

Dr. Sarah Hudgins

Born and raised mostly in rural mainland Nova Scotia, Dr. Hudgins went on to obtain her medical degree from the Université de Sherbrooke in Quebec, followed by her residency in Obstetrics and Gynecology from the University of Saskatchewan. Following residency, she spent two years working in Angola (Africa) as an OBGYN with Samaritan's Purse, a not-for-profit organization, before returning to Canada to practice as an OBGYN. She has been working full time in Sydney, Nova Scotia since 2019 and is an Associate Professor of Obstetrics and Gynecology with Dalhousie University. She remains fascinated by international medicine and tropical infectious diseases, and delights in opportunities to practice speaking different languages with the increasing immigrant population in the area. Her spare time is spent exploring the wilderness via hiking and kayaking, tending to her large gardens and playing various musical instruments.