



## Choreography – Guidelines for Support Material

### *Who may apply?*

- ☐ Applicants who demonstrate the commitment to pursue a career in dance choreography and are not yet established in their field.

### *Video:*

- ☐ Applicants for Choreography **must** upload a video that represents the best of their performance ability.

### *Written support material: PDF format*

- ☐ Artist statement (max. 500 words).
- ☐ Budget, as directed in the online application.
- ☐ Artist résumé (usually one page long, in PDF format).
- ☐ Index listing the order and length of all video selections. Please include as much detail as you see fit, e.g. a short description setting the context for the work (PDF format).
- ☐ Written explanation (for part 2 of the video) of your creative process and/or intent of the work pieces or studies (max. 500 words, PDF format).

### *How should the video be shot and submitted?*

- ☐ Use the highest quality lighting. Light from the front and sides, not the back or in front of a window.
- ☐ Use the highest quality sound recording.
- ☐ Do not cut off your head or your feet.
- ☐ Use a **neutral background**. (Dance studio logos and mirrors distract from your performance; please cover them.)
- ☐ Include full body movement; use long shots as well as close-ups.
- ☐ Ensure the excerpts or short works you've picked for Parts 1-4 demonstrate the full range of styles of which you are capable.
- ☐ Limit total number of performers to no more than 6. Clearly identify others and the role they play.
- ☐ Ensure dancers wear leotards (not skirts) for parts 2, 3, and 4. If possible, dancers should not wear eyeglasses.
- ☐ Provide a YouTube or Vimeo link to your video in your application.
- ☐ Include the date that all works were completed/recorded. **All submissions of work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- ☐ **The total running time must not exceed 10 minutes.**

### *What should be included in the video?*

- ☐ PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- ☐ PART 2: Solo dance performance or improvisation, showing movement that demonstrates your technical ability and expressive range. In-studio videos preferred. (1-3 minutes)
- ☐ PART 3: Excerpts of choreography – two (2) examples of your choreography that show your choreographic ability and range. These can be solo or group works, finished works or choreographic studies. In-studio videos are preferred. (5 minutes max.)
- ☐ PART 4: Short sequence of movements demonstrating cross-floor and centre work. (1-2 minutes max.)

*By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more information or clarification, contact NSTT's Scholarship Program Coordinator at [scholarship@nstalenttrust.ns.ca](mailto:scholarship@nstalenttrust.ns.ca).*