



Guidelines for Support Material – Theatre Acting

Who may apply?

- Applicants who demonstrate the commitment to pursue a career in acting and who are not yet established in their field.

Video:

- Applicants whose discipline is acting **must** upload 1 video that represents the best of their performance ability.

Written support material:

- [Artist statement](#) (max. 500 words).
- Budget, as directed in the online application.
- [Artist résumé](#) (usually 1 page long, in PDF format).
- Index (PDF format) listing the order and length of all video selections. Please include as much detail as you see fit, e.g. a short description that sets the context for the work.

How should your video be shot and submitted?

- **Only 1 video link is to be submitted. Please merge all required parts into 1 video.**
- Use the highest quality lighting.
- Use the highest quality sound recording.
- Do not cut off your head or your feet.
- Film your video in landscape.
- Film centre stage and be thoughtful of distance and framing.
- Use a neutral background. Do NOT use mirrors.
- Provide a YouTube or Vimeo link to your video in your application.
- **Do not submit recordings made using auto-tuning or other editing software.** They will not be accepted for consideration because the jury will be unable to properly assess your material.
- Include full body movement and use of long shots as well as close-ups.
- Be sure that the excerpts or short works you've picked for Parts 2-4 demonstrate the full range of styles of which you are capable.
- Include the date all work was completed/recorded. **All submitted work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- Submit selections with a total running time of **10 minutes maximum**.

What should be included in the video?

- PART 1: A spoken introduction at the beginning in a head and shoulder shot.
- PART 2: 2 contrasting monologues (1.5-3 minutes).
- PART 3: 1 scene (5 mins) with 3 people or fewer. Indicate clearly which character you are playing. Find scene partners who have a similar level of experience and ability to your own. **Your scene partners must be off camera** – the jury wants to see you.
- PART 4: *Optional* – If available, include a short archival clip from a live performance (30 seconds-1 minute).

Please Note: Unless you are applying to act at a film school, **do not** submit any film clips.

By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more information or clarification, contact NSTT at scholarship@nstalenttrust.ns.ca.