

3.10 SOCIAL AND WELLNESS COMMITTEE

i. Composition:

The Social and Wellness Committee shall consist of 5 members plus the Committee Chair.

ii. Duties:

The duties of the Social and Wellness Committee shall include:

- a. regularly attending Committee meetings and performing duties as required;
- b. sponsoring, coordinating, promoting and hosting a variety of activities and programs for Local members which support teacher physical, social, and mental wellness;
- c. helping in organizing, promoting, and hosting the Annual Retirement Event;
- d. coordinating, promoting, hosting, and arranging entertainment and/or refreshments for the Halifax County Local delegation at Annual Council;
- e. researching and raising teacher consciousness regarding wellness as a workplace issue;
- f. supporting the Local membership by promoting the NSTU Member Assistance Programs; and,
- g. providing, where appropriate, information to the Economic Welfare and Resolutions committee on issues regarding teacher wellness for inclusion in Regional or Provincial contract negotiations.

iii. Frequency of Meetings:

It is anticipated that the Committee should be able to complete their work in a minimum of six (6) meetings per year.