



Dance – Guidelines for Support Material

If you need support with your application, we are here to help! Send any questions to scholarship@nstalenttrust.ns.ca or book an appointment at the link below.

[CLICK HERE TO BOOK AN APPOINTMENT FOR HELP WITH YOUR APPLICATION](#)

Who may apply?

- Applicants who demonstrate the commitment to pursue a career in dance and who are not yet established in their field.

Video:

- Applicants for Dance **must** upload 1 video that represents the best of their performance ability.
- If applicant is applying for both deadlines (March 1st and May 1st) then a new introduction and one new piece of content must be added to the applicant's video for the May 1st deadline.
- If needed, video equipment can be rented at these locations:
 - Atlantic Filmmaker Cooperative <https://afcoop.ca/equipment-facilities/rental-rates/>
 - Centre For Art Tapes (CFAT) <https://www.cfat.ca/production/>
 - Long & McQuade <https://www.long-mcquade.com/rentals/main/>
 - Halifax Central Library FREE media studio bookings: <https://www.halifaxpubliclibraries.ca/library-spaces/book-a-space/media-studio/>

Written support material:

- [Artist statement](#) (max. 500 words).
 - Artist Statements can be submitted in written or video format, whichever you feel represents you best. (If choosing the video option, please merge with any other supporting videos).
- Budget, as directed in the online application.
- [Artist résumé](#) (usually 1 page long, in PDF format).

- Index listing must include the order and length of all video segments, date of performances, composer and choreographer info. In addition, please include as much detail as you see fit, e.g. a short description setting the context for the work (PDF format).

How should the video be shot and submitted?

- **Only 1 video link is to be submitted. Please merge all required parts into 1 video.**
- Use the highest quality lighting.
- Use the highest quality sound recording.
- Do not cut off your head or your feet.
- Film your video in landscape.
- Use a **neutral background**. Do **NOT** film into mirrors.
- Include full body movement; use long shots as well as close-ups.
- Have a different outfit for improve performance and ballet performance.
- Be sure the excerpts or short works you've picked for Parts 1-4 demonstrate the full range of styles of which you are capable.
- Limit total number of performers to no more than 6. Clearly identify yourself and all others.
- Provide a YouTube or Vimeo link to your video in your application.
- Include the date that all works were completed/recorded. **All submissions of work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- **Ensure the total run time does not exceed 10 minutes.**

HIP HOP, FOLK, INDIGENOUS, BELLY DANCING, etc: You must include the following elements in your video:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (1-3 minutes).
- PART 3: Improvisation (2-3 minutes).
- PART 4: Sequence of movements across the floor that demonstrates turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: A composed sequence of movements that demonstrate alignment, flexibility, and strength OR demonstrate the range of your skills in this genre (30 seconds-1 minute).

MODERN, JAZZ, etc: You must include the following elements in your video:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (1-3 minutes).
- PART 3: Improvisation (2-3 minutes).
- PART 4: Sequence of movements across the floor that demonstrates turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: Presentation standing at the barre or centre, showing a composed sequence of movements that demonstrate alignment, flexibility, and strength (30 seconds-1 minute).

BALLET: You must include the following elements in your video:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (2-3 minutes).
- PART 3: Improvisation (2-3 minutes). Can be a style other than ballet. Please change into a different outfit if it isn't ballet
- PART 4: Sequence of movements across the floor that demonstrate turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: Presentation standing at the barre or centre, showing a composed sequence of movements that demonstrate alignment, flexibility, and strength (30 seconds-1 minute).

If you have a performance that demonstrates the skills outlined above, it is not necessary to record in separate parts. Please include an index highlighting the skills demonstrated throughout your performance, and note the timestamp for each.

By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more clarification or for support, contact us at scholarship@nstalenttrust.ns.ca. To book a time to get help with your scholarship application, please fill out the form [HERE](#).