

Clinical Nursing Skills

Course Description

This course is designed to assist learners with psychomotor skills and nursing clinical procedures that they may encounter as registered nurses in Canadian practice settings. It consists of online course readings and activities to be completed independently by students prior to skills lab practice sessions. Theory is reinforced during skills lab practice sessions and small group discussions of theory application and key safety concepts. Students will be expected to attend all sessions and be prepared to actively participate.

Course Outcomes

By the end of the course the learner will:

1. Develop competency in nursing clinical procedures, skills and technology of health care in Canada.
2. Develop critical thinking skills related to assessing, planning, implementing, and evaluating nursing clinical procedures, incorporating evidence-based practice.
3. Demonstrates behaviours that foster caring, safety and infection control while performing clinical procedures with clients
4. Translates knowledge of clinical skills and nurse-client communication when providing client education

Format of Course

The theory for this course is delivered entirely online; learners study and review materials on their own and attend mandatory lab sessions after completion of all online course work (three full days). The focus of the lab sessions is application of theory and practice of identified clinical skills. Simulation will be used in lab sessions to foster learning.

Content

Units	Topics
1	Safety and Caring Interventions <ul style="list-style-type: none">• Client education and consent• Ergonomic principles• Injury protection during procedures• Compassionate communication
2	Infection Control <ul style="list-style-type: none">• Principles (hand hygiene, isolation, etc.)• Sterile Field• Personal Protective Equipment
3	Promoting Gas Exchange <ul style="list-style-type: none">• Oxygen administration• Oximetry• Incentive Spirometry• Trach Care• Suctioning• Chest Tubes
4	Skin and Wound Care <ul style="list-style-type: none">• Sterile Field• Simple dressing change• Suture/staple removal• Complex dressing changes• Irrigation• Drains• Packing• VAC
5	Promoting Nutrition and Elimination <ul style="list-style-type: none">• Urinary catheters• Nasogastric tubes• Ostomies
6	Parenteral Infusions <ul style="list-style-type: none">• Intravenous (IV) initiation• IV maintenance• Pumps/rates• TPN• CVAD