



Circus Arts – Guidelines for Support Material

Who may apply?

- Applicants who demonstrate the commitment to pursue a career in circus arts and who are not yet established in their field.

Written support material: PDF format

- [Artist statement](#) (max. 500 words).
- Budget, as directed in the online application.
- [Artist résumé](#) (usually 1 page long, in PDF format).
- Index listing the order and length of all video segments. Please include as much detail as you see fit, e.g. a short description setting the context for the work (PDF format).

Video:

- Applicants for Circus Arts **must** upload 1 video that represents the best of their performance ability.

How should your video be shot and submitted?

- **Only 1 video link is to be submitted. Please merge all required parts into 1 video.**
- Use the highest quality lighting.
- Use the highest quality sound recording.
- Do not cut off your head or your feet.
- Use a neutral background. Do NOT film into mirrors.
- Film your video in landscape.
- Include full body movement; use long shots as well as close-ups.
- Limit total number of performers to no more than 6. Clearly identify yourself and all others.
- Wear close-fitting clothes while demonstrating skills for the video. This requirement assists us in making a musculoskeletal assessment.
- Provide a YouTube or Vimeo link to your video in your application.
- Include the date completed/recorded for all support materials. **All submissions of work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- **Ensure the total run time does not exceed 10 minutes.**

What should be included in the video?

- PART 1: A spoken introduction at the beginning in a head and shoulders shot.
- PART 2: A short performance piece, created/devised by you, no longer than 3-4 minutes, that utilizes any circus or physical skills (e.g. strength, flexibility, manipulation). If you have other skills, such as dance, drama or martial arts, you may centre your piece on those. You may include elements like existing text (comic or dramatic), singing and music. If you play a portable musical instrument, you may choose to use that skill as well.
- PART 3: A demonstration of any skills you have in dance and/or movement through an improvisation to music, no longer than 3-4 minutes. You may draw on dance training, or you can creatively explore various ways of moving through space using changes of rhythm, speed, direction and height. Show how you can transfer weight through jumping, turning and changing body shape. We will be particularly interested in how you respond to the music.
- PART 4: A demonstration of any additional skills you would like us to see: technical, musical or vocal skills (no longer than 3-4 minutes).

By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more information or clarification, contact NSTT's Scholarship Program Coordinator at scholarship@nstalenttrust.ns.ca.