

Nursing Specialty - Child Health

Note: Learners can be referred to the following two Child Health courses when a learning gap is identified.

Child Health Theory Course

Course Description

The course reviews pediatric nursing care, as caring of children and families is a major area of nursing practice. A beginning nurse in Canada is expected to have knowledge of the nursing care of children and families in order to achieve licensure and to be able to practice. This course allows you the opportunity to review and enhance your knowledge and skills related to the health needs and nursing care of children and families.

Course Outcomes

By the end of this course the learner will:

1. Demonstrate an understanding of the major concepts of child health nursing such as family-centered care, children's growth and development, health promotion, and injury prevention.
2. Demonstrate an understanding of how to assess, plan, implement, and evaluate care of children with acute and chronic illnesses and their families.

Format of Course

Self-directed online course.

Content

Units	Topics
1	Foundations of Caring for Children and Families <ul style="list-style-type: none">• Family centered care• Family assessment• Communication• Therapeutic relationships• Atraumatic care
2	Health Promotion and Injury Prevention <ul style="list-style-type: none">• Immunizations• Injury Prevention• Health Promotion• Harm Reduction• Child Abuse
3	Pediatric Assessment – Growth and Development <ul style="list-style-type: none">• Physical Assessment• Pain Assessment• Developmental considerations• Growth measurements• Developmental Assessment• Autistic Spectrum Disorder
4	Children with Altered Respiratory Function <ul style="list-style-type: none">• Respiratory Tract Infections• Fever management• Asthma• Cystic Fibrosis• Hospitalization of Children• Administering Oxygen to Children
5	Children with Altered Gastrointestinal Function <ul style="list-style-type: none">• Fluid Balance• Gastroenteritis• Constipation• Milk protein Allergy• Food Allergies• Gastroesophageal Reflux (GER)• Inflammatory Disorders• Surgical Care of Children

Units	Topics
6	Children with Altered Genitourinary Function <ul style="list-style-type: none"> • Hypospadias/Epispadias • Urinary tract infections • Enuresis • Nephrotic Syndrome • APSGN • Obtaining urinary specimens
7	Children with Altered Musculoskeletal Function <ul style="list-style-type: none"> • Fractures • Hygiene/Skin • Pain Management • Hip Dysplasia • Congenital Clubfoot • Legg-Calve Perthes Disease
8	Children with Altered Neurological or Neuromuscular Function <ul style="list-style-type: none"> • Increased Intracranial Pressure • Hydrocephalus • Seizure Disorders • Bacterial meningitis • Cerebral Trauma • Conditions of Neuromuscular Dysfunction
9	Children with Altered Cardiovascular Function <ul style="list-style-type: none"> • Congenital Heart Disease • Acquired Cardiovascular Disorders • Shock
10	Challenges Facing Children and Families <ul style="list-style-type: none"> • Childhood Obesity • Diabetes Mellitus • Anemia • Leukemia

Child Health Clinical Course

Note: Learners are only permitted to take this course when they are referred.

Course Description

Child Health Clinical practicum is designed to provide learners with nursing practice experience in caring for children in the contemporary Canadian context. Supervised nursing practice experiences on selected clinical units will assist the learner to integrate professional knowledge of registered nursing practice in Canada and enhance critical thinking skills and decision-making skills. The clinical consists of approximately 80 hours of preceptored experience. It is expected that the learner will meet all of the clinical competencies.

Format and Length of Course

80 hours in length preceptor-led clinical