christmas Carol (Theatre New Brunswick, Fredericton & St. John); Daughter (Theatre Centre, High Performance Rodeo, PuSh, NAC, Grand Theatre, Sibiu, Romania, Summerworks Festival, Sydney Festival, CanadaHub Edinburgh ongoing touring); Snake in the Grass (Neptune Theatre, Halifax), I,



Claudia (Neptune Theatre Halifax, Imperial Theatre St. John, NB, Globe Theatre Regina); Many Loves (Queer Acts Festival, Halifax); Fall Out (Eastern Front/Willpower Theatre) tour in Nova Scotia and New Brunswick; Loveplay (National Theatre School); The Circle (Alberta Theatre Projects and National Theatre School); Cathy Jones' solo show Stranger to Hard Work (Canadian tour incl ATP/High Performance Rodeo); Cliff Cardinal's The Anderson's (National Theatre School, Montreal); Mass a workshop of a large-scale production with a 15-voice choir set in a church in collaboration with singer-songwriter Tanya Davis.

Other directing includes: Robert Chafe's As Ever (Mulgrave Road Theatre, Guysborough, NS) I, Claudia (Globe Theatre, Regina SK); The Debacle (Zuppa Theatre Company); Brecht's The Good Soul of Szechuan (Dalhousie Theatre, Halifax); Anthony Black's Invisible Atom (2b theatre company Halifax, multiple award-winning including Herald Angel Award Edinburgh); So...What about Love (Dapopo Theatre at Super Nova Festival Neptune Theatre, Halifax); co-directed Zuppa Theatre's Five Easy Steps to the End of the World; A Rescue Demonstration for ARD Projects (Plutonium Playhouse, Halifax); The Comedy of Errors at Dalhousie Theatre; and Daniel MacIvor's Confession (Mulgrave Road Theatre, Guysborough, NS).

Select performing credits include White Rabbit, Red Rabbit (DMV Theatre, Halifax); Funny Money (Festival Antigonish NS; Robert Merritt Award for Performance by a Lead Actress 2013); Homage (2b theatre company, Canadian tour); Soul Alone (2b theatre company at Neptune Theatre); The Long Valley-Stories by Steinbeck (Soulpepper Theatre Company/ This is a Bird, Toronto - Dora nomination for Outstanding New Play); Dr. Chekhov's Ward 6 and Chekhov Longs...In the Ravine (Co-creation/actor with Theatre Smith Gilmour, Toronto), Cymbeline and Love's Labour's Lost (Shakespeare in the Rough, Toronto)

Her teaching includes: National Theatre School (8 yrs), Soulpepper Theatre Company's Academy and Youth Mentorship Program (5 years), Globe Theatre School, Acadia University, Dalhousie University, University of Toronto, National Arts Centre and George Brown College.

She is a graduate of Ecole internationale de théâtre Jacques Lecoq in Paris and York University in Toronto. She is the former Artistic Associate of Magnetic North Theatre Festival (4 years) and is former Chair of Playwrights Atlantic Resource Centre. She is the inaugural winner of the Gina Wilkinson Prize for Emerging Female Director.