



Choreography – Guidelines for Support Material

Who may apply?

- Applicants who demonstrate the commitment to pursue a career in dance choreography and are not yet established in their field.

Video:

- Applicants for Choreography **must** upload 1 video that represents the best of their performance ability.

Written support material: PDF format

- [Artist statement](#) (max. 500 words).
- Budget, as directed in the online application.
- [Artist résumé](#) (usually 1 page long, in PDF format).
- Index listing the order and length of all video segments. Please include as much detail as you see fit, e.g. a short description setting the context for the work (PDF format).
- Written explanation (for part 2 of the video) of your creative process and/or intent of the work pieces or studies (max. 500 words, PDF format).

How should the video be shot and submitted?

- **Only 1 video link is to be submitted. Please merge all required parts into 1 video.**
- Use the highest quality lighting.
- Use the highest quality sound recording.
- Do not cut off your head or your feet.
- Film your video in landscape.
- Use a **neutral background**. Do NOT film into mirrors.
- Include full body movement; use long shots as well as close-ups.
- Have a different outfit for improve performance and ballet performance.
- Ensure the excerpts or short works you've picked for Parts 1-4 demonstrate the full range of styles of which you are capable.
- Limit total number of performers to no more than 6. Clearly identify others and the role they play.
- Ensure dancers wear leotards (not skirts) for parts 2, 3, and 4. If possible, dancers should not wear eyeglasses.
- Provide a YouTube or Vimeo link to your video in your application.
- Include the date that all works were completed/recorded. **All submissions of work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- **The total running time must not exceed 10 minutes.**

What should be included in the video?

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance or improvisation, showing movement that demonstrates your technical ability and expressive range. In-studio videos preferred. (1-3 minutes)
- PART 3: Excerpts of choreography – 2 examples of your choreography that show your choreographic ability and range. These can be solo or group works, finished works or choreographic studies. In-studio videos are preferred. (5 minutes max.)
- PART 4: Short sequence of movements demonstrating cross-floor and centre work. (1-2 minutes max.)

By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more information or clarification, contact NSTT's Scholarship Program Coordinator at scholarship@nstalenttrust.ns.ca.