



Halifax City Local NSTU Weekly Newsletter ISSUE 7 • October 13, 2026

MESSAGE FROM THE PRESIDENT

I hope you all had a restorative Thanksgiving weekend, whether spent with family and friends or taking some well-deserved time for yourself. May you enter the week ahead, feeling recharged.

A quick reminder to register for an NSTU October Conference session if you haven't done so yet. And please keep booking school visits and nominating colleagues for City Shout-Outs—your engagement strengthens our Local. Wishing you a great week,

Nancie de la Chevrière

President Halifax City Local NSTU
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Nicole Delorey
School Counsellor
Springvale
Elementary

BOOK A SCHOOL VISIT

**NOMINATE a Colleague
for a City Shout-Out**

City Shout-out: Nicole Delorey

The Halifax City Local is pleased to recognize **Nicole Delorey** for her steady advocacy for NSTU members' protected rights and her meaningful contributions to the **Springvale** community. Nicole has developed a strong passion for outdoor education, believing deeply in its mental, social, physical, and academic benefits. She has integrated outdoor learning across multiple subjects and grade levels and regularly shares activities on social media to inspire others. You can follow her on **Instagram @educationoutdoors2025**

Nicole continues to grow her expertise in this area, attending an international outdoor education conference and receiving excellent feedback for her work teaching an **outdoor education** course at Mount Saint Vincent University.

Her commitment, creativity, and advocacy make Nicole a valued school counsellor and a positive presence within the school and our local.

Upcoming dates

October 14- Show Me the Money NSTU Zoom Presentation [Register](#)

October 15- Deadline to enroll in the Dental Plan. *New teachers hired after October 31st have 30 days to enroll. [Contact Belair](#)

October 21- Halifax City Local General meeting (Presentation on Occupational Health and Safety) 4:30 p.m., NSTU bldg. Joseph Howe
October 23- 2026 Annual NSTU Professional Associations Conferences
[2026 Conference Registration Links](#)

October 28-Article 60 Conference Grant/Inservice Promotion Grant Due

October 30 at 4 p.m.: Hfx City Local Fall Member Project Grant Due

October 31-Article 60 Course Grant Applications Due on HRCE SharePoint
November 2- Your Conference Funded: Learn how to apply for Article 60 Money for Conference Grants. Join VP of PD Lindsay MacLellan for this session at the **NSTU building at 4:30.** [Register here](#)

November 23-Register for the NSTU Zoom Presentation on Maternity/Parental/Adoption Leave

Did you Know?

ARTICLE 3 SICK LEAVE 3.01 (TPA)

- (a) Teachers shall be entitled to twenty (20) days sick leave with full pay, during each year
- (b) Can be for medical, optical and/or dental treatment that cannot be made outside of school hours

Have an idea for improving the NSTU? Want to see a change to benefits? Submit an idea for a resolution for Annual Council. The Resolutions Committee can help with wording, just submit your ideas here: [Resolution Ideas](#)

Wellnify App: an app that helps build healthier daily habits through movement, mindfulness, and education. Join below!



Know Your Agreements

Teacher Provincial Agreement

TPA

Contact Executive Staff Officer Paul Boudreau on issues related to the provincial contract
pboudreau@staff.nstu.ca

Contact your local president for regional matters
halifaxcitylocal@nstu.ca

[Halifax Regional Agreement](#)

Local Committee Meetings

(We are still looking for members, fill in this form to join PD, Social and Wellness, Resolutions and Economic Welfare, Communications (PA/PR), Equity and NSTU Reps, New Member and Substitutes)

[JOIN
HERE](#)

Learn more about [Occupational Health and Safety](#) from the NSTU

NEED HELP?

CONTACT NANCIE

If you're unsure about anything, reach out.

LOCAL WEBSITE