

Christie Tait MN NP-PhC

Christie is a Nurse Practitioner and the Founder and Director of Structure Clinic, a private migraine clinic in Toronto.

Christie completed undergraduate degrees at the University of Guelph and University of Toronto and her Nurse Practitioner and Masters degree at Toronto Metropolitan University. Christie volunteers her time to Migraine Canada and has developed educational programming with the Canadian Headache Society. She delivers education to healthcare providers nationally and internationally to help improve access to quality migraine care. Outside of her clinical practice, she stays busy chasing her 4 kids and an assortment of family pets.