

FALL SAVINGS



2023

### Energy You Can Count On!

Ferritin+® is a plant-based ferritin iron made with organic peas that efficiently absorbs into your system, helping you maintain healthy iron levels - without the stomach upset.

Supported by 3 Clinical Studies & 11 Patents



Just one capsule per day!

26<sup>99</sup>  
Ferritin+®  
30 caps

Did You Know...  
Flora uses vegetarian-sourced, organic, non-GMO raw materials, glass bottles, and vegetarian caps for dry powders and herbal extracts.



Flora Iron+™ with B-Vitamin Complex features liquid ferrous gluconate — a form of iron clinically proven to quickly and significantly raise iron levels.

16<sup>49</sup>  
Iron+® Liquid  
240 mL

25<sup>49</sup>  
Iron+® Liquid  
445 mL

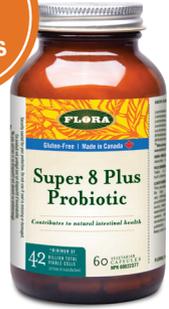
Made in Canada

22<sup>99</sup> Iron+® Caps Bonus Pack!  
2 pack - 60 caps

### Immune Health Begins in the Gut

Give your gut health a boost with Flora's Probiotics. Lifestyle and environmental factors can compromise the digestive system, but adding probiotics into the dietary mix can help boost good bacteria, keeping the bad in balance and helping to maintain a healthy microflora, naturally.

Age- & Condition-Specific Formulas



42<sup>99</sup>  
Super 8 Plus Probiotic  
60 caps

Find us in the cooler!

All sizes & varieties of Flora's Refrigerated and Shelf-Stable Probiotics are on sale!

### Cleanse at the Cellular Level!

Flor-Essence® is a traditional herbal formula developed to gently cleanse the whole body at the cellular level. Flor-Essence® with Turkey Tail and Turmeric goes one step further with ingredients that help fortify immunity.

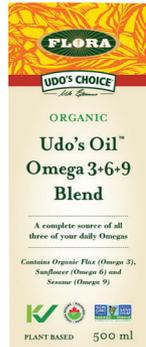


29<sup>99</sup> Flor-Essence® or Flor-Essence® with Turkey Tail & Turmeric 500 mL  
39<sup>99</sup> Flor-Essence® Dry Herbal Tea Blend 63 g

All sizes & varieties of Flor-Essence® are on sale!

### Vegan, Plant-Based Omegas

Udo's Oil® Omega 3+6+9 Blend is a plant-sourced, organic unrefined oil blend designed to provide the ideal 2-to-1 ratio of omega-3 and omega-6 essential fatty acids.



30<sup>99</sup>  
Udo's Oil®  
500 mL

All sizes & varieties of Udo's Oil® are on sale!



SALE PRICES IN EFFECT November 4 - 30, 2023

# Goodbye Gut Ache

Natural enzymes found in food sources can be lost during cooking, so choosing a supplement to replace those enzymes can help maintain the overall health of your digestive system. Flora's Enzymes help promote good digestion and overall health, as well as provide fast relief from the uncomfortable symptoms such as heartburn, indigestion, gas, bloating and diarrhea. Flora offers **Daily Maintenance Enzymes** for everyday use, **Immediate Relief Enzymes** for post-meal discomfort, and **Urgent Care Enzymes**, our most powerful blend, formulated for persistent digestive problems.

*All sizes & varieties of Flora Digestive Enzymes are on sale!*



**13<sup>99</sup>**  
Daily  
Maintenance  
60 caps



**17<sup>49</sup>**  
Immediate  
Relief  
60 caps



**22<sup>99</sup>**  
Urgent Care  
60 caps



# 100% Genuine Mānuka Honey from New Zealand

Flora's Mānuka Honey is sourced from an eco-friendly 100% Māori-owned honey operation in New Zealand. Profits made from this partnership help support the rebuilding and renewal of Māori cultural traditions through various programs such as: student scholarships, funds for community buildings, and grants for new businesses, sports programs and elderly shareholders.



**16<sup>99</sup>**  
Mānuka Honey  
30+ MGO Blend  
250 g



**26<sup>99</sup>**  
Mānuka Honey  
100+ MGO/  
5+ UMF 250 g



**38<sup>49</sup>**  
Mānuka Honey  
250+ MGO/  
10+ UMF 250 g



**48<sup>99</sup>**  
Mānuka Honey  
400+ MGO/  
12+ UMF 250 g



**79<sup>49</sup>**  
Mānuka Honey  
515+ MGO/  
15+ UMF 250 g

Flora's Mānuka Honey is UMF™-certified, MGO-graded and 100% traceable - scan the NFC tag on the label to access batch, region, lab test and UMF™ certification info.

*All sizes & varieties of Flora Mānuka Honey are on sale!*

# Apple Cider Vinegar - Herb Infused

Flora's Apple Cider Vinegar Wellness Drinks are thoughtfully brewed in small batches using freshly ground organic herbs blended with apple cider vinegar. The complex flavour of these wellness drinks is rounded out by a proprietary herbal tea blend, utilizing seven cleansing herbs.

*All sizes & flavours of Flora Apple Cider Vinegar are on sale!*

**5<sup>49</sup>**  
Apple Cider  
Vinegar  
100 mL

**13<sup>99</sup>**  
Apple Cider  
Vinegar  
500 mL



**SALE PRICES IN EFFECT November 4 - 30, 2023**

# Immune-Boosting Essentials!

Flora's **Sambu® Elderberry Crystals** and **Sambu®Guard Elderberry+ Liquid Formula** can be taken daily or used to provide relief from cold and flu symptoms. Elderberry+ Liquid Formula is a delicious, organic blend of elderberry, echinacea and licorice with no added sugar. Elderberry Crystals are made from 100% organic elderberry juice powder. Just mix with water or your favourite beverage or smoothie for an immune-boosting punch. Flora's **Acerola Natural Vitamin C Powder** is packed with antioxidant vitamin C. In fact, each serving provides 14 times more vitamin C than an orange!



**28<sup>99</sup>**

**Acerola Natural Vitamin C**  
50 g

**20<sup>99</sup>**

**Sambu® Elderberry Crystals** 50 g

**15<sup>49</sup>**

**Sambu®Guard Elderberry+ Kids** 250 mL

**27<sup>99</sup>**

**Sambu®Guard Elderberry+** 500 mL

**All sizes & varieties of Flora Sambu®Guard Elderberry+ Liquid, are on sale!**



## Delicious Vitamin & Mineral Formula!

Flora's **Daily Multi Essentials+** and **Kid's Multi Essentials+** are rich in antioxidants vitamins A, C and E, and include a full range of B vitamins for energy production. This comprehensive formula also includes a full 400 IU of immune-supporting vitamin D, calcium, and an herbal blend of antioxidant astaxanthin, immune-supporting elderberry, digestion-promoting anise, calming chamomile, and rose hips for extra vitamin C. It comes in a tasty fruit juice and whole food base that's easy to drink straight or mix into smoothies or juice.

**18<sup>99</sup>**

**Kid's Multi Essentials+**  
226 mL

**28<sup>99</sup>**

**Daily Multi Essentials+**  
445 mL



**All sizes & varieties are on sale!** **Made in Canada**

## Drink Your Way to Better Bone Health

Flora's **Bone Health+** is a sophisticated bone health formula that features a 2.5:1 ratio of calcium to magnesium in a bioavailable liquid form. Vegan vitamin D3, vitamin K2, deep sea minerals, and a standardized silica mineral extract from spring horsetail have been added to create a truly comprehensive formula that supports bone mineralization and ensures calcium is deposited where it should be. The liquid form makes it easy to digest and has a delicious fruit juice base!

**19<sup>99</sup>**

**Bone Health+**  
236 mL

**34<sup>49</sup>**

**Bone Health+**  
473 mL

**Made in Canada**



## Resist Stress Naturally

**Stressveda™ with KSM-66 Ashwagandha®**

**Stressveda™** combines KSM-66 Ashwagandha®, with plant-sourced vitamins, including B-complex, vitamins C, E, D, and K. This formula helps increase resistance to stress and helps increase energy in the case of mental and physical fatigue related to stress.

**Just one capsule per day!**

**21<sup>99</sup>**

**Stressveda™**  
30 caps



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# Beauty Starts Inside

Beautiful skin doesn't come from creams, lotions or serums. It starts inside, with what you put in your body. If you want skin that's positively glowy, moisturize from the inside out with **Efamol® Beautiful-Skin Evening Primrose Oil**. Evening primrose oil (EPO) is naturally rich in GLA—a skin-loving omega-6 fatty acid that minimizes fine lines, wrinkles and dull skin.

**19<sup>99</sup> 32<sup>99</sup> 28<sup>49</sup> 47<sup>49</sup>**

<b>Efamol®</b>	<b>Efamol®</b>	<b>Efamol®</b>	<b>Efamol®</b>
<b>EPO</b>	<b>EPO</b>	<b>EPO</b>	<b>EPO</b>
<b>500 mg</b>	<b>500 mg</b>	<b>1000 mg</b>	<b>1000 mg</b>
<b>90 caps</b>	<b>180 caps</b>	<b>90 caps</b>	<b>180 caps</b>



# Nature's Original Superfood



**Gandalf Spirulina™** has been supplying Canada with this superfood since 1994. Spirulina is nature's original superfood. Rich in beta carotene, nutrients, vitamins, and minerals, this blue-green algae helps maintain eyesight, skin, membranes and immune function, and helps in the development and maintenance of bones, teeth and night vision. It also helps with the formation and proper function of red blood cells, while building and repairing body tissues, contributing to the overall maintenance of good health.



**47<sup>69</sup> 42<sup>49</sup>**  
**Hawaiian Spirulina**  
 150 g  
**Hawaiian Spirulina**  
 1000 mg  
 120 tabs

**27<sup>99</sup> 28<sup>49</sup>**  
**Organic Spirulina**  
 150 g  
**Organic Spirulina**  
 600 mg  
 150 tabs



# All Natural Dental Hygiene



The all-natural botanical extracts and essential oils in **Auromère Toothpaste** are prized for their astringent, purifying and soothing properties that help freshen breath and maintain optimum dental hygiene. In addition, Auromère Toothpaste contains no fluoride, gluten, artificial sweeteners, dyes or harsh chemicals commonly found in many toothpastes.

**8<sup>49</sup>**  
**Auromère Toothpaste**  
 75 mL - All flavours



# Natural Pet Care

# BiologicVET®

**BioDIGEST®** is formulated to support immune, digestive and intestinal health in cats and dogs. Formulated with a clinically proven, shelf-stable, plant-based probiotic, BioDIGEST supports a healthy appetite, digestion and bowel regularity. It also decreases antibiotic side effects and speeds recovery after an infection.

**19<sup>99</sup> 25<sup>99</sup>**  
**BioDIGEST®**  
 200 g  
**BioDIGEST®**  
 380 g



**All prices shown in flyer are sale prices.**

