



## Guidelines for Support Material – Theatre Acting

### **Who may apply?**

- Applicants who demonstrate the commitment to pursue a career in acting and who are not yet established in their field.

### **Video:**

- Applicants whose discipline is acting **must** upload 1 video that represents the best of their performance ability.
- If applicant is applying for both deadlines (March 1<sup>st</sup> and May 1<sup>st</sup>) then a new introduction and one new piece of content must be added to the applicant's video for the May 1<sup>st</sup> deadline.
- If needed, video equipment can be rented at these locations:
  - Atlantic Filmmaker Cooperative <https://afcoop.ca/equipment-facilities/rental-rates/>
  - Centre For Art Tapes (CFAT) <https://www.cfat.ca/production/>
  - Long & McQuade <https://www.long-mcquade.com/rentals/main/>
  - Halifax Central Library FREE media studio bookings: <https://www.halifaxpubliclibraries.ca/library-spaces/book-a-space/media-studio/>

### **Written support material:**

- [Artist statement](#) (max. 500 words). \*NEW in 2023: Artist Statements can now be submitted in video format if preferred. (If choosing this option, please merge with your performance video).
- Budget, as directed in the online application.
- [Artist résumé](#) (usually 1 page long, in PDF format).
- Index (PDF format) listing the order and length of all video selections. Please include as much detail as you see fit, e.g. a short description that sets the context for the work.

### **How should your video be shot and submitted?**

- **Only 1 video link is to be submitted. Please merge all required parts into 1 video.**
- Use the highest quality lighting.
- Use the highest quality sound recording.

- Do not cut off your head or your feet.
- Film your video in landscape.
- Film centre stage and be thoughtful of distance and framing.
- Use a neutral background. Do NOT use mirrors.
- Provide a YouTube or Vimeo link to your video in your application.
- **Do not submit recordings made using auto-tuning or other editing software.** They will not be accepted for consideration because the jury will be unable to properly assess your material.
- Include full body movement and use of long shots as well as close-ups.
- Be sure that the excerpts or short works you've picked for Parts 2-4 demonstrate the full range of styles of which you are capable.
- Include the date all work was completed/recorded. **All submitted work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- Submit selections with a total running time of **10 minutes maximum.**

***What should be included in the video?***

- PART 1: A spoken introduction at the beginning in a head and shoulder shot.
- PART 2: 2 contrasting monologues (1.5-3 minutes).
- PART 3: 1 scene (5 mins) with 3 people or fewer. Indicate clearly which character you are playing. Find scene partners who have a similar level of experience and ability to your own. **Your scene partners must be off camera** – the jury wants to see you.
- PART 4: *Optional* – If available, include a short archival clip from a live performance (30 seconds-1 minute).

**Please Note:** Unless you are applying to act at a film school, **do not** submit any film clips.

*By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more information or clarification, contact NSTT at [scholarship@nstalenttrust.ns.ca](mailto:scholarship@nstalenttrust.ns.ca).*